

March 2024

Dream Big!

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



600 Merritt Avenue
P.O. Box 397
Oshkosh, Wisconsin 54903
OSHKOSH (920) 424-1450
www.ohawcha.org
Kay Hinton
FSS Program Coordinator
920-424-1470 EXT. 133
kayh@ohawcha.org

What's Inside:

- March Letter
- Rent Smart
- Parent Resource Hours
- Career EXCErate
- Self-Love Workshops
- Free Tax Assistance
- Alternatives to ACP
- Community Events
 - WeCOPE
- Connect Through Tech
 - HELP
 - WWBIC
- Recovery in our Community
 - Parenting Workshops
- FSS Connection Meeting

Dear FSS participants (and community members),

Happy St Patrick's Day and Happy Easter!

A big welcome to these new FSS participants: **Britney and Narielle**. Please wish a **Happy March Birthday to Holly and Narielle!** I hope your birthdays are fabulous and you are finding a little time to take a step towards your goals.



Ranked #1: Our FSS program scored the best in WISCONSIN! Rated #1 according to graduation numbers, participation and increased earnings at graduation. On average, FSS graduates increased their income by \$8,764/year while on the program. Thanks for all your help in making this program the best in the state!

While you are waiting for spring, check out these cool events in the area:

FSS Connection Group Meeting is on **Monday, March 11th at 9:00 am**. Molly Yatso-Butz, Executive Director, will be giving a presentation on the Day by Day Warming Shelter and what they are doing! Everyone is welcome to attend! See page 16 for more details.

FREE Tax Preparation is available. Please check out page 7 in this newsletter for more details. What will you do with your income tax refund?

Daylight Savings Time Starts 3/10/24. Remember to set your clocks ahead one hour on Saturday night or Sunday morning. Spring ahead!

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy and Healthy March! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1470 ext. 133 or emailing me at kayh@ohawcha.org.

Your success is my success.

Warm Regards,

Kay Hinton

FSS Coordinator





Rent Smart

Taught by Extension Educators

Helping to make renting a great experience for you!

2024 Winter/Spring Online Class Dates & Times

February: 7, 9, 14, 16, 21, 23 @ 9:00AM-10:00AM; Wed/Fri

March: 9, 16, 23 @ 9:00AM-11:30AM; Saturday

April: 1, 5, 8, 12, 15, 19 @ 1:00PM-2:00PM; Mon/Fri

May: 14, 16, 21, 23, 28, 30 @ 9:00AM-10:00AM; Tue/Thurs

June: 10, 12, 17, 19, 24, 26 @ 7:00PM-8:00PM; Mon/Wed

Location: Online, live instruction via Zoom; links will be sent after registration

To register, use this link OR scan this QR Code:

<https://go.wisc.edu/Rentsmartregister>



Cost: **FREE!**

What you will learn:

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants
- **Participants must complete all 6 modules to earn the Rent Smart certificate**
- **For more information, please contact todd.wenzel@wisc.edu (920-232-1982)**

An EEO-Affirmative Action Employer, UW-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and ADA requirements.

Important March Dates:

March 10, 2024	Daylight Savings Time Starts
March 17, 2024	St. Patrick's Day
March 31, 2024	Easter Sunday



Parent Resource Hours

Parent Resource Hours



Public Health
Prevent. Promote. Protect.
Winnebago County, WI

Have kids? Have questions? We're here to help!



Developmental Screenings: Our staff can help with childhood screenings that look at milestones in playing, speaking, behaving, and moving.



Lead Screening:* Learn how to prevent lead poisoning and get your child screened for lead exposure.



Nursing Expertise: Our nurses can support you to give your baby the highest level of care!



Vaccines:* Protect your child with routine vaccines from public health.



Breastfeeding: Get one-on-one support with our lactation specialist.



Car Seat Checks:* Learn the correct way to install a car seat and keep your child safe.



Safe Sleep: Learn how to create a safe sleep environment for your child.



