

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



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Dear FSS participants (and community members),

As of 8/13/2024, Winnebago County Housing Authority has discontinued using our (920) 424-1470 phone number. Please continue to call us at (920) 424-1450.

Happy September Birthday to Sharon! I hope your birthday is fabulous and you are finding a little time to take a step towards your goals.



While you are enjoying summer, check out these cool events in the area:

Career EXCELerate: Career EXCELerate Wisconsin is a training program offered at <u>no cost</u> to individuals who want to find a career pathway but are struggling and would benefit from individual support. At the end of the program, you would receive one of <u>eight certificates</u> to make yourself more employable and increase your take home pay. Please see page 9 for more information.

Starting Point Program: Are you a young woman looking for direction in the areas of education, employment, self-esteem, and a healthy support system? Or maybe you're a mother of young children looking for a way to provide for your family? If either of these descriptions speak to you, maybe Starting Point is for you. Starting Point is a **free** 13 week program that will empower you in many areas of life and provide a stable learning environment for your children while you learn. I am so excited that Starting Point is now offered in Oshkosh. Take a chance and sign up! See page 15-16 for more details. Classes start September 11th!

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy and Healthy September! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1450 ext. 133 or emailing me at kayh@ohawcha.org.

Your success is my success.

Warm Regards, Kay Hinton FSS Coordinator





Rent Smart

Taught by Extension Educators

Helping to make renting a great experience for you!

2024 Summer/Autumn Online Class Dates & Times

June: 10, 12, 17, 19, 24, 26 @ 7:00PM-8:00PM; Mon/Wed

August: 12, 15, 19, 22, 26, 29 @ 1:00PM-2:00 PM; Mon/Thurs September: 10, 13, 17, 20, 24, 27 @ 9:00AM-10:00AM; Tue/Fri October: 9, 10, 16, 17, 23, 24 @ 11:00AM-12:00PM; Wed/Thur

November: 2, 9, 16 @ 9:00AM-11:30AM; Saturday

December: 3, 5, 10, 12, 17, 19 @ 7:00PM-8:00PM; Tue/Thurs

Location: Online, live instruction via Zoom; links will be sent after registration

To register, use this link OR scan the QR Code: https://go.wisc.edu/Rentsmartregister

Cost: FREE!

What you will learn:

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants
- Participants must complete all 6 modules to earn the Rent Smart certificate
- For more information, please contact todd.wenzel@wisc.edu (920-232-1982)

An EEO-Affirmative Action Employer, UW-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and ADA requirements.







Connecting Through Food





CONNECTING COMMUNITY THROUGH FOOD

















Food often reflects our cultures and ethnicities. By sharing food and our culture with one another, we connect as humans and learn more about one another's experiences. Sharing of food provides us greater opportunities to hold space for all to explore and share at the table.

JOIN US every month with a new special guest to learn more about a culture and their traditions, customs, and recipes! Come with an appetite and open mind and leave educated and with a new cultural recipe.

IN PARTNERSHIP WITH:



DIVERSITY + FOOD + COMMUNITY

THE FIRST TUESDAY OF EVERY MONTH
Downtown Y • Teaching Kitchen • 11 a.m.-12:00 p.m.

- September 10
- + November 12
- October 1
- · December 3

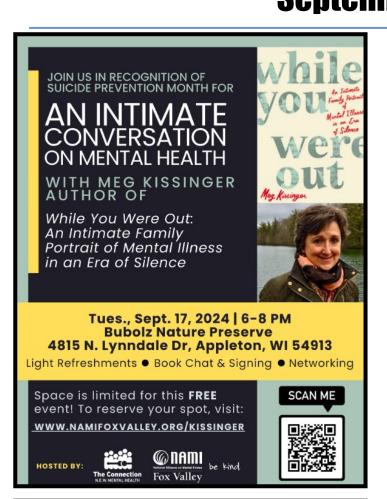
FREE AND OPEN TO ALL! Stop in any time to sample a dish from a different country.

Email Lindsey McMullin at <u>lindseymcmullin@oshkoshymca.org</u> to find out what is on the menu or to present and share a cultural dish or meal of your own!

Pre-registration is required. Sign up at the Front Desk of either location, call 920-236-3380, or register ONLINE!

OSHKOSH COMMUNITY YMCA - www.oshkoshymca.org

Downtown • 236-3380 • 324 Washington Avenue







Child Care Resource & Referral is excited to offer an inclusive book study for all caregivers (parents, families, and child care providers).

