Spring is Here

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clover	purple	daffodil	games	planting
strawberry	picnic	baby	lion	lamb
chicks	grow	drip	boots	puddles
thunder	storm	rain	garden	green
prune	grass	nest	birds	butterfly
hunt	lilac	tulip	egg	Easter

Tower Times



Volume 11, Issue 5
May 2022

Court Tower Apartments 100 Court St., Oshkosh, WI 54901



Housing Authority Nurses
Lori and Teresa
Nurse Open Hour Room 405

1st Tuesday of the Month
1PM - 2PM
May 3rd
June 7th
July 5th
August 2nd

Need your blood pressure checked?
Have questions about your medications?
No appointment is necessary on above dates.

Have health related questions?

If you would like to see us on another day please call to make an appointment. 920-424-1470 Extension 124.

Please leave a message if there is no answer as we are out helping others.



The Oshkosh Housing Authority offices will be closed on Monday, May 30, 2022 for the Memorial Day holiday.



Manager's Corner

April showers bring May flowers.... Our May flowers should be abundant with the amount of rain we have seen in April! Brighter skies are ahead and we will soon be able to spend more time outdoors (I feel like I said that last month)... HANG IN THERE! Thank you to everyone for your continued patience during my transition and for working with myself and the rest of the staff to get our team together. It makes a BIG difference! A few things to cover this month:

*No free table at CT. There is no free table at Court Tower Apartments. Please properly recycle your unwanted items or donate them elsewhere. Due to continuing concerns with Covid and bed bug transmission, among other concerns, we are not allowing items to be placed out for "free" for use by other tenants. As well-meaning as it may be intended, we must consider the potential issues it could cause. Please dispose of your unwanted items by placing them in your own garbage or take them for donation to one of the several donation centers in town. If you have large items (furniture, appliances, etc.) that you want/need to get rid of, please contact the office for your options.

*Unauthorized use of HA letterhead

It was recently discovered that someone put a notice up in the elevators regarding "Noise Issues" using our agency letterhead. Under no circumstances should anyone other than staff, be placing notices of any kind around the building without direct permission from management. If you have a complaint, report it to the office.

*Self-treatment of bed bugs

We continue to tackle the bed bug issue within the building. It is VERY IMPORTANT that YOU DO NOT self-treat your units and taking it upon yourself to treat the common areas is strictly prohibited. This creates an immunity with the bugs and actually makes the issue worse as well as the possibility that you create a health issue for another tenant and/or pet. It is against our policy for tenants to self-treat and is considered a lease violation. Please be aware that you could be liable for the expense of a Wil-Kil treatment if you are

MEDICATION DROP-OFF NEW/GUIDELINES

Pharmaceutical waste constitutes a significant environmental risk, especially to our drinking water. Residents in the Fox Valley and surrounding areas can safely dispose of leftover or expired medications free of charge at the designated locations below.

Accepted

Only Prescription and Over the Counter:

Pills

Creams

Ointments

Liquids **Powders**

Inhalers

Pet Medications

Not Accepted

Sharps Needles

Syringes

Biological Waste **Mercury Devices**

Take sharps, needles & lancets to a local emergency room.

For Residents Only. No clinic, hospital or business disposal.

EMPTY ALL PILLS

into sandwich-sized sealable bags

KEEP ALL LIQUIDS, CREAMS & POWDERS

in original containers



RECYCLE

empty pill bottles & paper boxes

DISCARD

all plastic caps in the garbage



DROP OFF

all bags of pills, liquids, creams and powders at designated locations throughout Outagamie, Winnebago and Calumet Counties

SAFE DRUG DROP-OFF LOCATIONS

For more information in your county, please click below.

Calumet County

Calumet County Sheriff's Dept. Appleton Police Dept. Brillion Police Dept. New Holstein Police Dept.

Outagamie County Appleton Police Dept.

New London Police Dept. Seymour Police Dept.

