

October 2022

Dream Big!

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



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Dear FSS participants (and community members),

Happy October!

Whee! After a long and busy summer, our FSS Program can finally say the Updated FSS Action Plan has been approved and we can now start enrolling more people into the FSS program. HUD had made substantial changes to the FSS Program and required all FSS programs to update their FSS Action Plan. Our updated FSS Action Plan was approved by HUD in late September 2022. I have included the many changes on page 14 of this newsletter. If you are a current FSS participant, I will be reaching out to you to update your FSS new contract and talk about all the changes.



Check out these happenings and many more in this October newsletter:

Spread the word about the **Oshkosh Job Fair** on October 12, 2022 from 1pm to 4 pm. Check out page 11 for more details.

Salvation Army Holiday sign up is starting. Lots of time but it goes by too fast. Coats and Toy Store sign up are available online at saoshkosh.org or calling 920-232-7660. Please see page 12 in this newsletter for more information.

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy and Healthy October! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1470 ext. 133 or emailing me at kayh@ohawcha.org.

Your success is my success.

Warm Regards,
Kay Hinton
FSS Coordinator





Rent Smart

Taught by Extension Educators

Helping to make renting a great experience for you!

2022 Upcoming Class Dates & Times:

May: 14 & 21 @ 9:00AM-12:30PM

June: 6, 8, 10, 13, 15, 17 @ 9:00AM-10:00AM

August: 9, 12, 16, 19, 23, 26 @ 9:00AM-10:00AM

September: 13, 15, 20, 22, 27, 29 @ 1:00PM-2:00PM

October: 10, 12, 17, 19, 24, 26 @ 7:00PM-8:00PM

November: 5, 12, 19 @ 9:00AM-11:30AM

Location: Online, live instruction via Zoom; links will be sent after registration

To register, use this link OR scan the QR Code:

<https://go.wisc.edu/Rentsmartregister>



Cost: **FREE!**

What you will learn:

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants
- **Participants must complete all 6 modules to earn the Rent Smart certificate**
- **For more information, please contact todd.wenzel@wisc.edu (920-232-1982) OR amanda.kostman@wisc.edu (262-741-4951)**

An EEO-Affirmative Action Employer, UW-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and ADA requirements.



Active Parenting of Teens™

Parent Connection | Parent Education Workshops

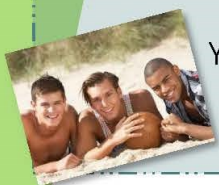


For Parents of Preteens & Teens

These workshops are for parents who want to prepare for or are experiencing the changes of teenage development and want to help prepare their preteens & teens to survive & thrive in society.

The first four dates/topics are the foundation of this program, one leading into the next.

You can register for the dates/topics of most interest to you, or join us for all six!



*Offered as Hybrid
(In-Person & Online)*



Fox Valley

Mondays from 6:00-8:00 pm

Cost: Sliding Fee Scale

1-2 Sessions \$10.00 per person

3-4 Sessions \$15.00 per person

5-6 Sessions \$20.00 per person

Register through Jen DiMatteo

jdimatteo@familyservicesnew.org

(920) 739-4226 ext. 109

- * September 19 – Active Parenting
- * September 26 – Winning Cooperation
- * October 3 – Responsibility & Discipline
- * October 10 – Building Courage & Redirecting Misbehavior
- * October 17 – Drugs & Sexuality
- * October 24 – Violence & Reducing Risks



Parent Connection is a program of Family Services of Northeast Wisconsin, Inc.

Fox Cities: 1810 Appleton Road, Menasha WI 54952 | (920) 739-4226

Oshkosh: 36 Broad Street, Suite 150, Oshkosh 54901 | (920) 233-6630

Shawano: 307 E. Elizabeth Street, Shawano, WI 54166 | (715) 853-0923

www.familyservicesnew.org/parent-connection





Grief Recovery After a Substance Passing

GRASP provides sources of help, compassion, and, most of all, understanding for individuals who have had someone they love die as a result of substance use.

