

August 2023

Dream Big!

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



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FSS Program Coordinator
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Dear FSS participants (and community members),

Happy August to you all!

Please wish a Happy August Birthday to Christine, Shemise, Alex, and Kim! I hope your birthdays are fabulous and you are finding a little time to take a step towards your goals.

Check out these events and many more in this August newsletter:

Career EXCErate: Career EXCErate Wisconsin is a training program offered at **no cost** to individuals who want to find a career pathway but are struggling and would benefit from individual support. At the end of the program, you would receive one of **eight certificates** to make yourself more employable and increase your take home pay. Please see page 4 for more information.

Starting Point Program: Are you a young woman looking for direction in the areas of education, employment, self-esteem, and a healthy support system? Or maybe you're a mother of young children looking for a way to provide for your family? If either of these descriptions speak to you, maybe Starting Point is for you. Starting Point is a **free 13 week program** that will empower you in many areas of life and provide a stable learning environment for your children while you learn. I am so excited that Starting Point is **now offered in Oshkosh**. Take a chance and sign up! See page 11-14 for more details. Classes start September 6th!

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy August! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1470 ext. 133.

Your success is my success.

Warm Regards!
Kay Hinton
FSS Coordinator





Rent Smart

Taught by Extension Educators

Helping to make renting a great experience for you!

2023 Summer/Autumn Online Class Dates & Times:

June: 13, 16, 20, 23, 27, 30 @ 9:00AM-10:00AM; Tue/Fri

August: 7, 9, 14, 16, 21, 23 @ 1:00PM-2:00PM; Mon/Wed

September: 12, 15, 19, 22, 26, 29 @ 9:00AM-10:00AM; Tue/Fri

October: 9, 11, 16, 18, 23, 25 @ 7:00PM-8:00PM; Mon/Wed

November: 4, 11, 18 @ 9:00AM-11:30AM; Saturday

December: 4, 7, 11, 14, 18, 21 @ 1:00PM-2:00PM; Mon/Thurs

Location: Online, live instruction via Zoom; links will be sent after registration

To register, use this link OR scan the QR Code:

<https://go.wisc.edu/Rentsmartregister>



Cost: **FREE!**

What you will learn:

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants
- Participants must complete all 6 modules to earn the Rent Smart certificate
- For more information, please contact todd.wenzel@wisc.edu (920-232-1982)

An EEO-Affirmative Action Employer, UW-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and ADA requirements.





Career EXCErate | Wisconsin

Personalized Job Training and Support Services to Transform Lives

A collaborative program from Goodwill NCW, Fox Valley Technical College and Rawhide Youth Services



Launch a lasting career!

Career EXCErate Wisconsin is a highly personalized training program offered at no cost to individuals who want to find a career pathway but are struggling and would benefit from individualized support.

Career educational certificate options:

Choose from eight certificate programs that range from approximately two months to two semesters.

Educational and Health Services

- Nursing Assistant
- Early Childhood Teacher Aide

Construction

- Woodworking Technician
- Pipe Trades

Manufacturing

- Welding Fundamentals
- Industrial Manufacturing Technician

Truck Driving and Maintenance

- Professional Truck Driving - Class A and B CDLs
- Heavy-Duty Vehicle Maintenance - Diesel Technology Assistant

Get started or refer someone today!



Complete a short online form at careerEXCEratewi.org

Call: 920-204-7002

Email: careerEXCErateWI@goodwillncw.org





Yoga at the Leach Amphitheater



BRING SOME SUNSHINE INTO YOUR SOUL AS YOU EXPERIENCE A REJUVENATING YOGA PRACTICE OUTDOORS AT THE LEACH. CLASS IS SUITABLE FOR THOSE WANTING TO TRY YOGA FOR THE FIRST TIME AND ALSO WILL OFFER THE OPPORTUNITY FOR CHALLENGING THE EXPERIENCED YOGI.

Please bring your own mat. Props are not provided. Also suggested: water, sunscreen, hat and blanket.

