

November 2025

Dream Big!

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



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www.ohawcha.org
Dylan Palmer
FSS Program Coordinator
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Dear FSS Participants (And Community Members),

Hello to everyone. I hope has (or had) a great Halloween!

I am very excited for our next FSS Connection Meeting! This will be the first in-person meeting that we have had since the covid era shutdowns. This meeting will be on **December 8th, 2025 at 9:00am**, hosted at the new Vida Parent Support building, located at **601 Oregon St, Suite C. Oshkosh, WI 54902**. Please RSVP to my email (dpalmer@ohawcha.org) so that I get the Vida Team an estimate as to how many community members they should expect. So please keep this event on your radar and try to make it if you can.

A reminder to my FSS Participants, I am supposed to have at least one participant at each meeting, so please consider this opportunity.

Vida will be discussing their services and programs at this meeting. Till then, here is their flyer again for your reference:

I look forward to meeting with everyone next month! Please review the rest of the newsletter for more events/notices related to services in our area.

Respectfully,

Dylan Palmer
FSS Program
Coordinator



Vida Parent Support Services provides men, women, and couples with:

- Pregnancy and Parent Education
- Spanish Bilingual Services
- Car Seat Program
- Community Resource Referrals
- Play Group/Dinner Events for Families
- Material Support Including:
Diapers, Wipes, Baby Formula, Toys, Books,
Hygiene Items, and Infant and Toddler Clothing

Support services are free of charge. Appointments can be made by email or phone.

APPLETON LOCATION

720 W. Association Drive,
Appleton, WI 54914

Monday-Thursday
9:00 AM - 5:00 PM

OSHKOSH LOCATION

601 Oregon Street Suite C,
Oshkosh, WI 54902

Monday-Thursday
9:00 AM - 5:00 PM

Coming Soon

GREEN BAY LOCATION

670 Cormier Road,
Green Bay, WI 54935

REQUEST AN APPOINTMENT:



920-955-3772



www.vidasupportservices.org

MATERNITY HOUSING

If you're pregnant or parenting an infant and are experiencing housing instability, Vida is here to help. Vida's maternity home provides free housing, life-changing programming, and ensures you are supported, loved, and safe.

LEARN MORE:



920-955-3772



www.vidasupportservices.org

Community Resources



*For Birth-18 Yrs. (School Age)
Sign-Up Dates September 9th-November 28th*



To Sign-Up for either program scan the above
QR Codes or go to saoshkosh.org
Click on Holiday Assistance Tab
And follow the program links

HELP

Homelessness, Evictions, & Loss Prevention

- *Are you struggling with unstable housing? Struggling to keep up on rent/mortgage payments?
- *Is your housing instability leading to a possible eviction/foreclosure?
 - *Have you received a Notice to Vacate by your landlord and are having difficulty finding a new place?
 - *Do you need assistance getting connected with local community resources?

If your answer is yes to any of these, please reach out as soon as possible to allow HELP time to brainstorm ways to better assist with your housing needs

Winnebago County Human Services
220 Washington Ave P.O. Box 2187
Oshkosh, WI 54903

Monday-Friday FROM 8 AM - 4:30 PM Walk-In's Welcome
***Appointment preferred**

HELPProgram@winnebagoctywi.gov

HELP On Call Phone
920-509-7629



Due to the ongoing federal government shutdown, November benefits for FoodShare members will be delayed.

Foodshare benefits are 100 percent funded by the federal government and the shutdown will need to end before members can begin getting benefits again.

Get the most up-to-date information here:
www.dhs.wisconsin.gov/foodshare/news.htm




Community Resources (Cont.)



Covey Connects Calendar November 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIGN UP HERE! Scan the QR code, email info@covey.org, or purchase tickets at the Covey office: 2200 Algoma Blvd Oshkosh, WI 54901 		4 Pottery Painting @ Fire Escape 4-6PM \$25 <input type="checkbox"/>	5 Gym Class Heroes-Kick Boxing @ Downtown YMCA 4-5:30PM \$10 <input type="checkbox"/>	6 Covey Bakes Apple Pie Bites @ Downtown YMCA 4-6PM \$15 <input type="checkbox"/>	7 Bowling & Pizza @ Revs 4-6PM \$15 <input type="checkbox"/>	8 Titan Football Game with the Marching Band 1-4PM \$20 <input type="checkbox"/>
		11 Card making for Veterans @ Planet Purrrk 4-5:30PM \$10 <input type="checkbox"/>	12 Card & Craft Making for Kindness Day @ Oshkosh Library 4-5:30PM \$10 <input type="checkbox"/>	13 Covey Cooks @ Downtown YMCA 4-6PM \$15 <input type="checkbox"/>	14 Meaningful Meals @ Golden Nest 11AM-1PM \$5 Bowling @ Revs 4-6PM \$10 <input type="checkbox"/>	15
16	17 Covey Council Meeting @ Caramel Crisp Cafe 4-5:30PM \$10 <input type="checkbox"/>	18	19 Inclusive Artistry Art with Ona @ Oshkosh Food Coop 4:30-5:30PM \$15 <input type="checkbox"/>	20 Friendsgiving @ Eastman House Traditional thanksgiving meal 4-6PM \$15 <input type="checkbox"/>	21 Bowling @ Revs 4-6PM \$10 <input type="checkbox"/>	22
23	24	25 Movie Night Hotel Transylvania @ Time Theater 6-8:30PM \$15 <input type="checkbox"/>	26 Mini Golf @ Glow in the Park 4-5:30PM \$15 <input type="checkbox"/>	27 Happy Thanksgiving!	28 Bowling @ Revs 4-6PM \$10 <input type="checkbox"/>	29
30						

