Waite Rug Gazette

Volume 6, Issue 3 March, 2024

Waite Rug Place 300 E. Custer Ave., Oshkosh WI 54901

Please welcome Shanna Prieto to Waite

Rug Place!

Shanna comes to Waite Rug Place with ten years of affordable housing experience. A mother of two, Shanna is looking forward to working with everyone at Waite Rug. As stated in the Waite Rug Gazette Express, Shanna started with the Oshkosh Housing Authority on February 19th, 2024. She is currently working her way through a number of trainings and webinars to get her up to speed on project-specific details of both Court Tower and Waite Rug. So please understand if she does not answer the door right away, some of the trainings are not pre-recorded and so she cannot stop them to answer the door. But she will try to connect with tenants whenever she is able

Thank you to everyone who came and spent some time with Shanna and Dylan. It was great to be able to meet and spend some time outside of strict housing-based discussions.



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<u>There is Still Time to Contact Dylan to Get Put on the</u> <u>AARP Tax Assistance List</u>

The date and time for Tax Assistance at Waite Rug has been approved for:

March 18th, 2024 Between 9am and 12 noon.

To be approved, you MUST provide Dylan with ALL of the following documents:

You will need to make sure you have:

· Social Security Card

- · Photo ID
- · Last Years Homestead return (if you have one)
- · SSA form "1099" for 2023
- \cdot If on SSI, bring bank statement from 2023
- · Rent certificate (If you haven't gotten yours, the first floor office has all Rent Certificates)
- \cdot Proof of any other income you receive
- · If you are disabled & under age 62, a letter stating when you were first deemed disabled
- · If you want direct deposit, you will need to provide the routing number and account number

Remember, You MUST provide all of these documents to be given a slot. Only the first twenty people to provide these documents will be able to get their tax help at Waite Rug this year.

Please contact Dylan by phone, email, or text to set a time to provide your documents (920-642-3473, <u>dpalmer@ohawcha.org</u>).

Waite Rug Snow Removal Policy

It is the time of year when it can begin to snow at any time. Please have all vehicles removed from parking areas by 2:00 PM on weekdays when snow is greater than 2 inches.

Please park your vehicles appropriately on Custer, Grand, Eastman and Mount Vernon until the plow crew has completed clearing snow.



Social Security Announces 3.2 percent Benefit Increase for 2024

Again this year, To lessen the burden on our tenants, and to get a jump on recertifications this year, we are asking that **all tenants who receive SS or SSI letters for 2023 bring their letter to the fourth floor during Dylan's Office hours.** Dylan will make a copy and you will want to keep your original, so please try to catch him when he is in the office. However, if you drop it off in the drop box, or slide it under the fourth floor office door, Dylan will make a copy and return the original to your unit. This request will continue to be posted in the newsletter until the time comes where we have collected them all for 2024.

Waite Rug Tenant Meeting In the Theatre Room March 20th @ 10:30 AM

I do not have a Speaker lined up for this month's Tenant Meeting, it will just be a time for addressing current topics related to the building.

** If you have a known or suspected case of Bed Bugs, please do not come to the meeting, you will be turned away. **

** Upon request, we will provide a copy of the meeting minutes by the end of the week **

Don't Forget About Daylight's Savings Time This Year it is on: Sunday, March 10th, 2024 Holiday Office Hours

The Housing Authority Offices will be closed on Friday 3-29-2024 for The Spring Holiday.

You will still be able to contact the After-Hours Emergency Number: <u>920-735-3707</u>

We hope that everyone has a very happy and safe Easter/Spring Holiday

Alternatives to ACP:

With ACP likely Ending, here are a few alternatives, let me know if you need help signing up for either and we will make an appointment to apply. Make sure that you have proof of whatever form of verification you plan to use to prove your eligibility for either program.

Spectrum Internet Assist is "an affordable, reliable Internet option for low-income households."

Limited bandwidth, 50 megabytes of download (Standard is 300), and 10 of upload

Prices are estimated at \$24.99 if you bring your own Router, or \$32.99 with a Router provided by Spectrum.

To qualify for Spectrum Internet Assist, you must be receiving at least one of the following programs:

- National School Lunch Program (NSLP)
- Community Eligibility Provision (CEP) of the NSLP
- Supplemental Security Income (for applications age 65+ only)

Access from AT&T is "a low cost home internet service available to eligible limited income AT&T Internet and AT&T Fiber households"

Access from AT&T has a standard cost of \$30.00 per month, but based on the application you may be approved for a lower price. If you already have ACP, Access from AT&T may be free.