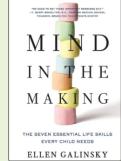
FREE Book Study with CCR&R: Mind in the Making

Mind in the Making: The Seven Essential Life Skills Every Child Needs focuses on research-based advice that helps adults:

- · Understand and encourage important executive functionbased skills children need to thrive
- Examine themselves, the research, and the actions they can take to promote effective learning in themselves and

Zoom Meeting Dates:

- Tuesday, September 17, 2024 from 6:00 8:15 p.m.
- Tuesday, October 1, 2024 from 6:00 8:15 p.m.
- Tuesday, October 15, 2024 from 6:00 8:15 p.m.
- Tuesday, October 29, 2024 from 6:00 8:15 p.m.



What Will the Book Study Look Like?

- · Physical copy of the book mailed to you free of charge
- · Independent reading and reflection
- Opportunities for families and caregivers to discuss, share, and support each other
- Led by a child care professional who will explore and explain the chapters and skills
- · Fun and meaningful learning experience with raffle prizes at the end

*Childcare providers can earn up to 14 Registry hours (attendance will determine total earned)



Register Now!

www.ccrrfoxvalley.org/training-list

Once registered, you will receive a training welcome email **late August** with additional information. If you have any questions about this training, please reach out to lize@ccrrfoxvalley.org.











LOCATION: SADOFF IRON & METAL

36 E 10th Ave. Oshkosh. WI 54902 (enter in on 11th street)

SATURDAY, SEPTEMBER 14™ WHEN:

ACCEPTED: ALL RESIDENTIAL ELECTRONICS

The Boys & Girls Club, Sadott, and URT are beaming up to host a FREE of cost and convenient electronics recycling event for the residents of Oshbosh and the surrounding communities (Nusinessee excluded). We will be accepting monetary donations that will directly impact the Boys & Girls Club of Oshbosh, but it is not required to attend this FREE Electronics Recycling Event.

Televisions; Computers (desktop, laptop, netbook, & teerisions; Computers (cession), appoin, returous, a labele computers); Desktop Printers (including flace that scan, fax and/or copy, and 3-D printers); Computer Monitors; Other Computer Accessories (including Asybbaards, miles, speakers, celernal hard drivers, & Rash drives); o-Readers; DVD Players, VCRs & Other Video Players (i.e., DVRs); Fax Machines

HAZARDOUS & CONTAMINATED

ACCEPTED: Confaminated Medical Equipment; Fire Alarms;
Dehumidifiers; Mercury Confaining Devices; Exit Signs;
Smoke Detectors; Fire Extinguishers; Any Unit with Liquid



QUESTIONS - CONTACT URT AT (608) 754 - 3400

LEARN MORE AT

Community Resources



Have kids? Have questions? We're here to help!



Developmental Screenings: Our staff can help with childhood screenings that look at milestones in playing, speaking, behaving, and moving.









Lead Screening:* Learn how to prevent lead poisoning and get your child screened for lead exposure.



Vaccines:* Protect your child with routine vaccines from public health.





Health and Community Resources: Learn about programs like prenatal health care, WIC. and Head Start.

EVERY 2ND TUESDAY 1-4 PM

1-4 PM OSHKOSH 112 Otter Ave

EVERY 4TH THURSDAY 11 AM-2 PM NEENAH 211 Commercial St



car seat checks, lead screening, and vaccine Scan or call to schedule

Drop in any time during Parent Resource Hours!
All are welcome. Services are FREE!

920-232-3000 / health@winnebagocountywi.gov WWW.WINNEBAGOPUBLICHEALTH.ORG

UMOS & the Fox Valley

Every Tuesday 12pm until 4pm

Fox Valley Job Center 1802 Appleton Rd. Menasha, WI 54952

UMOS

Unemployment Insurance Navigator Program

Fox Valley Job Center Event

The Fox Valley Job Center and the UMOS Unemployment Insurance Navigator Program are partnering to assist the community in a job center event.

Our Services:

- Bilingual Service
- Initial Claims
- Weekly Claims
- Appeals
- Any Questions?

Why Choose Us?

The Unemployment Insurance System is intended to provide temporary support to workers when they lose their job through no fault of their own. Our Navigators, some of whom are bilingual (English/Spanish), will be assisting clients in navigating the process of filing for unemployment.

Menomonie - Green Bay - Oshkosh - Wautoma - Milwaukee - Racine

UMOS UI Locations

Contact Us!