Class at 5 pm
August 9th
August 23rd
September 13th
September 27th

FREE!

Registration is recommended but not required, please call 920.236-5080.

In the event of inclement weather, class will be canceled.

Details and event updates are available at www.innersunyogastudio.com





Fox Valley Job Center and UMOS Unemployment Insurance Navigator Program partner to assist the community.

UMOS

Unemployment Insurance Navigator Program

Wednesdays

Fox Valley Job Center

1802 Appleton Rd.

Menasha, WI 54952

9:30AM until 3PM

Our Service:

- ✓ Bilingual Services
- ✓ Initial Claims
- ✓ Weekly Claims
- ✓ Appeals
- ✓ Any Questions?

Why Choose Us

The Unemployment Insurance System is intended to provide temporary support to workers when they lose their job, through no fault of their own. Our Navigators, some of whom are bilingual (English/Spanish), will be assisting clients to navigate through the process.

Unable to arrive to the Job Center? Call us to schedule a visit at one of our locations.

FOLLOW US!



Main: 414-377-5004

ui.navigators@umos.org



Keshena	Menomonie	Green Bay	Oshkosh	Wautoma	Milwaukee
N 172 Hwy 47/55 Keshena, WI 54135	401 Technology Dr Menomonie, WI 54751	2640 W. Point Rd Green Bay, WI 54304	300 S. Koeller St Oshkosh, WI 54902	205 E. Main St Wautoma, WI 54982	2701 S. Chase Ave Milwaukee, WI 53207

Equal Opportunity employer and service provider. If you have a disability and need assistance to access services or need information in an alternative format, including language assistance or translation call through Wisconsin Relay Service 711 (800-947-3529).



Looking for a job & dinner? Join us at the
Oshkosh Area Employment Fair & Food Rally!

Tuesday, September 12, 2023

Job Fair 3-6PM / Food served 4-7PM

Sunnyview Expo

500 East County Y, Oshkosh, WI

Companies will be searching for a wide range of talent in a number of industries and occupations.

For a list of registered companies after Sept 1, visit <http://www.foxvalleywork.org/jobfair.html>.

Registration is appreciated but not required at <https://tinyurl.com/2023OshJF>.

Visit at least five company booths and get a free meal token!

Stop by sponsor booths to be entered into a drawing to win debit cards!

Need help to prepare for a job fair? Contact your local job center <http://www.wisconsinjobcenter.org/directory/>.

Sponsored by:



A proud partner of the AmericanJobCenter network

The Fox Valley Workforce Development Board is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please dial 7-1-1 for Wisconsin Relay Service or at 800-947-3529. At no cost, you may request information in an alternate format, including language assistance or translation information to your preferred language by contacting us at (920) 594-3555.

Next Pop-Up Food Pantry is Saturday, August 19th, 2023

491 Old Oregon Road, Oshkosh, Wisconsin 54902

DAYS AND HOURS

3rd Saturday of the Month

Registration begins at 9:30 AM

Food bundles available 9:30-11:00 AM

Hosted by: St. John's Lutheran Church of Nekimi

For a \$25 bundle donation, you will receive \$150+ in groceries. Please bring 2 boxes.



Food Truck Friday

2023 FOOD TRUCK FRIDAY



15 FOOD TRUCKS

*Variety of tasty foods
from Mexican to American
and Asian to Italian!*

RAFFLES ■ BEER ■ SODA ■ WATER

For Purchase

LIVE MUSIC BY



GOT WISCO

*Entertainment
Sponsor*



**FAMILY FUN NIGHT
AT THE PARK!
SOUTH PARK ■ OSHKOSH**

AUGUST 11

4:30–8:30PM

**PLATINUM
PRESENTING SPONSOR**



GOLD SPONSORS



Media Sponsors



GROCERY RAFFLE

***\$100 IN FREE GROCERIES EVERY MONTH - FOR A YEAR!
Red's Piggly Wiggly - Food Truck Friday Sponsor!***

Raffle tickets available for purchase at Red's Piggly Wiggly in Oshkosh and Omro, the Oshkosh Seniors Center, and Food Truck Fridays.