Health and Community Resources: Learn about programs like prenatal health care, WIC, and Head Start.

**EVERY
2ND TUESDAY
1-4 PM
OSHKOSH
112 Otter Ave**

**EVERY
4TH THURSDAY
11 AM-2 PM
NEENAH
211 Commercial St**



**Appointment needed for car seat checks, lead screening, and vaccines. Scan or call to schedule.*

Drop in any time during Parent Resource Hours! All are welcome. Services are FREE!

920-232-3000 / health@winnebagoountywi.gov

WWW.WINNEBAGOPUBLICHEALTH.ORG

Updated 11/23



Career EXCErate | Wisconsin

Personalized Job Training and Support Services to Transform Lives

A collaborative program from Goodwill NCW, Fox Valley Technical College and Rawhide Youth Services



Launch a lasting career!

Career EXCErate Wisconsin is a highly personalized training program offered at no cost to individuals who want to find a career pathway but are struggling and would benefit from individualized support.

Career educational certificate options:

Choose from eight certificate programs that range from approximately two months to two semesters.

Educational and Health Services

- Nursing Assistant
- Early Childhood Teacher Aide

Construction

- Woodworking Technician
- Pipe Trades

Manufacturing

- Welding Fundamentals
- Industrial Manufacturing Technician

Truck Driving and Maintenance

- Professional Truck Driving - Class A and B CDLs
- Heavy-Duty Vehicle Maintenance - Diesel Technology Assistant



Get started or refer someone today!



Complete a short online form at careerEXCEratewi.org

Call: 920-204-7002

Email: careerEXCErateWI@goodwillncw.org



Self-Love Workshops



s.p.a.r.k.

Self-Love WORKSHOPS

Are you ready to ignite your self-love and self-confidence? Join us for a dynamic workshop dedicated to strengthening the most important relationship in your life – the one with yourself.

What's your s.p.a.r.k.?

These 3-hour workshops for women will provide practical strategies to boost self-esteem, develop self-compassion, and cultivate a deeper love for the mind, body, and spirit. Join us for:



Confidence in Motion
Stephanie Pereira da Silva



Eating for Heart & Mind
Kate Harrell



Self-Love Yoga
Stephanie Duwe



Your Self-Care Plan
Katie Jaegly

**JAN
14**

Adults (18+)

1:00-4:00 PM
625 E County Road Y
Oshkosh, WI 54901

**FEB
11**

Young Adults (12-18)

1:00-4:00 PM
625 E County Road Y
Oshkosh, WI 54901

**MAR
3**

Mothers & Daughters

1:00-4:00 PM
625 E County Road Y
Oshkosh, WI 54901



Register today!

Cost: \$10 per participant* | Limited Spaces Available
Sign up today at pdsfusion.org to secure your spot!

*No participant will be turned away due to inability to pay. Contact pdsfusioninc@gmail.com to discuss your options.
An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements. Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service, or activity. For communicative accommodations in languages other than English, please contact oaic@extension.wisc.edu. For communicative accommodations based on a disability, please contact Heather Lipinski Steljes at: heather.steljes@wisc.edu for the public.

What is VITA?

VITA = Volunteer Income Tax Assistance

The Volunteer Income Tax Assistance (VITA) program provides free, quality tax preparation from IRS-certified preparers to individuals and families earning up to \$60,000 annually. Taxpayers who were previously Ineligible for tax credits, and those who do not have a filing requirement, may not realize they need to file a tax return to claim these tax credits. These credits are: Earned Income Credit, Child Tax Credit, and Child Care Credit. Let VITA help you file for free and get all your money.



UW-Oshkosh site: Appointments available from February 5 to March 27, 2024. UW-O offers the VITA program (Volunteer Income Tax Assistance) that provides free basic tax return preparation for low-to-moderate income and elderly taxpayers. The program is run by students and other community volunteers. You can call **920.424.1454** to schedule an appointment.