Oshkosh UI Office Phone: 920-366-6579 ximena.rubindecelis@umos.org



Next Pop-Up Food Pantry is

Saturday, September 21, 2024

491 Old Oregon Road, Oshkosh, Wisconsin 54902

DAYS AND HOURS

3rd Saturday of the Month Registration begins at 9:30 AM Food bundles available 9:30-11:00 AM Hosted by: St. John's Lutheran Church of Nekimi. For a \$25 bundle donation, you will receive \$150+ in groceries.



HELP

Homelessness, Evictions, & Loss Prevention

*Are you struggling with unstable housing? Struggling to keep up on rent/mortgage payments?

*Is your housing instability leading to a possible eviction/foreclosure?

*Have you received a Notice to Vacate by your landlord and are having difficulty finding a new place?

*Do you need assistance getting connected with local community resources?

If your answer is **yes** to any of these, please reach out as soon as possible to allow HELP time to brainstorm ways to better assist with your housing needs

Winnebago County Human Services 220 Washington Ave P.O. Box 2187 Oshkosh, WI 54903

Monday-friday FROM 8 AM - W 4:30 PM

Walk-In's Welcome
*Appointment
preferred

HELPProgram@winnebagocountywi.gov

HELP On Call Phone 920-509-7629

Winnebago



County

FREE Yoga



Connect Thru Tech



One on One Tech Appointments

Programs are designed to improve your digital literacy (all levels of expertise are welcome).

Meet with an instructor one-on-one to tackle a technology problem you may be experiencing. Common issues we deal with—passwords, setting up new devices, navigating Facebook or certain apps, saving pictures, exploring features on your devices, texting, talk features and more. Keep in mind it's not always a "one and done" we will work with you until you are a pro! We are even available to help you purchase and upgrade your devices.

Hours Vary—Please call for an appointment. Cost: R \$2/NR \$2.75 per class By Appointment Only 920.232.5301

Safe Websites with Information about Technology (including tutorials)

https://techboomers.com/

https://www.aarp.org/technology/ how-to-guides/ Wi-Fi Access (S) Cost: FREE

Bring your own device to access the Oshkosh Seniors Center's WITi. Find a cozy spot in the Great Room, M-F, 8 am to 4 pm, and enjoy the high-speed internet service. No password is required.

One on One with Sandy Toland (S)

Sandy is from the Oshkosh Public Library and can not only answer questions about the library online services, but any other technology challenges you are experiencing.

Mondays, September 9, 16, 23, 30 9:15 am, 10:15 am, 11:15 am, 12:15 pm

Cost: R \$2/NR \$2.75 per class By Appointment Only 920.232.5301



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ASK YOURSELF
IF WHAT YOU'RE
DOING TODAY
IS GETTING
YOU CLOSER TO
WHERE YOU
WANT TO BE









Job Assistance







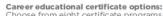


ve program from Goodwill NCW, Fox Valley Technical College and Rawhide Youth Services



Launch a lasting career!

Career EXCELerate Wisconsin is a highly personalized training program offered at no cost to individuals who want to find a career pathway but are struggling and would benefit from individualized support.



Choose from eight certificate programs that range from approximately two months to two semesters.

Educational and Health Services

- Nursing Assistant Early Childhood Teacher Aide

Construction

Woodworking Technician
 Pipe Trades

Manufacturing

Welding Fundamentals
 Industrial Manufacturing Technician

Truck Driving and Maintenance
Professional Truck Driving - Class A and B CDLs
Heavy-Duty Vehicle Maintenance Diesel Technology Assistant

Get started or refer someone today!



Complete a short online form at careerEXCELeratewi.org

Call: 920-204-7002

Email: careerEXCELerateWI@goodwillncw.org







Family Self Sufficiency Women's Empowerment Events



Ladies start out their adventure with the event workbook and bag. Participants not only collect top-notch samples throughout the circuit, but they also gain new life skills and knowledge from our vendors who are local professionals.

The circuit is a journey through different vendor stations related to one or more of the dimensions of wellness. The vendor list varies.

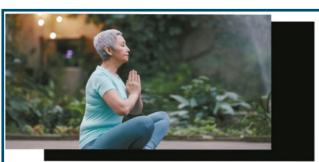
Why The Women's Self-Care Circuit?

Multiple studies show that women experience burnout at a higher rate than men. The Women's Self-Care Circuit is for busy businesswomen, wives, moms, sisters, cousins, aunts, godmothers, and all the single ladies! Any woman that is unsatisfied with the amount of time they dedicate to themselves.