Next Pop-Up Food Pantry is
Saturday November 15, 2025

491 Old Oregon Road,
Oshkosh, Wisconsin
54902

DAYS AND HOURS

3rd Saturday of the Month
Registration begins at 9:30 AM

Food bundles available 9:30-11:00 AM

Hosted by: St. John's Lutheran Church of Nekimi. For a \$25 bundle donation, you will receive \$150+ in groceries.



PEER SUPPORT GROUP

2ND TUESDAY OF THE MONTH @ 9:30 AM
206 STATE STREET OSHKOSH WI 54901

NAMI Oshkosh will be facilitating a Peer Support Group at the State Street Center, offering a welcoming space for individuals living with mental health conditions to share experiences, gain support, and build community.

Establishing Healthy Screen Time Habits



Cari Ebert, MS, CCC-SLP
www.cariebertseminars.com



- Establish family screen time rules (examples: No screens during mealtime, No screens in the toy room, 30 minutes of screen time after nap, No screens after 7:00 pm, No screens in the car unless the car ride is 30+ minutes)
- Don't let your child become dependent on your smartphone or tablet as their primary source of entertainment
- Balance screen time with other varied experiences (playing with toys, helping with chores, playing outside, reading books, going for walks, riding bikes, listening to music, and quiet time activities such as coloring or playing with stickers)
- Provide plenty of opportunities for play-based movement each day
- Schedule screen-free outings occasionally (such as going to the zoo, park, or pool); not every event has to be documented with pictures and videos, so keeping your phone out of sight will keep your child's mind focused on other things
- Avoid using screen time as a self-regulation tool to get your child to calm down/stop crying: learning how to cope with big emotions and how to self-calm are critical life skills that begin to develop in early childhood
- Make screen time a scheduled part of your day, like meal time and bath time: avoid offering screen time to bribe your child or withholding screen time to punish your child (while well intended, these acts make screen time too powerful)
- Limit how often you use screen time as a digital babysitter
- Try not to be digitally distracted: be mindful of your own screen time use – children learn by watching and imitating their favorite people
- As often as possible, make screen time interactive by talking about what your child is seeing and hearing on the screen: shared screen time experiences are more beneficial than independent screen time experiences for young language learners
- Avoid using screens as part of the bedtime routine: reading books before bed is a better option for promoting sleep than screen time

Mini Job Fairs



2025 Mini JOB FAIRS

wisconsinjobcenter.org/events/

1:00 p.m. – 3:00 p.m.

September 15th – Menasha Public Library
(Elisha D. Smith Public Library in Menasha)

October 20th – Fond du Lac Public Library

October 27th – Menasha Public Library
(Elisha D. Smith Public Library in Menasha)

November 10th – Oshkosh Public Library

Participating employers are subject to change

Employers Register here:

<https://www.vagaro.com/us05/fvj6dx>

1. Select "Classes" tab.
2. Select date(s) and location(s) you'd like to have Employer/Recruitment table.
3. Click drop down menu and select "Mini Job Fairs."
4. Click "Sign up"

Employer Registration is \$50.00



A proud partner of the American Job Center® network

[Follow us on Facebook!](#) or Fox Valley Job Centers - Menasha

The Department of Workforce Development is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please dial 7-1-1 for Wisconsin Relay Service. For the Division of Vocational Rehabilitation, please call (608) 261-0050 to request information in an alternate format, including translation to another language. For service / office locations: visit:

<https://dwd.wisconsin.gov/dvr/about/locations.htm>



RENT SMART 2025



Extension
UNIVERSITY OF WISCONSIN-MADISON
WINNEBAGO COUNTY

Taught by Extension Educators
Helping to make renting a great experience for you!