To qualify for Access from AT&T, you must be receiving at least one of the following programs*:

- Supplemental Nutrition Assistance Program (SNAP),
- National School Lunch Program (NSLP),
- Have a household income below 200% of federal poverty guidelines.

^{*}All households that qualify for the Affordable Connectivity Program (ACP) and apply the benefit to AT&T Internet or AT&T Fiber service are also eligible for Access from AT&T.

A Couple of Reminders from the Nurses:

- If you need a rapid test for COVID just call, we have some and can help you if you have questions about doing the test.
- If you need a surgical mask because you are sick or have been exposed to someone who was ill and do not want others to get sick just call us and we can get you some.
- The nurse hours are 8AM-4PM Monday through Friday. If you need something health related just call us and we will schedule an appointment with you. We do have open hour monthly at each of your buildings as well if you prefer that.
- If you have or suspect you have bed bugs respect your fellow residents and do not come to our nurse office. Instead, please call us and we will gladly schedule an appointment and come to you as soon as we are able.
- If you have old and or expired medication, we can assist with the disposal of that if you are unable to get to the Oshkosh Police station drug drop box just give us a call to schedule a time for one of us to get it.



Injuries are common

as you age.



Each year, older adults experience 36 million falls and 1.6 million car crashes. An injury from a fall or car crash can decrease your independence. But, getting older doesn't have to mean giving up your favorite hobbies and activities.

What steps can you take to prevent injury as your age?

• Tell your doctor if you have fallen, if you feel unsteady when standing or walking, or if you're afraid you might fall. Talk to your doctor about fall prevention and safe driving strategies.

• Ask your doctor or pharmacist to review the medicines you take—both prescription and over the counter. Some medicines might make you dizzy or sleepy or may reduce your reaction time.

- Have an eye doctor check your eyes at least once a year and update your eyeglasses as needed.
- Have your doctor check your feet at least once a year and discuss proper footwear to reduce your risk of falling.
- Do exercises that make your legs stronger and improve your balance, like Tai Chi.
- Make your home safer by removing throw rugs, using extra lighting or brighter light bulbs, installing grab bars in bathrooms and handrails on both sides of staircases.
- Only drive during daylight and in good weather, and **always** wear a seat belt—as a driver or passenger.
- Never drink and drive—alcohol reduces coordination, impairs judgement, and increases the risk of being in a crash.
- Plan your drive to find the safest route and leave a large following distance between your car and the car in front of you.
- Avoid distractions in your car, such as listening to a loud radio and talking or texting on your phone.
- Consider riding with a friend or family member, taking a ride share service, or using public transportation.

If you have fallen or are in a car crash, have your doctor check you for signs and symptoms of a brain injury.

Source: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control



Waite Rug Place March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 National Oreo Day	7	8	9
10 Daylights Savings Time	11	12	13	14 Pi Day	15	16
17 St. Patrick's Day	18 AARP Tax Assistance @ 9:00am in Theatre room	19 Nurse's Open Hour 2:30 PM	20 Tenant Meeting @ 10:30AM	21	22	23 National Chips and Dip Day
24	25 OHA/WCHA Joint Board Meeting @ CT 3:30PM in the Theatre Room	26	27	28	29 OHA Office Closed for Spring Holiday	30
31 Easter						

Waite Rug Place Staff

Shanna Prieto: Property Manager

920-303-5400 Shanna@ohawcha.org

Dylan Palmer: Social Service Coordinator

920-642-3473 DPalmer@ohawcha.org

Natalie Ditscheit: Maintenance

After Hours On Call Emergencies: 920-735-3707

Nurses Erin Roberts & Lori Duclon: Call them at 920-424-1470 Ext. 124 to schedule an appointment.

Nurse Open Hour: 3rd Tuesday of the month @ 2:30

Waite Rug Staff Hours (Subject to Change)

Shanna (Property Manager):

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Monday:	8:00am - 11:00 am			
Tuesday:	By Appointment			
Wednesday:	8:00am - 11:00 am			
Thursday:	By Appointment			
Friday:	By Appointment			
Dylan (Social Service Coordinator):				
Monday:	By Appointment			
Tuesday:	8:00am – 12 noon			
Wednesday:	By Appointment			
Thursday:	8:00am – 12 noon			
Friday:	By Appointment			

