

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



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Dear FSS Participants (And community Members),

Hello to everyone. I hope you had a wonderful September. I have a few very exciting pieces of news to share with everyone. First, the numbers from this years Back to School Fair are in, and we are happy to report that we were able to serve 1091 students at the Fair. Additionally, 293 students were served afterwards at Salvation Army and 78 students were referred to St. Vincent de Paul as well, meaning we were able to help just under 1,500 students this year.

Secondly, I would like to extend an invitation to any community partners who would be interested in hosting a booth at a new project hosted by the Boys &s Club of Oshkosh in the Hyde Family Community Center at 545 Monroe Street.

The "Walk in Wednesdays" event is a recurring opportunity for community organizations to offer "open office hours" and/or resource tables for the Boys & Girls Club member families and community members. The event will be held about monthly, always on a Wednesday from 3:30 - 5:30 pm.

If any community partner is interested in securing a table for their program/agency, or if they have any further questions about the Walk in Wednesdays event, they can reach out directly to Michelle Rector, the Director of the Hyde Family Community Center. Her email

is micheller@bgcosh.org and her phone number is 920-233-1414 ext. 135.

### WALK IN WEDNESDAY'S



Open Office Hours September 24, 2025 3:30 - 5:30 pm

Hyde Family Community Center at the Boys & Girls Club of Oshkosh 545 Monroe Street, Door 11

### **Looking for resources or support?**

- Join us during Open Office Hours, a time for Club member parents and community members to connect directly with local organizations and services, right here at the Club.
- This convenient, welcoming space helps remove the barrier of traveling to multiple offices by bringing community partners to you on a monthly basis.

Questions? Contact Michelle Rector Director of Hyde Family Community Center micheller@bgcosh.org



And Lastly, I would like to remind everyone that the next FSS Connections Meeting that I will be having (on December 8th, 2025 at 9:00am) will be *in person*, and hosted at the new Vida Parent Support building, located at 601 Oregon St, Suite C. Oshkosh, WI 54902. Next Month I will begin to ask for RSVP's so that the Vida Team will have a good understanding of how many community Members they should expect. So please keep this event on your radar and try to make it if you can.

### Dylan Palmer

FSS Program Coordinator

## Family Self Sufficiency HUD-Certified Homebuyer Education Class



**GREEN BAY** 

## YOU CAN BUY A HOME

Attend a HUD-Certified Homebuyer Education Class for Step by Step Guidence

- 📆 Saturday, October 18th
- 9am 3:30pm
- ||Lunch (included with fee)
- 📍 2559 Badger Ave Oshkosh

\$50 Non-refundable fee

Register Here All are Welcome!



in collaboration with



nwgreenbay.org/get-ready-to-buy



## Family Self Salvation Army Holiday Assistance



## Holiday Assistance





For Birth-18 Yrs. (School Age) Sign-Up Dates September 9th-October 24th





For Birth-18 Yrs. (School Age) Sign-Up Dates September 9th-November 28th



To Sign-Up for either program scan the above QR Codes or go to saoshkosh.org Click on Holiday Assistance Tab And follow the program links

## **Covey Connects Calendar**



**Covey Connects Calendar** 

## October 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar Notes: Visit: www.covey.org/events or email us at info@covey.org for detailed information about events and tickets!  Tickets may also be purchased at the Covey office: 2200 Algoma Blvd Oshkosh, WI 54901			1	Covey Bakes Mini Cakes @ Downtown YMCA 4-6 PM \$15	Bowling & Pizza @ Revs  4-6 PM \$15	4
		7 Nature Walk & Leaf Painting @ County Park 4-6PM \$15	8	Covey Cooks Chicken Alfredo @ Downtown YMCA  4-6PM \$15	10 Bowling @ Revs	Covey Council Meeting @ New Moon Cafe  10-11:30AM \$10
12	13	14 Inclusive Artistry Dance 4 All @ Reflections of Grace 5:30-6:30PM Pre-registration required	15 Inclusive Artistry Photography @ Sunny Acres Farm  4-6PM \$15	16 Covey Bakes Soft Pretzels @ Downtown YMCA	17 Bowling @ Revs	18
<u>19</u>	<u>20</u>	21 Inclusive Artistry Dance 4 All @ Reflections of Grace 5:30-6:30PM Pre-registration required	Inclusive Artistry Pumpkin Decorating @ Steven's Park 4-6PM \$15	Covey Cooks Pigs in a Blanket @ Downtown YMCA 4-6PM \$15	<b>24 Bowling</b> @ Revs  4-6PM \$10	25
<u>26</u>	<u>27</u>	28 Inclusive Artisrty Dance 4 All @ Reflections of Grace 5:30-6:30PM Pre-registration required	29 Take Back the Night @ UWO  5-8PM FREE	30 Covey Bakes Halloween Cookies @ Downtown YMCA 4-6PM \$15	31 Bowl-o-ween Party @ Revs 4-6:30PM \$10	