AARP Free Tax assistance with a special focus on taxpayers who are age 50 years old or older. Call **(920) 215-1040** for an appointment.

OR

- **File online with help:**

- [Go to GetYourRefund.org](https://www.getyourrefund.org) for online tax preparation by IRS-certified preparers OR
- [Go to MyFreeTaxes.com](https://www.myfreetaxes.com) to prepare your own tax return with assistance from IRS-certified preparers

These IRS-certified options are not only free, but also accurate and convenient. How much of your refund is going into *your* pocket this year?



consumerfinance.gov/free-filing-flyer

Alternatives to ACP

The Affordable Connectivity Program (ACP) funds are projected to run out in April 2024. Here are some alternative internet options:

1. **Spectrum Internet Assist** is “an affordable, reliable Internet option for low-income households.” Limited bandwidth, 50 megabytes of download (Standard is 300), and 10 of upload. Prices are estimated at **\$24.99** if you bring your own Router, or **\$32.99** with a Router provided by Spectrum. To qualify for Spectrum Internet Assist, you must be receiving at least one of the following programs:

- National School Lunch Program (NSLP)
- Community Eligibility Provision (CEP) of the NSLP
- Supplemental Security Income (for applications age 65+ only)



2. **Access from AT&T** is “a low cost home internet service available to eligible limited

income AT&T Internet and AT&T Fiber households”. Access from AT&T has a standard cost of **\$30.00 per month**, but based on the application you may be approved for a lower price. If you already have ACP, Access from AT&T may be free. To qualify for Access from AT&T, you must be receiving at least one of the following programs*:

- Supplemental Nutrition Assistance Program (SNAP)
- National School Lunch Program (NSLP)
- Have a household income below 200% of federal poverty guidelines.

*All households that qualify for the Affordable Connectivity Program (ACP) and apply the benefit to AT&T Internet or AT&T Fiber service are also eligible for Access from AT&T.

Next Pop-Up Food Pantry is Saturday, March 16, 2024

491 Old Oregon Road, Oshkosh, Wisconsin 54902

DAYS AND HOURS

3rd Saturday of the Month

Registration begins at 9:30 AM

Food bundles available 9:30-11:00 AM

Hosted by: St. John's Lutheran Church of Nekimi. For a \$25 bundle donation, you will receive \$150+ in groceries.

Ruby's
PANTRY



Breakfast with the Bunny

Sat., March 30
8 am to 11 am

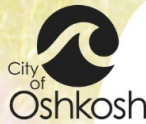
MUST PURCHASE IN ADVANCE

Breakfast Only Pricing
Pancakes, Sausage, OJ, Milk or Coffee
Ages (13 & Older): \$5
Children (2-12yrs): \$3
Infants (1yr & under): FREE



Both Events Located at the
Sunnyview Expo Center
500 E County Rd Y
Oshkosh, WI

**Special Pricing If You
Attend Both Events**
\$9-Youth (13-17yrs)
\$5-Children (2-12yrs)



**Games, Prizes, Egg Hunt,
Bunny Photo Opportunities**



Followed By Bunny in the Barn

Bunny in the Barn Only Pricing
Ages (18 & Older): FREE
Youth (13-17yrs): \$5
Children (2-12yrs): \$3
Infant (1yr & under): FREE

Sat., March 30
11 am to 3 pm

ORDER IN ADVANCE-OR AT GATE

Online and Advance Ticket Sales
March 11 to March 28
Online - oshkoshwi.gov/Parks
Purchase in person at the
Oshkosh Parks Department Office
805 Witzel Ave. (920)236-5080



FOR YOUTH DEVELOPMENT*
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A BOUNCE HOUSE*
BASKETBALL,
ICE SKATING*
SWIMMING
& MORE
20TH AVE ONLY

FREE COMMUNITY NIGHTS

SPECIAL!
Join the Y for fun all year long! Families that join the Oshkosh Y as new members on Community Nights will PAY NO JOINER FEE! That's a savings of up to \$75!