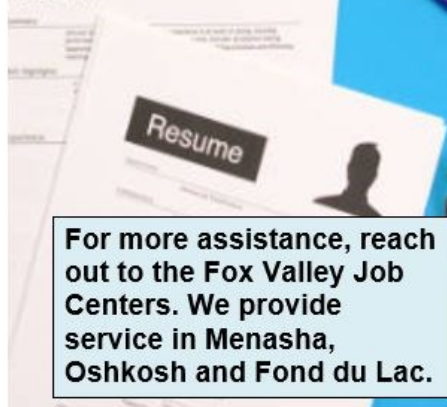


DRAWING AT 7:00 PM ON AUGUST 11, 2023 - AT FOOD TRUCK FRIDAY

Job Tip Tuesday

Resume Series

Resume



For more assistance, reach out to the Fox Valley Job Centers. We provide service in Menasha, Oshkosh and Fond du Lac.



Highlight Hard Skills

Hard skills refer to knowledge and abilities that employees need to perform their job duties effectively. These skills are learned through courses, vocational training and on the job. Make sure to add relevant hard skills to your resume.

Examples:

- Computer skills
- Bilingual Ability
- Forklift
- Marketing
- Research
- Sales
- Management
- MIG/TIG Welding
- Reporting
- Accounts Payable
- Negotiating
- Logistics
- Editing
- Social Media

1802 Appleton Rd. Menasha, WI – (920) 997-3272

A proud partner of the American Job Center network

Job Tip Tuesday

Post Interview Follow-up

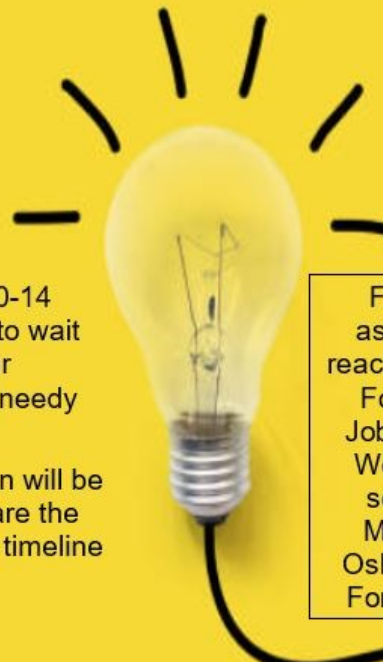
How soon is too soon? It is advised to wait 10-14 days before following up. It's not uncommon to wait for a few weeks before hearing back from your interviewer. Calling often can make you look needy and high maintenance.

If you need to know how long until the decision will be made, ask at the end of the interview. What are the next steps to this process and what does that timeline look like?



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STUDENT PASS PROGRAM

EFFECTIVE SEPTEMBER 1, 2023, STUDENTS WILL BE REQUIRED TO HAVE A NEW FREE GO TRANSIT STUDENT IDENTIFICATION CARD FOR THE 2023 – 2024 SCHOOL YEAR. NO OTHER FORMS OF ID WILL BE VALID FOR THIS PROGRAM FOR STUDENTS IN GRADES 6-12.

- **Students must show an issued Student Bus Pass each time they board the bus.**
- **Pass is void if altered or copied.**
- **Regular fares apply without a valid Student Bus Pass.**
- **Driver and staff reserve the right to refuse service.**
- **Failure to follow GO Transit ridership rules may result in suspension of service.**



PHOTO IDS CAN BE OBTAINED AT THE GO TRANSIT OFFICE:

**926 DEMPSY TRAIL
MON, TUE, THU, FRI (8 AM-4:30 PM)**

**110 PEARL AVE
WED (8:30 AM-3:30 PM)**

QUESTIONS?