### Next Pop-Up Food Pantry is

### Saturday, October 18th, 2025

491 Old Oregon Road, Oshkosh, Wisconsin 54902

### **DAYS AND HOURS**

3rd Saturday of the Month Registration begins at 9:30 AM



Food bundles available 9:30-11:00 AM Hosted by: St. John's Lutheran Church of Nekimi. For a \$25 bundle donation, you will receive \$150+ in groceries.

# PEER SUPPORT GROUP

2<sup>ND</sup> TUESDAY OF THE MONTH @ 9:30 AM
206 STATE STREET OSHKOSH WI 54901

NAMI Oshkosh will be facilitating a Peer Support Group at the State Street Center, offering a welcoming space for individuals living with mental health conditions to share experiences, gain support, and build

community.

## October is Breast Cancer Awareness Month



### Prevention, Screening, Support

On average, over 5,400 women get breast cancer in Wisconsin each year. The Wisconsin Well Woman Program (WWWP) is committed to partnering with women across the state to improve their overall health and well-being. The program provides free or low-cost health screenings and preventative care servies to women who meet certain eligibility criteria. Women who are eligible can receive a clinical breast exam, mammogram, pelvic exam, and pap test at no cost.

The Winnebago County Public Health Department coordinates the WWWP program for women in 9 counties: Calumet, Green Lake, Fond du Lac, Marquette, Outagamie, Sheboygan, Waupaca, Waushara, and Winnebago. The program is currently servicing many rural and Spanish-speaking residents. It is collaborative in nature, working with healthcare providers and community organizations to ensure that women have access to the care they need. We believe that by working together, we can make a real difference in the health and well-being of women across Wisconsin.

### You may qualify if:

- You are a woman 45-64 years old
- You are a woman 35-44 years old with symptoms or concerns
- You do not have health insurance or your insurance policy has a high deductible for screenings or tests
- Your income is within the <u>program guidelines.</u>

By participating in the Wisconsin Well Woman Program, women can take control of their health and catch potential health issues early on. If you are a woman who is uninsured or underinsured, we encourage you to learn more and see if you are eligible for our services. Translation and interpretation services are available. Together, we can partner for better health.

### How to apply:

- Fill out this <u>form</u>
- Email us
- Call us at 920-727-8650
- Ask your healthcare provider to help you enroll

### For additional information please

visit winnebagopublichealth.org.



## **Wisconsin Well Woman Program Pamphlet**

### The Wisconsin Well Woman Program

Helps women with little or no health insurance get

FREE

Breast and Cervical Cancer Screenings,

such as

Mammograms, Pap Tests

and other follow-up tests.



## Early detection is the best protection.

Talk to your doctor or contact the Well Woman Program to see if you qualify for free breast and cervical screenings.



