

# Marian Messenger

Volume 11, Issue 10  
October 2022

Marian Manor

600 Merritt Ave. Oshkosh, WI 54901



## COVID Booster and FLU SHOTS to be GIVEN

There are new COVID-19 booster shots from Moderna and Pfizer that target the original strain of COVID-19 and today's most common strains. These updated COVID-19 boosters can both help restore protection that has decreased since previous shots and provide better protection against newer variants of COVID-19. The updated boosters target the most recent Omicron variants that are more contagious and more resistant than earlier strains of the COVID virus. You still need to get the primary series of 2 COVID-19 shots if you didn't get them yet and then get this new booster shot. If you have had other booster shots, you still need to get this new booster shot.

Don't forget about getting a flu (Influenza) shot. Each year a new flu shot is developed based on the types of flu that are expected each year. Remember that the flu shot is needed yearly as it only lasts for a year or less.

Both Influenza and COVID-19 can cause serious illness or death. Also, although you may not be very ill, you can pass the illness onto others and cause serious illness or death to them.



### Flu Vaccination & COVID Booster Clinic

**When:** Tuesday, October 11th

**Time:** 1:30 pm –sign up

**Where:** Activity Room



Sign up on the bulletin board. Once you are signed up I will send you a form for you to fill out and bring with you to your appointment.

Please come at your scheduled time so we can be respectful of social distancing requirements

Flu & Covid vaccinations are provided by Hometown Pharmacy.

League of Women Voters will be registering those that need to update their addresses in order to vote in the next election. They can also assist in obtaining an absentee ballot for anyone that would like one.

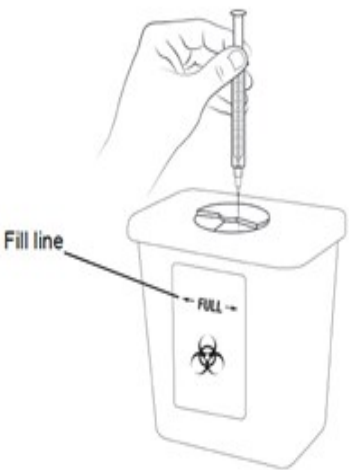
Marian Manor TVLounge

Tuesday, October 11th 10:00 am

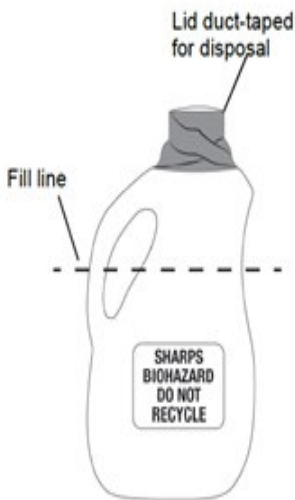
If you have information you would like to submit for the Marian Messenger contact Mary Jo at 920-424-1470 Ext. 136 or email at [maryjos@ohawcha.org](mailto:maryjos@ohawcha.org). Please submit any material by the 20th of the month if you would like your information posted in next month's newsletter.



# USE SHARPS CONTAINERS PLEASE



**Picture 1** Medical-issued sharps container with biohazard symbol.



**Picture 2** Hard plastic laundry detergent bottle and fill line.

Place all needles and other sharps in a sharps disposal container immediately after they have been used. Not in the garbage please. This will reduce the risk of needle sticks, cuts, and punctures to you, children, your pets and the housing staff. Sharps disposal containers should be kept out of reach of children and pets.

## Kinds of Sharps

- Needles and needle connectors with attached or fixed needles
- Syringes
- Lancets/finger pokers
- Auto-injectors (like for insulin)

## Kinds of Home Sharps Containers

- Medical-issue sharps container (Picture 1).
- Heavy-duty plastic laundry detergent bottle (Picture 2)
- Do NOT use milk containers, water bottles, clear plastic containers, glass containers or soda cans.
- Make sure the sharp end, or the pointed end, goes into the container first and is not sticking out of the top of the container.
- Put the cover on tightly

## Where to get Sharps Containers

- Buy at your local pharmacy
- ASK your social service coordinator in your building for a container

## Where to get rid of the Sharps Container

- Bring the sharps container back to the main office in your apartment and give to the social services coordinator.

Do not put in the garbage. Do not put in with recyclables. The nurse takes all sharps containers to the local hospital to be disposed of properly.

**Questions: Ask the Social Service Coordinator or Contact the Housing Nurse at 920-424-1470 ext.124**



Chili Dinner

Chili dinners will be delivered to your apartment after 3:00 pm on Thursday, October 13th.

Cost is \$4.00

Includes Chili with or without noodles, toppings of cheese, sour cream and onions,

Crackers & dessert.