FREE & OPEN TO THE ENTIRE COMMUNITY! 5-7 p.m. SAVE THESE DATES!

JANUARY 13 SPORTS FUN & ACTIVITIES <small>• 20th Avenue •</small>	FEBRUARY 10 FAMILY FITNESS NIGHT <small>• Downtown •</small>	MARCH 23 LET'S GET CRAFTY <small>• 20th Avenue •</small>	APRIL 27 WATER SAFETY & POOL FUN <small>• 20th Avenue •</small>
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OSHKOSH COMMUNITY YMCA www.oshkoshymca.org
DOWNTOWN 236-3380 • 324 Washington Ave. 20TH AVENUE 230-8439 • 3303 W. 20th Ave.



FOR YOUTH DEVELOPMENT*
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MOMS! MEET. MINGLE. RELAX. LEARN.

FREE + OPEN TO ALL MOMS!
Includes FREE CHILD CARE + FREE DINNER for kids and moms.

STRONG MOMS

A FREE community program for moms of all ages, with kids at all stages.
5:30-6 p.m. Dinner
6-7 p.m. Program
You do not need to be a Y member to participate.

Take a break while your kids are cared for, and build a network of friends who "get it."



 JANUARY 11 20 Create a pretty Valentine's Day wreath. Max of 25 participants.	 FEBRUARY 22 20 Join us for a class on easy weekly meal prep. Everyone will take one meal home.	 MARCH 7 20 Paint a cute, summer-themed, hanging wooden cutout. Max of 25 participants.	 <small>Last program until Fall.</small> APRIL 18 20 Cookie decorating and games night. Watch for details.
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TO REGISTER & FOR MORE INFORMATION: contact Taylor Douglas at (920) 230-8920, taylor.douglas@oshkoshymca.org, or visit us on [facebook](https://www.facebook.com/oshkoshymca) or the internet oshkoshymca.org

OSHKOSH COMMUNITY YMCA www.oshkoshymca.org
Downtown 236-3380 324 Washington Avenue • 20th Avenue 230-8439 3303 W. 20th Avenue

WeCOPE Sessions



Managing life’s challenges in healthy ways allows us to take better care of ourselves and others.

WeCOPE is a FREE evidence-based program that helps adults cope with daily stress. WeCOPE has been shown to reduce stress and depression, increase positive affect, and improve health behaviors in randomized trials.

Fridays, 12:00-1:00PM, February 23-March 29 (6 Sessions)

- February 23: WeCOPE Overview, Emotional Awareness
- March 1: Gratitude, Noticing and Savoring Positive Events
- March 8: Everyday Mindfulness, Mindfulness Meditation
- March 15: Positive Reappraisal
- March 22: Self-Compassion, Acts of Kindness
- March 29: Personal Strengths, Attainable Goals

Sign up today for this FREE program!

1 Scan the QR Code
<https://forms.gle/BPhdK5LcTq5DWniw6>



OR

2 Contact Us
 Katie Jaegly
jaegly@wisc.edu
 920-232-1979



After you register, we will share a Zoom link via email.

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements. Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service, or activity. For communicative accommodations in languages other than English, please contact oaic@extension.wisc.edu. For communicative accommodations based on a disability, please contact Heather Lipinski Stelljes at: heather.stelljes@wisc.edu for the public.



Connect Through Tech

Stay Connected to Age Well

One on One Tech Appointments

Programs are designed to improve your digital literacy (all levels of expertise are welcome).

Meet with an instructor one-on-one to tackle a technology problem you may be experiencing. Common issues we deal with—passwords, setting up new devices, navigating Facebook or certain apps, saving pictures, exploring features on your devices, texting, talk features and more. Keep in mind it's not always a "one and done" we will work with you until you are a pro! We are even available to help you purchase and upgrade your devices.