(@selfcarewisconsin

Selfcarewisconsin@gmail.com



The Power of Personal Development Using technology to improve your quality of life!

> Tuesday, Sept 17 10 am

Willows (South Bldg) Please register 920.232.5300

Join us to explore digital sources to positively change your life. We will explore the tech skills you need to use and explore the following opportunities:

- · Podcasts for Sleep, Meditation, and Forming New Habits
- · Fitness, Weightloss, and Nutrition Trackers
- Brain Fitness
- Educational Opportunities





Please RSVP to Shelly at (920) 851-6160 to let us know you're coming.

Money Matters



MONEY MATTERS



online program designed to improve small and friends. skills and build knowledge to share with family and friends. online program designed to improve financial habits. Gain money management

INTERESTED IN TAKING THE COURSE?

The online program can be completed in partnership with an Extension educator.



OPTION 1

Online Self Study



OPTION 2:

Online Self Study with Financial Coaching



OPTION 3

Program Partnership Contact County Educator for requirements of Program Partners

Scan for more information



Todd Wenzel

Human Development & Relationships Educator

920-232-1982 todd.wenzel@wisc.edu



or visit your local Extension Page

winnebago.extension.wisc.edu

MONEY MATTERS CONSISTS OF A SERIES OF 14 MODULES INCLUDING:

- Your Financial Strengths
- Explore Credit Scores and Credit Reports
- When You Can't Pay Your Bills
- Making a Spending Plan
- Staying Organized
- Retirement Planning Basics
- ▶ Health Insurance Options for WI
- How Health Insurance Works
- Debt Management and Managing Student Loans
- Credit Unions, Banks, and Other
- Financial Institutions Money and Relationships
- Saving Money
- What is Credit and How to Build It

Complete all modules, or choose those most important to your needs.

Wisconsin residents can receive a certificate upon completion of program requirements.

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

2024 Mini Job Fairs



2024 Mini JOB FAIRS

wisconsinjobcenter.org/events/

1:00 p.m. - 3:00 p.m.

August 12th – Waupaca Public Library

September 16th – Menasha Job Center

October 14th - Menasha Job Center

October 21st - Fond du Lac Public Library

November 13th - Oshkosh Public Library

Participating employers are subject to change

Employers Register here:

https://www.schedulicity.com/scheduling/FVJ6DX

Select "Classes" tab, then click on the location "Mini Job Fair" Employer Registration is \$50.00





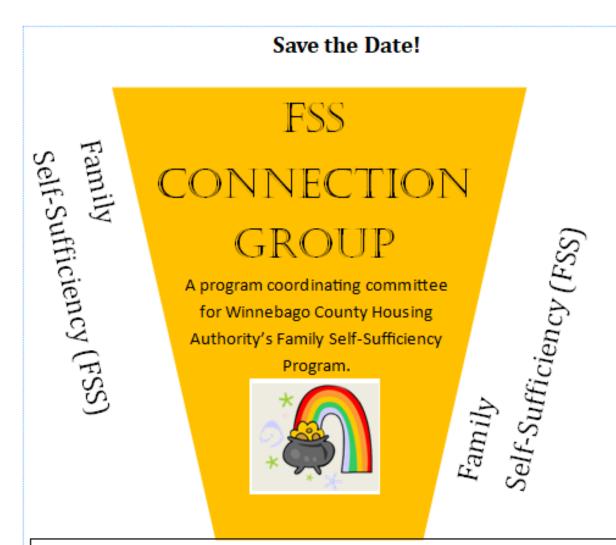
A proud partner of the American Job Center network



Follow us on Facebook! or Fox Valley Job Centers - Menasha

Equal Opportunity Employer/Program Auxiliary aids and services are available upon request to individuals with disabilities.

FSS Connection Meeting!



Date: Monday, September 9, 2024

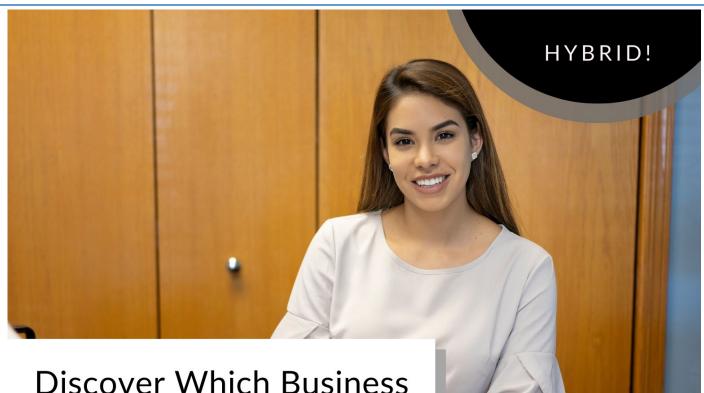
Time: 9:00 a.m.—10:30 a.m.