To enroll or find out more information:

920-727-8650

health@winnebagocountywi.gov www.winnebagocountywi.gov/health

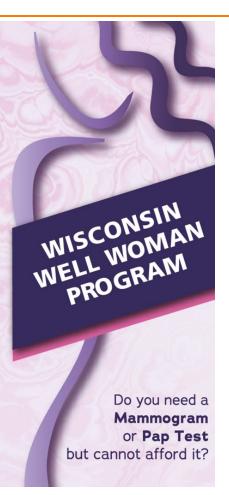




Text Us at 920-249-5111

The Winnebago County Health Department provides program coordination for the following counties:

Calumet, Green Lake, Fond du Lac, Marquette, Outagamie, Sheboygan, Waupaca, Waushara, Winnebago



# What does the Well Woman Program pay for?

- Breast and pelvic exams
- Mammograms (breast cancer screening)
- Diagnostic screenings and tests, such as ultrasounds and biopsies
- Pap tests (cervical cancer screening)
- HPV screening



The Wisconsin Well Woman Program pays for many, but not all, follow-up tests to diagnose breast or cervical cancer.

Contact your program coordinator for details.



### You may qualify if:

- · You are a woman 40-64 years old.
- You are a woman 35-39 years old with symptoms or concerns.
- You do not have health insurance, or your insurance policy has a high deductible for screenings or tests.
- Your income is within the program guidelines. Scan the QR code or visit www.winnebagocountywi.gov/health for guidelines.



### How do I apply?

Contact a Well Woman Program coordinator to enroll or find out more information:

920-727-8650

health@winnebagocountywi.gov

Find a list of qualified medical providers at:

www.winnebagocountywi.gov/health

### FAQ:

What if I find out that I have breast or cervical cancer?

As a Well Woman Program client, you may be eligible for Well Woman Medicaid to help pay your medical bills. Your coordinator can help you apply.

What about other health problems they may find?

Well Woman Program is unable to pay for follow up tests and treatment for other health conditions Talk to your health care provider or coordinator to see if other programs can help you.

What if I receive a bill for a Well Woman Program covered service?

Call your coordinator if you think you have received a bill in error.

## **Mini Job Fairs**



# 2025 Mini JOB FAIRS

wisconsinjobcenter.org/events/

1:00 p.m. - 3:00 p.m.

September 15<sup>th</sup> – Menasha Public Library (Elisha D. Smith Public Library in Menasha)

October 20th - Fond du Lac Public Library

October 27th - Menasha Public Library

(Elisha D. Smith Public Library in Menasha)

November 10th - Oshkosh Public Library

\*Participating employers are subject to change\*

### **Employers Register here:**

https://www.vagaro.com/us05/fvj6dx

- 1. Select "Classes" tab.
- Select date(s) and location(s) you'd like to have Employer/Recruitment table.
- 3. Click drop down menu and select "Mini Job Fairs."
- 4. Click "Sign up"

Employer Registration is \$50.00





A proud partner of the American Job Center network

Follow us on Facebook! or Fox Valley Job Centers - Menasha

The Department of Workforce Development is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please dial 7-1-1 for Wisconsin Relay Service. For the Division of Vocational Rehabilitation, please call (608) 261-0050 to request information in an alternate format, including translation to another language. For service / office locations: visit:

https://dwd.wisconsin.gov/dvr/about/locations.htm

FREE

## **FREE Rent Smart**



# RENT SMART 2025

### **Taught by Extension Educators**

Helping to make renting a great experience for you!

SUMMER/FALL 2025

### WORKSHOP SCHEDULE

June | 9, 11, 16, 18, 23, 25 | 9-10am (Mon/Wed)

August 11, 14, 18, 21, 25, 28 | 11am-12pm (Mon/Thurs)

September 9, 12, 16, 19, 23, 26 9-10am (Tues/Fri)

October 4, 11, 18 | 9-11:30am (Saturday)

November 10, 12, 17, 19, 24, 26 | 7-8pm (Mon/Wed)

December 1, 4, 8, 11, 15, 18 | 1-2pm (Mon/Thurs)

Location: Online, live instruction via Zoom

To register, use this link or scan the QR Code:

https://go.wisc.edu/RentSmartRegister

## What you'll learn:

- √ To manage monthly expenses
- √ To find and maintain affordable housing
- √ To complete applications and understand tenant screening
- √ To build positive relationships with landlords and neighbors
- √ The responsibilities and rights of landlords and tenants

Participants must complete all 6 modules to earn the Rent Smart certificate. For more information, please contact todd.wenzelewisc.edu (920-232-1982)

An EEO-Affirmative Action Employer, UW-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and ADA requirements.