Mondays, March 4, 11, 18, and 25
9 am, 10:15 am, 11:30 am, 12:45 pm

Tuesdays, March 5, 12, 19, and 26
9 am, 10:15 am, 11:30 am, 12:45 pm

Wednesdays, March 6, 13, 20, and 27
9 am, 10:15 am, 11:30 am, 12:45 pm

Thursdays, March 7, 14, 21, and 28
9 am, 10:15 am, 11:30 am, 12:45 pm

Cost: R \$2/NR \$2.75 per class
By Appointment Only 920.232.5301

Wi-Fi Access (S) Cost: FREE

Bring your own device to access the Oshkosh Seniors Center's WiFi. Find a cozy spot in the Great Room, M-F, 8 am to 4 pm, and enjoy the high-speed internet service. No password is required.

One on One with Sandy Toland (S)

Sandy is from the Oshkosh Public Library and can not only answer questions about the library online services, but any other technology challenges you are experiencing.

Mondays, March 4, 11, 18, and 25
9:15 am, 10:30 am, 11:45 am, 1 pm

Cost: R \$2/NR \$2.75 per class
By Appointment Only 920.232.5301



HELP!

HELP Homelessness, Evictions, & Loss Prevention

*Are you struggling with unstable housing? Struggling to keep up on rent/mortgage payments?

*Is your housing instability leading to a possible eviction/foreclosure?

*Have you received a Notice to Vacate by your landlord and are having difficulty finding a new place?

*Do you need assistance getting connected with local community resources?

*If your answer is **yes** to any of these, please reach out as soon as possible to allow HELP time to brainstorm ways to better assist with your housing needs*

Winnebago County Human Services
220 Washington Ave P.O. Box 2187
Oshkosh, WI 54903

Monday-Friday FROM 8 AM - 4:30 PM Walk-In's Welcome
***Appointment preferred**

HELPProgram@winnebagocountywi.gov

HELP On Call Phone
920-509-7629

Winnebago



County



WWBIC Presents

STRONG WOMEN, STRONG COFFEE

Fueled by caffeine & passion, this FREE event will feature a live interview with a strong woman who has achieved success in business or entrepreneurship. The audience will hear her story of success and feel a connection with other strong women on their own journeys, finding inspiration along the way.

Wednesday,
March 27th
9:00 - 10:00 am

Cultivate Taste
520 N Broadway Suite 120,
Green Bay

OUR SPEAKER

JENNIFER NOWICKI



Jennifer Nowicki's early introduction to tea came at her grandmother's knee. In 2005 she enrolled in the Specialty Tea Institute in New York City (Tea Association of the USA) and immersed herself in the world of tea. Jennifer had found her passion and became acquainted with owners of tea estates, tasted teas not available in the United States, and learned from the experts. She is the only Certified Tea Specialist in Wisconsin since 2009 and continues to pursue her education with the Institute. She also has dual degrees in Humanistic Studies & Business Administration.



wwbic.com/trainings

REGISTER ONLINE by Mar. 25

to make check-in quick and easy. You may also register on-site – **walk-ins are welcome!**

QUESTIONS? • Email averhagen@wwbic.com • Call 920-944-2700



PLAN NOW TO ATTEND!

Kiva Loan Application Workshop

You have decided a Kiva loan is right for you and now it is time to apply! Spend an hour with a Kiva Capital Access Manager working on your applications including crafting your stories, visualizing your payment plans, and coming up with crowdfunding strategies.



Register online by Feb. 28 to make check-in quick and easy. You may also register on-site – **walk-ins are welcome!**

Friday,
Mar. 1st

12:00 - 1:00 pm
WWBIC Appleton
1191 N Casaloma Dr.

QUESTIONS?

Call 920-944-2700
Email averhagen@wwbic.com



WWBIC Northeast

wwbic.com/trainings



PLAN NOW TO ATTEND!

Turning your skills into a Business

Are you interested in starting a business, but not sure if you have the skills to start? In this training, we will go through a personal skills assessment, hear from someone who has turned their skills and passions into a business, and the steps they took to turn their dream into a reality.