Please contact GO Transit for program details at (920) 232-5340 or visit rideGOtransit.org

Starting Point Appleton

FALL 2023

Are you a young woman looking for direction in the areas of education, employment, self-esteem, and a healthy support system? Or maybe you're a mother of young children looking for a way to provide for your family? If either of these descriptions speak to you, maybe Starting Point is for you. Starting Point is a free 13 week program that will empower you in many areas of life and provide a stable learning environment for your children while you learn. The Women's Fund for the Fox Valley Region, B.A.B.E.S., Inc., and Fox Valley Technical College are partnering to offer programming to empower you for your future!



Participant Criteria:

- Primarily Women ages 18 and older, with children or without
- Primarily women with an income level below 200% of the Federal Poverty Guidelines
- Women living in Calumet, Outagamie, Shawano, Waupaca, or Winnebago county

Project Details:

Parent and any child under the age of 5 will attend B.A.B.E.S., Inc. together. School age children under 11 will participate through take home activities. Wednesdays, September 6, 2023 through November 29, 2023 from 11:00 am to 2:00 pm. The last 4 weeks parents will transition to class at Fox Valley Technical College-Appleton Campus while the children remain at B.A.B.E.S., Inc.

Virtual Option



A virtual option will be available Wednesdays, September 6, 2023 through November 29, 2023 from 5:00 pm to 7:30 pm. Childcare is not offered with the virtual version.

"Starting Point has helped me build skills I didn't have and to sharpen skills I already had."

Time Management

Self-Esteem

Goal Setting

Community Resources

Women Will Learn

Empowerment Topics

course runs from 9/6/23 to 11/29/23

"I felt like I had some control over my life and where it was going."

Career Development

Study Skills

Assertiveness

Healthy Relationships



Grants available for moving forward with education without financial stress.



FVTC ID available for free busing on Valley Transit.

Starting Point Appleton

Children Will Learn

Child Development Topics
course runs from 9/6/23 to 11/29/23

Discipline Strategies **Mothers will learn** **Parenting Resources and Referrals**

“Starting Point has helped me plan a way to go back to school and provide for our family.”

“This program has helped me learn all the resources within FVTC, to help as I go back to school. It has even given me the help I need in my personal life.”

- Sharing With Others
- Early Literacy
- Resiliency
- Recognize Feelings and Emotions
- Age Appropriate Activities
- Making Good Choices
- Exploration Through Play
- Listening Skills

Why would I want to take this workshop?

- Free, no cost educational opportunity
- Support System for you and your child
- Direct access to one on one support with FVTC
- All school fees for admission are waived (\$45 value)
- Access to Diapers, Hygiene products, and gas assistance
- Access to free family fun activities
- Give your children a healthy environment to thrive
- Gain support from other parents

“I have really bad anxiety and self-doubt. This program made me feel more comfortable entering a new transition. I wanted to go back to school but did not know where to start or who to ask for help. I feel that now I have a better view on where I want to see my future go.”



Contact Information: Kara Nowak | (920) 735-5722 | kara.nowak7593@fvtc.edu
 To find out if you are eligible and have a staff member contact you, fill out this survey: www.fvtc.edu/StartingPoint

Starting Point Oshkosh

FALL 2023

Are you a young woman looking for direction in the areas of education, employment, self-esteem, and a healthy support system? Or maybe you're a mother of young children looking for a way to provide for your family? If either of these descriptions speak to you, maybe Starting Point is for you. Starting Point is a free 13 week program that will empower you in many areas of life and provide a stable learning environment for your children while you learn. The Oshkosh Community Foundation's Basic Needs Giving Partnership, Oshkosh YMCA, and Fox Valley Technical College are partnering to offer programming to empower you for your future!



Participant Criteria:

- Primarily Women ages 18 and older, with children or without
- Primarily women with an income level below 200% of the Federal Poverty Guidelines
- Women living in Winnebago County

Project Details:

Any child under the age of 5 (not enrolled in school) will attend the YMCA Downtown Child Watch. Saturdays, September 9, 2023 through November 25, 2023 from 9:00 am to 12:00 pm at the Downtown YMCA.