## Family Self Sufficiency WICA SEPVICES (Workforce Innovation and Opportunity Act)



# **GET YOUR** DREAM LIFE

Take your next steps with us to get the career you want for the life you want

### Here's what you can get:



Tuition for training and school



Connections to local employers



Help with gas, rent, and other needs



A career that's right for you



Someone in your corner all the way!



### **OUR SPECIALIZED INITIATIVES**





### **WIOA Adult Program**

Provides job services to people looking for a new career path, want to go back to school, or want to train for good jobs that pay well.

#### **WIOA Youth Program**

Supports youth ages 14 - 24, who are facing barriers, find a job, earn their GED, or enroll in post-secondary education or training.

#### **FORWD Program**

Supports people who have been impacted by the opioid crisis or who seek training to help those impacted by the opioid crisis.

### **WIOA Dislocated Worker Program**

Helps those who've lost employment due to a mass layoff or economic transition find work as quickly as possible.

## Ready to start?



### Contact us to learn more



The Fox Valley Workforce Development Board is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please dial 7-1-1 Wisconsin Relay Service or at 800-947-3529. At no cost, you may request information in an alternate format, including language assistance or translation information to your preferred language by contacting us at (920) 594-3655.



920-278-9264



www.fsc-corp.org/WIOA



oxvalleywioa@fsc-corp.org

## **Starting Point**



Starting Point is designed to help women ages 18 and older in the areas of financial planning skills, empowerment, and career planning that will lead to further education and/or a new career. Women will gain the necessary skills to go to college, learn how to network and access available resources, meet other women with similar life experiences, gain confidence and build self-esteem, and learn how to manage finances and relationships. This program is open to mothers and women without children. Women must be a resident of Outagamie, Calumet, Shawano, Waupaca, or Winnebago County.

### Fall 2025 Dates & Times

Appleton: 9/10/25 to 12/3/25 Wednesdays 11:00 am - 2:00 pm, Childcare Provided Oshkosh: 9/13/25-12/3/25, Saturdays 9:00 am - 12:00 pm, Childcare Provided Virtual: 9/10/25 to 12/3/25, Wednesdays 5:00 pm - 7:30 pm, No Childcare

### Spring 2026 Dates & Times

Appleton: 2/11/26 to 5/13/26, Wednesdays 11:00 am - 2:00 pm, Childcare Provided Oshkosh: 2/14/26 to 5/13/26, Saturdays 9:00 am - 12:00 pm, Childcare Provided Virtual: 2/11/26 to 5/13/26, Wednesdays 5:00 pm - 7:30 pm, No Childcare

"Starting Point has helped 'I felt like I had Women me build skills I didn't have and to sharpen skills I already had." some control over Will Learn my life and where it was going. Time Career Management Development Self-Esteem Study Skills **Empowerment Topics Goal Settina** Assertiveness Community Healthy Resources Relationships



Grants available for moving forward with education without financial stress.



FVTC ID available for free busing on GO Transit.

## **Starting Point**

"Starting Point has helped me plan a way to go back to school and provide for our family."

### Children Will Learn

'This program has helped me learn all the resources within FVTC, to help as I go back to school. It has even given me the help I need in my personal life."

Sharing With Others

-63

Age Appropriate
Activities

Early Literacy

Child Development Making Good Choices

Resiliency

Topics

Exploration
Through Play



Listening Skills

Discipline Strategies

**Mothers will learn** 

Parenting Resources and Referrals

### Why would I want to take this workshop?

- · Free, no cost educational opportunity
- Support System for you and your child
- · Direct access to one on one support with FVTC
- All school fees for admission are waived (\$45 value)
- · Give your children a healthy environment to thrive
- Gain support from other parents

"I have really bad anxiety and self-doubt. This program made me feel more comfortable entering a new transition. I wanted to go back to school but did not know where to start or who to ask for help. I feel that now I have a better view on where I want to see my future go."













Contact Information: Kara Nowak | (920) 735-5722 | kara.nowak7593@fvtc.edu

To find out if you are eligible and have a staff member contact you, fill out this survey: www.fvtc.edu/StartingPoint