FSS Connection Group Meeting is on Monday, September 9th at 9:00 am. Kay O'Neil, Store Manager of the St. Vincent de Paul Thrift Store, and Jeremy Pingel, Director SVDP Neenah, will be giving a presentation on SVDP and what they are doing! Everyone is welcome to attend!

Let's also share agency updates.

LINK:: https://teams.microsoft.com/l/meetupjoin/19%3ameeting_YzBhMjRhYmMtZTkxNS00YjI0LThmMWItY2ZhYmNiM 2E1N2My%40thread.v2/0?context=%7b%22Tid%22%3a%227d7df029f5e0-4ca2-8b22-7f62a9cc8815%22%2c%22Oid%22%3a%224d4fb101-222d-4e26-a4c1-e1b05a53d016%22%7d

Family Self Sufficiency Which Business Structure is right for you?



Structure is Right for You

Selecting the type of legal structure for your company can be complicated. This training goes over all business structures including LLC, Partnerships, and Sole Proprietorship. Find out which structure is right for your business and the steps to take to become a legal business entity.

Register online by Sept. 16 to make check-in quick and easy. You may also register on-site walk-ins are welcome!

Wednesday, Sept. 18th

5:00 - 6:30 pm **WWBIC - APPLETON** 1191 N. Casaloma Dr.

QUESTIONS?

Call 920-944-2700 Email averhagen@wwbic.com





WWBIC Northeast

wwbic.com/trainings

Starting Point



Starting Point is designed to help women ages 18 and older in the areas of financial planning skills, empowerment, and career planning that will lead to further education and/or a new career. Women will gain the necessary skills to go to college, learn how to network and access available resources, meet other women with similar life experiences, gain confidence and build self-esteem, and learn how to manage finances and relationships. This program is open to mothers and women without children. Women must be a resident of Outagamie, Calumet, Shawano, Waupaca, or Winnebago County.

Fall 2024 Dates & Times

Appleton: 9/11/24 to 12/4/24, Wednesdays 11:00 am - 2:00 pm, Childcare Provided Oshkosh: 9/14/24 to 12/4/24, Saturdays 9:00 am - 12:00 pm, Childcare Provided Virtual: 9/11/24 to 12/4/24, Wednesdays 5:00 pm - 7:30 pm, No Childcare

Spring 2025 Dates & Times

Appleton: 2/12/25 to 5/14/25, Wednesdays 11:00 am - 2:00 pm, Childcare Provided Oshkosh: 2/15/25 to 5/14/25, Saturdays 9:00 am - 12:00 pm, Childcare Provided Virtual: 2/12/25 to 5/14/25, Wednesdays 5:00 pm - 7:30 pm, No Childcare



€ G

Grants available for moving forward with education without financial stress.



FVTC ID available for free busing on GO Transit.

Starting Point

"Starting Point has helped me plan a way to go back to school and provide for our family."

Children Will Learn

"This program has helped me learn all the resources within FVTC, to help as I go back to school. It has even given me the help I need in my personal life."



Age Appropriate Activities

Early Literacy

Child Development

Making Good Choices

Resiliency

Exploration Through Play

Recognize Feelings and Emotions

Listening Skills

Discipline Strategies

Mothers will learn

Topics

Parenting Resources and Referrals

Why would I want to take this workshop?

- · Free, no cost educational opportunity
- · Support System for you and your child
- Direct access to one on one support with FVTC
- All school fees for admission are waived (\$45 value)
- · Give your children a healthy environment to thrive
- Gain support from other parents

"I have really bad anxiety and self-doubt. This program made me feel more comfortable entering a new transition. I wanted to go back to school but did not know where to start or who to ask for help. I feel that now I have a better view on where I want to see my future go."













Contact Information: Kara Nowak | (920) 735-5722 | kara.nowak7593@fvtc.edu

To find out if you are eligible and have a staff member contact you, fill out this survey: www.fvtc.edu/StartingPoint