In order to sign up pay at the office by Thursday, October 6th.

Maintenance will be changing filters in your unit on Wednesday, October 12<sup>th</sup>

Beginning at 9:00 am  
on 6<sup>th</sup> Floor North.

You do not need to be present.  
A Notice of Entry slip will  
be left if you are not at home.



# october word search

F F H B S L K C X D Y R Y Z P U M P K I N T G M  
G A D X K P U C A M Z R R K X N I J A E D D T L  
O I L Q E C O T U T K Z W F M B I O G R E X N D  
B D G L L L K O K P J C A E O O V C W R I R X D  
L D F C E E J H K C L H G O F S O G Y T R T R Y  
I M B O T C W Z G Y B T E D M A E R C S S D J V  
N H G S O M W C O Q A C V X W S J Z B O P E S L  
C C C T N I A R W M A Q M L H U Q D H G D K L M  
O A V U Q W W S W F B L I T Q A K G N X V C R Z  
T C D M O L O M K L X I U T F A R C H C T I W Y  
L R E E E R I P M A V K E O D B W U X O L W J K  
M X E S M H C T I W Q M E S Y D J B T U Z S I G  
P L R A N U F N I E T S N E K N A R F O G U F L  
T R I C K O R T R E A T J R L W A M C S R P A A  
W T E T I R I T B Y H J J T C J N O L F A E P N  
U Y D C B R F T K M K G L Z H E F C G R V R P T  
Z E T W E R E W O L V E S R W F Q V S H E N L E  
K A K I A T A F L P Q V I S I X V F U J Y A E R  
B C O B W E B S A P Y H E N U F Y W L Y A T C N  
P R I D C D B O J Y L N E Q H A U N T W R U I R  
F A H F H O C U S P O C U S U A J M P B D R D N  
L M X Q T L W S L B E V G I R N B E L O A A E C  
N R O C Y D N A C S R R C O C T O B E R J L R U  
E J L L E P S Y J M O N S T E R S F R I G H T G

apple cider	bat	bones	boo
broom	candy corn	cobwebs	coffin
costume	eerie	fall	frankenstein
fright	ghost	goblin	graveyard
haunt	hex	hocus pocus	jinx
lantern	mask	monster	october
ogre	potions	pumpkin	scream
skeleton	spell	spooky	supernatural
trick or treat	vampire	werewolves	wicked
witch	witch craft	zombies	

## Medicare Open Enrollment

The Medicare annual election period this year will be from Saturday, October 15th through Wednesday, December 7th. This is the time of the year to compare plans to make sure you have the right health and prescription drug coverage. Plan costs and covered benefits can change from year to year.

During the open enrollment period you can do any of the following:

- Switch from Medicare Part A & B to an Medicare Advantage Plan (Part C)
- Switch from a Medicare Advantage Plan (Plan C) to Medicare Part A & B
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Make changes in your Medicare Prescription Drug Plan (Part D)

Effective date for these changes will be Sunday, January 1, 2021.

This can be a very confusing time of the year for many. Luckily there are a number of resources willing to help.

- You can go online to Medicare.gov or call 1-800-MEDICARE (1-800- 633-4227) 24 hours a day seven days a week.
- Contact Winnebago County Benefit Specialist at 236-4685.
- Set up an appointment to see Mary Jo, Social Services Coordinator at 424-1470 Ext. 136.

This is also a good time to check and see if you qualify for the Extra Help Subsidy. Even if you did not qualify in the past, program guidelines change each year or your own situation may have changed. I strongly encourage you to look at your options before the end of November.



# October 2022

### Marian Manor Staff

**Stacy, Senior Property  
Manager**

**424-1470 Ext. 126**

Monday 8:00 am - 4:30 pm

Tuesday 8:00 am—4:30 pm

Wednesday 8:00 am - 4:30 pm

Thursday 8:00 am- 4:30 pm

Friday By Appointment Only

**Mary Jo, Social Services  
Coordinator**

**424-1470 Ext. 136**

Monday-Thursday \

8:00 am–4:30 pm

Friday 8:00 am– Noon

## Scott, Maintenance

Monday -Thursday

6:30 am-4:30 pm

## Adam, Custodial

Tuesday, Thursday Alternate

Fridays

6:30 am–230 pm

## After Hours Maintenance

**920-966-4235**

### Nurses- 4th Floor Office

**424-1470 Ext 124**

**Lori, Monday, Tuesday, &**

## Alternate Fridays

**Teresa, Wednesday, Thursday**

& alternate Fridays

**Wendy Fromm,**

## Executive Director

424-1450 Ext. 112

## Office Closed for Lunch

**Noon—1:00 pm**