Oshkosh Public Safety Building Neenah Police Dept. Menasha Police Dept. Town of Menasha Police Dept.

Winnebago County

red with funding from Wisconsin Department of Agriculture, Trade and Consumer Protection (DATCP)

Nurse's Notes



It was brought to our attention that medication has been found in our dumpsters. As a reminder this is not proper disposal of your medication. See below for a drug drop off locations. If it is hard for you to get to a drug drop off location just let the Housing Authority nurse know and they will get it to a drop off location for you. Their phone number is 920-424-1470 extension 124.

Proper Disposal

- It is no longer acceptable to flush or throw away medication.
- Recent studies show measurable amounts of medication have been found in drinking water and wildlife due to flushing or throwing away medications.
- Medication strength changes over time and is not typically safe after one year.
- Proper disposal removes the medication from your home in a safe way so that others don't have access to it. Use your local drug drop site.

Submitted by Lori Duclon, RN.

Activation of Cooling Tower/ Air Conditioning

On May 5th, the cooling tower will be activated and you may turn on your air conditioning. If you need help with this, you may submit a work order.

On Tuesday, May 10th, Maintenance will be entering your apartment to change your air filter. You will be provided a notice of entry prior to this.

found to be self-treating your unit. Please help us eliminate this issue by cooperating with this policy as well as following the reminders of what to do if you suspect you have them in your unit. If you need a reminder of what steps to take, please contact the office.

Laurie Koshollek
Property Manager/ Court Tower and Waite Rug
lauriek@ohawcha.org
(920) 303-5400

State Street Center 206 State Street Oshkosh, WI 54901



Monday - Friday 9AM – 3PM

State Street Center is supported by the Winnebago County Department of Human Services. We will be offering free Mental Health and Substance Use Disorder support and resources to adults in a non-clinical, voluntary

8:00 AM
WALKING GROUP
MEET BY FRONT DOOR

9:00 WELCOME ART GROUP

10:00 JOURNALING GROUP

11:00 RECOVERY
SUPPORT GROUP
OPEN DISCUSSION

1:00 GROUP GAMES

2:00 COPING SKILLS GROUP

3:00 PM CLOSED SEE YOU SOON!

Court Tower Staff

Laurie Koshollek: Property Manager

920-303-5400 <u>lauriek@ohawcha.org</u>

Jane Spietz: Social Service Coordinator

920-424-1483 janes@ohawcha.org

Josh Wendt: Maintenance Sally Josephson: Custodian

After Hours On Call Emergencies:

920-966-4235

Nurses Teresa Paulus & Lori Duclon: Call them at 920-424-1470 Ext. 124 to schedule an

appointment.

Nurse Open Hour: 1st Tuesday of the month

1 PM - 2 PM Room 405

Laurie: 920-303-5400 <u>lauriek@ohawcha.org</u>

Jane: 920-424-1483 janes@ohawcha.org

Court Tower Office Hours

Mon. Jane 8 - 4:30 Fri. Jane 11:30 - 1

Laurie 12:30 - 4

Tues. Jane 8 - 12

Laurie 7:30 - 4

Wed. Jane 8 - 12

Laurie 12:30 - 4

Laurie 12:30 - 4

Thurs. Jane 8 - 12

Court Tower Advocap Mealsite 920-420-1994

Court Tower Room Directory

Room 205 - Den

Room 405 - Nurses' Office, Salon

Room 805 - Community Room

Room 1205 - Fitness Room

Court Tower May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 May Day	2	3 NURSE OPEN HOUR 1-2 PM ROOM 405	4	5 Cinco de Mayo CINCO DE	6	7	
8 Mother's Day Happy Mother's Day	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	OHA BOARD MEETING 3:30 PM	24	25	26	27	28	
HOUSING AUTHORITY OFFICES CLOSED ON 5/30/22	30 Memorial Day MEMORIAL DAY	31		32 M	ay		