SUMMER/FALL 2025

WORKSHOP SCHEDULE

FREE!

June	9, 11, 16, 18, 23, 25 9-10am (Mon/Wed)
August	11, 14, 18, 21, 25, 28 11am-12pm (Mon/Thurs)
September	9, 12, 16, 19, 23, 26 9-10am (Tues/Fri)
October	4, 11, 18 9-11:30am (Saturday)
November	10, 12, 17, 19, 24, 26 7-8pm (Mon/Wed)
December	1, 4, 8, 11, 15, 18 1-2pm (Mon/Thurs)

Location: Online, live instruction via Zoom

To register, use this link or scan the QR Code:

<https://go.wisc.edu/RentSmartRegister>



What you'll learn:

- ✓ To manage monthly expenses
- ✓ To find and maintain affordable housing
- ✓ To complete applications and understand tenant screening
- ✓ To build positive relationships with landlords and neighbors
- ✓ The responsibilities and rights of landlords and tenants

Participants must complete all 6 modules to earn the Rent Smart certificate.
For more information, please contact todd.wenzel@wisc.edu (920-232-1982)



GET YOUR DREAM LIFE



Take your next steps with us to get the career you want for the *life* you want

Here's what you can get:



Tuition for training and school



Connections to local employers



Someone in **your** corner **all the way!**



Help with gas, rent, and other needs



A career that's right for you

★ OUR SPECIALIZED INITIATIVES ★

WIOA Adult Program

Provides job services to people looking for a **new career path**, want to go back to **school**, or want to **train** for good jobs that pay well.

FORWD Program

Supports people who have been **impacted** by the **opioid crisis** or who **seek training** to help those impacted by the opioid crisis.

WIOA Youth Program

Supports **youth ages 14 - 24**, who are facing barriers, find a job, earn their GED, or enroll in post-secondary education or training.

WIOA Dislocated Worker Program

Helps those who've **lost employment** due to a **mass layoff** or economic transition find work as quickly as possible.



★ Ready to start? ★

★ Contact us to learn more



The Fox Valley Workforce Development Board is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please dial 7-1-1 Wisconsin Relay Service or at 800-947-3529. At no cost, you may request information in an alternate format, including language assistance or translation information to your preferred language by contacting us at (920) 594-3655.



920-278-9264



www.fsc-corp.org/WIOA



foxvalleywioa@fsc-corp.org

Starting Point

Starting Point

Starting Point is designed to help women ages 18 and older in the areas of financial planning skills, empowerment, and career planning that will lead to further education and/or a new career. Women will gain the necessary skills to go to college, learn how to network and access available resources, meet other women with similar life experiences, gain confidence and build self-esteem, and learn how to manage finances and relationships. This program is open to mothers and women without children. Women must be a resident of Outagamie, Calumet, Shawano, Waupaca, or Winnebago County.

Fall 2025 Dates & Times

Appleton: 9/10/25 to 12/3/25 Wednesdays 11:00 am - 2:00 pm, Childcare Provided

Oshkosh: 9/13/25-12/3/25, Saturdays 9:00 am - 12:00 pm, Childcare Provided

Virtual: 9/10/25 to 12/3/25, Wednesdays 5:00 pm - 7:30 pm, No Childcare

Spring 2026 Dates & Times

Appleton: 2/11/26 to 5/13/26, Wednesdays 11:00 am - 2:00 pm, Childcare Provided

Oshkosh: 2/14/26 to 5/13/26, Saturdays 9:00 am - 12:00 pm, Childcare Provided

Virtual: 2/11/26 to 5/13/26, Wednesdays 5:00 pm - 7:30 pm, No Childcare

"Starting Point has helped me build skills I didn't have and to sharpen skills I already had."

Women Will Learn

"I felt like I had some control over my life and where it was going."

- Time Management
- Self-Esteem
- Goal Setting
- Community Resources



- Career Development
- Study Skills
- Assertiveness
- Healthy Relationships



Grants available for moving forward with education without financial stress.



FVTC ID available for free busing on GO Transit.



Why would I want to take this workshop?

- Free, no cost educational opportunity
- Support System for you and your child
- Direct access to one on one support with FVTC
- All school fees for admission are waived (\$45 value)
- Give your children a healthy environment to thrive
- Gain support from other parents

“I have really bad anxiety and self-doubt. This program made me feel more comfortable entering a new transition. I wanted to go back to school but did not know where to start or who to ask for help. I feel that now I have a better view on where I want to see my future go.”



Contact Information: Kara Nowak | (920) 735-5722 | kara.nowak7593@fvtc.edu
To find out if you are eligible and have a staff member contact you, fill out this survey: www.fvtc.edu/StartingPoint