Virtual Option



A virtual option will be available Wednesdays, September 6, 2023 through November 29, 2023 from 5:00 pm to 7:30 pm. Childcare is not offered with the virtual version.

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“I have really bad anxiety and self-doubt. This program made me feel more comfortable entering a new transition. I wanted to go back to school but did not know where to start or who to ask for help. I feel that now I have a better view on where I want to see my future go.”



This is a pilot program, funded by a grant from the Basic Needs Giving Partnership, which is supported by the U.S. Venture Fund for Basic Needs within the Oshkosh Area Community Foundation, the J. J. Keller Foundation, and other community partners.

Contact Information: Kara Nowak | (920) 735-5722 | kara.nowak7593@fvtc.edu
To find out if you are eligible and have a staff member contact you, fill out this survey: www.fvtc.edu/StartingPoint

Parent Education Workshops Summer Schedule 2023



Our workshops are open to anyone with kids in their lives
from infants to toddlers to teens

Potty Training

On Demand | Previously Recorded Video | Cost: Free

Potty training can test your patience & expectations, it can be repetitive, messy & frustrating. But caregivers can help children do this when they are ready! This program helps you look for and prepare for readiness, and talks about ways you can help and support a child in this important milestone in their development.



Special Presentation: Language Development for Children 0-10 Years Old

In-Person - Appleton | Monday, July 24 | 6:00-8:00 pm | Cost: Free

Join us for this special presentation on Children's Language Development and how early language delays affect school participation and performance. Walk away with facts, tips, and resources to keep moving forward.



Active Parenting of Pre-Teens & Teens

In-Person - Appleton | Tuesday, August 1, 8, 15 | 6:00-8:00 pm | Cost: \$15.00

This workshop is for parents who want to prepare for or are experiencing the changes of teenage development and want to help prepare their preteens & teens to survive and thrive in society. **Topics will include:** Active Parenting, Winning Cooperation, Responsibility & Discipline, Building Courage, Redirecting Misbehavior, Drugs & Sexuality, Violence & Reducing Risks.



Baby Basics for New & Expectant Dads

In-Person - Appleton | Monday, August 28 | 6:00-9:00 pm | Cost: \$10.00

Just for dads! This hands-on class will help you learn: handling, feeding, burping, changing & calming a newborn; what to expect in the upcoming months;



Register Online: www.familyservicesnew.org/parenting-classes

Or contact Jen DiMatteo: jdimatteo@familyservicesnew.org (920) 739-4226 ext. 109



Parent Connection is a program of Family Services of Northeast Wisconsin, Inc.

Fox Cities: 1810 Appleton Road, Menasha WI 54952 | (920) 739-4226

Oshkosh: 36 Broad Street, Suite 150, Oshkosh 54901 | (920) 233-6630

Shawano: 607 E. Elizabeth Street, Shawano, WI 54166 | (715) 853-0923

www.familyservicesnew.org/parent-connection



Menasha Mini Job Fair



Menasha Mini JOB FAIR

wisconsinjobcenter.org/events/

FREE ADMISSION

Monday, August 14th, 2023

Menasha Job Center
1802 Appleton Road
Menasha, WI 54952

- Redwood Room -

1:00-3:00 p.m.

Connect with employers from different industries, including:

- Brotoloc
- Energy Services, Inc.
- TC Packaging
- Kwik Trip
- 4Imprint
- UW-Oshkosh

And More!



Participating employers are subject to change

A proud partner of the AmericanJobCenter® network

DWD is an equal opportunity employer and service provider. If you have a disability and need to access this information in an alternate format, or need it translated to another language, please contact (608) 266-2134. For civil rights questions, call (608) 266-6889 or (866) 275-1165 (voice/TTY).

FREE!

BUBBLE BONANZA

Sponsor **GENERAC**

WEDNESDAY, AUGUST 16
1 PM TO 4 PM
MENOMINEE PARK
(NEAR THE TRAIN)