Register online by Mar. 4 to make check-in quick and easy. You may also register on-site – **walk-ins are welcome!**



QUESTIONS?
Call 920-944-2700
Email averhagen@wwbic.com

WWBIC Northeast

Wednesday,
Mar. 6th

12:00 - 1:30 pm
WWBIC Appleton
1191 N. Casaloma Dr.

wwbic.com/trainings



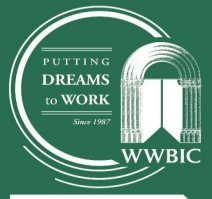
PLAN NOW TO ATTEND!

Is your Business Idea Expandable?

Do you have a hobby, a business idea, or home-based business that you are looking to expand? In this training, an expert facilitator will discuss how to test if your business idea is ready to grow.



Register online by Mar. 18th to make check-in quick and easy. You may also register on-site – **walk-ins are welcome!**



QUESTIONS?
Call 920-944-2700
Email averhagen@wwbic.com

WWBIC Northeast

Wednesday,
Mar. 20th

12:00pm - 1:30pm
WWBIC Appleton
1191 N Casaloma Dr.

wwbic.com/trainings

Recovery in our Community




RECOVERY IN OUR COMMUNITY

**MARCH
13TH
12 PM - 5 PM**

Join us as we bridge the recovery community with the broader community and bring education and awareness about addiction, recovery, and resources available.

- ✓ KEYNOTE SPEAKER: VIN BAKER
- ✓ LOCATION: UWO CULVER CENTER



WE  YOU

Register Today!
weheartyou.org

BREAK THE SILENCE. REDUCE STIGMA. SAVE LIVES.

Parenting Workshops

Family Self Sufficiency

Anger & Emotional Management for Parents



Our children bring us incredible joy. Yet there are times we find ourselves crabby, frustrated or angry with the people we love. Learn how to manage anger to improve your relationships. Learn the five stages of anger & the top ten anger producers. Get to know your own anger, anger style & how to manage it to create a more harmonious home.

Free Childcare Available

Registration Required

Choose One Session from these Three Options:



Online
Thurs, Feb 22 | 12:00-2:00 pm

In-Person in Appleton
Tue, March 19 | 6:00-8:00 pm

Online
Thurs, May 23 | 12:00-2:00 pm

Cost: \$10.00
per person per session

Register Online:

Family Services Website:
www.familyservicesnew.org/parenting-classes

Parent Connection Facebook Events:
www.facebook.com/ParentConnectionWI

Questions?
Contact the Workshop Team at:
workshops@familyservicesnew.org
920-739-4226 ext. 127



Parent Connection is a program of Family Services of Northeast Wisconsin, Inc.
Fox Cities: 1810 Appleton Road, Menasha WI 54952 | (920) 739-4226
Oshkosh: 36 Broad Street, Suite 150, Oshkosh 54901 | (920) 233-6630
Shawano: 607 E. Elizabeth Street, Shawano, WI 54166 | (715) 853-0923
www.familyservicesnew.org/parent-connection



Active Parenting of Preteens & Teens



This workshop is for parents who want to prepare for or are experiencing the changes of teenage development & want to help prepare their preteens & teens to survive & thrive in society.

Topics will include:

Active Parenting, Winning Cooperation, Responsibility & Discipline, Building Courage & Redirecting Misbehavior, Drugs & Sexuality, Violence & Reducing Risks

Join us In-Person
In Appleton

Free Childcare Available
Registration Required

Mondays, March 18, 25 & April 1
6:00-8:00 pm | Cost: \$15.00

Plan to attend all 3 sessions



Register Online:

Family Services Website:
www.familyservicesnew.org/parenting-classes

Parent Connection Facebook Events:
www.facebook.com/ParentConnectionWI

Questions?
Contact the Workshop Team at:
workshops@familyservicesnew.org
920-739-4226 ext. 127



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Oshkosh: 36 Broad Street, Suite 150, Oshkosh 54901 | (920) 233-6630
Shawano: 607 E. Elizabeth Street, Shawano, WI 54166 | (715) 853-0923
www.familyservicesnew.org/parent-connection



Positive Discipline Parenting



This course will talk about discipline as structure, routine, communication & being our children's role models. Build up your children's positive behaviors & sense of self-esteem. We will talk about how we can start Positive Discipline Parenting in our homes today.