Fox Cities GRASP Chapter

Meets the 3rd Wednesday of each month 6:30 to 8:30 p.m.

in

Oshkosh, WI

There is no cost to attend but pre-registration is required prior to first meeting. For more information or to pre-register, please contact:

Ms. Ashley Krueger (920) 229-1032 or Mr. Jamie Loehnis (920) 858-9654

Email: foxcitiesgrasp@gmail.com



Digital Dangers Event



COME HEAR KEYNOTE SPEAKERS ADDRESS THE TOPICS WE DON'T TALK ABOUT BUT WANT TO KNOW ABOUT!

“PORNOGRAPHY” –WHAT DOES IT LOOK LIKE, WHO DOES IT HARM

Speaker: Terry Reese, a Licensed Professional Counselor, Appleton Based

“SEXTING / SEXTORTION” – WHAT IS IT, HOW DOES IT AFFECT OUR YOUTH

Speaker: Bryan Wright, Founder/Owner of Dynamic Family Solutions

“TRUCKERS AGAINST TRAFFICKING” - PROFESSIONAL DRIVER’S KEY INSIGHTS ON TRAFFICKING

Speakers: Rob Behnke, Director of Truck Driving Programs FVTC

Sean Clements, Transportation Manager, Convenience Transportation / Kwik Trip Inc.

QR scan for Eventbrite

DATE: SATURDAY OCTOBER 8, 2022

LOCATION: FOX VALLEY TECHNICAL COLLEGE

1825 N. BLUEMOUND DR. APPLETON WI 54912

ENTRANCE 16, NORTH PARKING LOT – ROOM 170

TIME: 8 AM – 12 NOON

COST: FREE EVENT – CHECK OUT EVENTBRITE/RESERVE YOUR SPOT

MASK: OPTIONAL

NOTE: DUE TO THE TOPICS, CHILDREN UNDER 12 YEARS OF AGE ARE NOT PERMITTED





LAKELAND CARE

Together, we build better lives.

All Abilities Job & Resource Fair

Wednesday, October 5, 2022

Oshkosh Convention Center

1 N Main Street

Oshkosh, WI 54901

Job seekers with disabilities are invited to meet employers committed to an inclusive workforce and learn more about community resources that help people with disabilities find and keep employment.

Employer/Vendor Welcome: 12:00pm-1:00pm

Job and Resource Fair: 1:00pm-4:00pm

- Human Resources Professionals will be available during the event to assist with resumes, interview prep, and job search tips
- Meet employers who are doing on-site applications and interviews
- Staff will be available for attendees who need additional support and guidance

Contact Brooke Jackson or Jen Philipps for more information:

employment.specialist@lakelandcareinc.com

(920)906-5100 or Toll free 1-877-227-3335 TTY 711

Mini Job Fairs



Mini JOB FAIRS

JobCenterofWisconsin.com/events

FREE ADMISSION

3rd Tuesday of the Month

* Except December 13th 2022

1:00 p.m. – 3:00 p.m.

July 19th – Menasha Job Center

August 16th – Waushara

September 20th – Fond du Lac

October 18th – Menasha Job Center

November 15th – Oshkosh

*December 13th – Menasha Job Center

Participating employers are subject to change



A proud partner of the **AmericanJobCenter**® network

DWD is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please dial 7-1-1 for Wisconsin Relay Service. DWD is an equal opportunity employer and service provider. If you have a disability and need assistance with this information, please dial 7-1-1 for Wisconsin Relay Service. Please contact the Division of Employment and Training at 888-258-9966 and press 6 or the Division of Vocational Rehabilitation at 608-261-0050 or toll-free at 800-442-3477 to request information in an alternate format, including translated to another language.



A free, interesting, interactive class with great information.

YOUTH MENTAL HEALTH FIRST AID

October 8, 2022 8am-4pm

Congregational United Church of Christ

1511 Nicolet Blvd. Neenah

or

November 5, 2022 8am-4pm

NAMI Oshkosh

525 N. Main Street, Oshkosh

YOUTH MENTAL HEALTH FIRST AID IS DESIGNED TO TEACH PARENTS, FAMILY MEMBERS, CAREGIVERS, TEACHERS, SCHOOL STAFF, PEERS, NEIGHBORS, HEALTH & HUMAN SERVICES WORKERS, AND OTHER CARING CITIZENS HOW TO HELP AN ADOLESCENT (AGE 12-18) WHO IS EXPERIENCING A MENTAL HEALTH OR ADDICTIONS CHALLENGE OR IS IN CRISIS.



REGISTER:

Email:

mary@namioshoshkosh.org

Call:

920-651-1148

Taught by Tracy Aliota and Cindy Czarnik-Neimeyer

Class, lunch, snacks and drinks are all free.

Positive Solutions for Families

(Hybrid—Oshkosh)



Choice of in-person Family Wellness Workshop or Online Class

Are you looking for new ways to respond to your child's challenging behaviors?
Do you need ideas on how to help your child follow directions & household rules?

Do you want to create a positive relationship with your child?

This four-week class will help parents learn about and understand where problem behaviors are coming from and ways to encourage appropriate behavior.

Dates: Mondays, Oct 3rd - Oct 24th

In Collaboration with

Time: 6:00—7:30pm Adult Class (offered in-person or online, please indicate your choice during registration)
For in-person attendance only there are 5:30—6:00pm optional Group Meals & programming for registered children during the class.



Location: Oshkosh Boys & Girls Club if in-person

Deadline to Register: noon on Sept 29th

How to Register: free with UWO-Head Start, Oshkosh Boys & Girls Club, your PAT Home Visitor, with approved scholarship, or online with \$15 fee at <https://www.onlineregistrationcenter.com/PositiveSolFall2022>

Host Contact: Jeni Rettler, jrettler@familyservicesnew.org, 920-642-0042



Like us on Facebook for the most up-to-date workshop information at

www.facebook.com/ParentConnectionWI/



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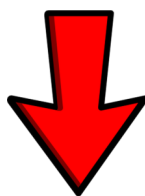
Shawano: 607 E Elizabeth Street, Shawano, WI 54166 | (715) 853-0923



Looking for a job? Look here!

Oshkosh Area Employment Fair

1-4 PM



October 12, 2022

Oshkosh Arena, 1212 S Main St, Oshkosh, WI

Job seekers can expect the companies attending to be searching for a wide range of talent in a number of industries and occupations. For a list of registered companies after October 1, visit <http://www.foxvalleywork.org/jobfair.html> (check back often as companies will still be registering!). Job seekers do not need to pre-register but if you are interested in doing so, register at <https://tinyurl.com/2022OshkoshJF>.

Curious about how to prepare for a job fair or for more information about attending the fair, contact your local job center (for a list of job centers go to <http://www.wisconsinjobcenter.org/directory/>).

Sponsored by:



A proud partner of the AmericanJobCenter network

FVWDB is an Equal Opportunity Employer and Service Provider

Salvation Army Holiday Sign-Up



The Salvation Army - Oshkosh

Seasonal Assistance Program

Sign - Up Information

There will be NO In-Person Sign-Up

Coats For Kids Sign - Up

For Birth - 18 yrs. (school age)

September 1st - October 21st, 2022



To sign - up online go to: saoshkosh.org

Go to Program & Services Page and click on the corresponding link



Toy Store (Toys For Tots) Sign - Up

For Birth - 18 yrs. (school age)

September 1st - November 25th, 2022

To sign - up online go to: saoshkosh.org

Go to Program & Services Page and click on the corresponding link

If no online access, call 920-232-7660

Ext. 14 Al, Ext. 22 Lisa or Ext. 13 Patty

To Register Over The Phone

Prepare for the Job Fair

- Update your Resume
- Practice Your Elevator Speech
- Research the Attending Companies
- Learn Tips for Landing that Next Great Job!

Wednesday, October 5th
1PM-4PM

Oshkosh Public Library
106 Washington Ave
Oshkosh, WI 54901
(920) 236-5203

Mark your calendars for the Oshkosh Job Fair on Oct. 12th at the Oshkosh Arena!
80+ employers for you to meet and discuss your next employment opportunity.



A proud partner of the **americanjobcenter** network

The Fox Valley Job Centers and Local Workforce Partners are Equal Opportunity Employers and Service Providers



Winnebago Detachment #357
Marine Corps League & Auxiliary
CHILI COOKOFF
FUNDRAISER



Everyone is
welcome to enter or
just come and
enjoy the chili!

22 OCTOBER 2-6 PM
WINNEBAGO DETACHMENT #357 MARINE CORPS LEAGUE
TUN TAVERN II
4715 SHERMAN ROAD
OSHKOSH, WISCONSIN

Visit CHILI.WINNEBAGODET357.ORG to enter

What is changing in FSS?



FSS Regulation: FY2022 Final Rule Handout

What has changed in the Family Self Sufficiency program?

1. More participants eligible by including multifamily properties (Cumber Court) in the next grant cycle.
2. More money available by using forfeited money for:
 - a. FSS Coordinator training
 - b. Services to participants ie: car repair, training costs etc.
3. Participant Centered decisions. Requirement to agree with family on....
 - a. Family chooses FSS head of household
 - b. Family chooses other adults with ITSP (Individual training and service plan)
 - c. Agree to Modify contact (ITSP)
 - d. Agree Extensions for good cause
 - e. Agree Maintain Suitable employment
 - f. Agree remove goals to graduate
4. Completion (graduation) is all goals completed and
 - a. Employed last day
 - b. Free of Welfare last day
5. Mandate to terminate with escrow if participant meets criteria (disabled, port, unavailable services)
6. Base Contract of Participation is now 5 years from the next rent calculation after enrollment (as opposed to 5 years from effective date).
7. If family has income disregarded due to EID (earned income disallowance), that income is now included in the baseline.
8. 30% Rule to graduate has been remove. Previously, HCV families would graduate if 30% of their monthly adjusted income is greater than the Fair Market Rent of the unit size they are entitled to. Now families will not graduate with this rule.



The Fox Cities Youth Advocacy Network invites you to:

HIDDEN IN PLAIN SIGHT

Attend this virtual video viewing and discussion to help spot signs of drug use in the home.



Join Zoom Meeting:

October 13, 2022
9:00 - 10:30 AM

<https://zoom.us/join>
OR Phone: 312-626-6799

Meeting ID: 830 6263 6659
Passcode: 4321

COMPASSIONATE CARE

Community Alliance
for TRAUMA-INFORMED CARE
Northeast Wisconsin



Tips for caring for others & ourselves

TOPIC

Take a moment to breathe

There is so much information, change, and turmoil to process right now—it is a lot to take in, even on a good day. Taking time in the day to just “be” helps us do and feel better. These purposeful pauses make us more present, and when we are present we are more available to our work and to the people in our lives.

THINGS TO CONSIDER...

- ✓ You can create moments to breathe almost anywhere, anytime. You don't need hours, or special equipment, or even silence. Next time you are waiting at a stoplight, instead of thinking of your to-do list, pay attention to your breath, slow it down, and clear your mind.
- ✓ Taking a moment to breathe can help you transition into different parts of your life. Even if you are at home all day now, it can be hard to shift from “office” to “home” life. After your work day is done, plant your feet firmly on the ground, focus on your breath, and take note of how your body feels sitting in your chair.
- ✓ Consciously choose how many outside stimuli and distractions you let in your day. If you can, take breaks from technology; make it easier to be present by turning your cell phone ringer and email notifications off for a while.
- ✓ Practice the Norwegian concept of *friluftsliv* [pronounced free-loofts-liv] or roughly translated “open-air living.” Spend time outdoors in all kinds of weather (yes, even snow!) and reconnect with nature. Taking a quiet walk in nature, in tune with your surroundings, promotes inner-calm and happiness.

“SELF-CARE IS GIVING YOURSELF

PERMISSION TO PAUSE.”

– CECILIA TRAN





On Saturday Oct. 15th, the zoo will transition into the 20th Annual Zooloween Boo! It's a big year, and there is a lot to celebrate. This event will be held from 11-3pm. The cost to get in is \$5 for ages 13 and older, \$3 for ages 2-12 years, and children 1 and under are free. Tickets will be available for purchase online beginning October 1 and in person at the Oshkosh Parks Department's temporary office (757 W 3rd Ave, Oshkosh) during regular business hours starting October 3. Families will be able to enjoy Trick-or-Treat stations, games, crafts, entertainment, food trucks and much, much more. All proceeds from this event go to the Menominee Park Zoo to help fund zoo improvements and future events held in the zoo. If you have questions regarding these events, please contact Jenny McCollan, Revenue Facilities Manager, at (920) 232-5319