Free Childcare Available
for In-Person Sessions

Registration Required

Choose One Session from these Three Options:



Online
Thurs, Feb 29 | 12:00-2:00 pm

In-Person in Appleton
Tue, March 26 | 6:00-8:00 pm

Online
Thurs, May 30 | 12:00-2:00 pm

Cost: \$10.00
per person per session

Register Online:

Family Services Website:
www.familyservicesnew.org/parenting-classes

Parent Connection Facebook Events:
www.facebook.com/ParentConnectionWI

Questions?
Contact the Workshop Team at:
workshops@familyservicesnew.org
920-739-4226 ext. 127



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Oshkosh: 36 Broad Street, Suite 150, Oshkosh 54901 | (920) 233-6630
Shawano: 607 E. Elizabeth Street, Shawano, WI 54166 | (715) 853-0923
www.familyservicesnew.org/parent-connection



Parent & Caregiver Support Group



be kind.

NAMI Fox Valley (National Alliance on Mental Illness)
in collaboration with Parent Connection



Monthly Parent & Caregiver Support Group
for parents and caregivers of school-aged children
with behavioral or mental health challenges

Our Parent & Caregiver Support Group provides participants with a relaxed, trusting and safe environment to share with and support others who can empathize with their experiences. Participants share strategies and coping skills, discover community resources and experience the benefits of mutual compassion.

Join us the 2nd Monday
of Every Month
In-Person - Appleton

Free Childcare Available
Registration Highly Recommended
Walk-Ins are Welcomed

6:00-7:30 pm | Cost: FREE
Jan 8, Feb 12, Mar 11, Apr 8, May 13
Community Early Learning Center (CELC)
313 S. State St., Appleton

Register On-line:
Family Services Website:
www.familyservicesnew.org/parenting-classes
Parent Connection Facebook Events:
www.facebook.com/ParentConnectionWI

For questions about this group
Contact Vivian Flanagan
NAMI Fox Valley Family Program Coordinator
vivian@namifoxvalley.org or (920) 740-3499



Parent Connection Fox Cities: 1810 Appleton Road, Menasha WI 54952 | (920) 739-4226
www.familyservicesnew.org/parent-connection
NAMI Fox Valley: 211 E Franklin St, Appleton, WI 54911 | (920) 954-1550
www.namifoxvalley.org



FSS Connection Meeting

Save the Date!

FSS
CONNECTION
GROUP

A program coordinating committee
for Winnebago County Housing
Authority's Family Self-Sufficiency
Program.

Family Self-Sufficiency (FSS)

Family Self-Sufficiency (FSS)

The graphic features a central yellow trapezoid. Inside the trapezoid, the text 'FSS CONNECTION GROUP' is written in a large, outlined, serif font. Below this, a smaller paragraph describes the group as a program coordinating committee for the Winnebago County Housing Authority's Family Self-Sufficiency Program. At the bottom of the trapezoid is a cartoon illustration of a black pot of gold overflowing with gold coins, with a vibrant rainbow arching over it. The background of the trapezoid is yellow. On either side of the trapezoid, the text 'Family Self-Sufficiency (FSS)' is written vertically in a black, sans-serif font, slanted to follow the shape of the trapezoid.

Date: Monday, March 11, 2024

Time: 9:00 a.m.—10:30 a.m.

Please join me on March 11, 2024 at 9am. Molly Yatso Butz, Executive Director, will be speaking about the good things that are happening at the Day by Day Warming Shelter. Everyone is welcome to come! Let's also share agency updates.

Join the Teams meeting with this link:

