

November 2021

Dream Big!

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program

Happy
Thanksgiving 

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Oshkosh, Wisconsin 54903
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www.ohawcha.org
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920-424-1470 EXT. 133
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What's Inside:

- November Letter
- Healthcare Training
- Road to Recovery
- Answers to your Business Questions
- Oshkosh Salvation Army Holiday
- Fox Cities Salvation Army Holiday
- Youth, Adult & Dislocated Worker Programs
- Postpartum Wellness Classes
 - Good Stuff to Know!
 - The Parent Connect
- Parent Connection Workshops
 - Winnebago Co. Rent Smart
 - DVR
 - Pumpkin Dessert Recipe

Dear FSS participants and Community Members,

Let's get ready for November!

Please welcome Marc, Carrie and Kina to our FSS program!
Happy November Birthday to Kina!

Father Carr's Thanksgiving Meal : Father Carr's Place 2B will provide a free drive thru meal on Thanksgiving day, Thursday, November 25th. If you would like a meal delivered to your home, please register by calling 920-231-2378.



Christmas Assistance: It is that time of year again when we plan for Christmas when it is not even Halloween! Salvation Army has changed some of their holiday programs. Please see page 6 for Oshkosh Salvation Army details and page 7 for the Fox Cities Salvation Army details.

Daylight Savings Time ends on Sunday, November 7th. Turn your clock back one hour before going to bed on Saturday, November 6th.

Included in this newsletter are 3 great resources for getting that dream job of yours: **Healthcare Training, Road to Recovery, and the Youth, Adult & Dislocated Worker Programs.** Check them out and see how they can help you with education, career planning and financial assistance.

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy November! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1470 ext. 133.

Happy Fall Y'all!

Kay Hinton
FSS Coordinator





INTERESTED IN HEALTHCARE?

We can help you get the training and financial assistance you need
for a passionate career! Talk to us about opportunities in:

- + ADN Registered Nurse
- + Home Health Aide
- + Medical Assistant
- + Medical and Clinical Lab Technician
- + Phlebotomist
- + Substance Abuse Counselor
- + Social and Human Services Assistant
- + Telehealth (certificate only)


CONTACT US

Contact us today to find out if you qualify for financial
assistance to cover tuition, books and more!



Fox Valley Workforce
Development Board, Inc.
1401 McMahon Drive, Suite 200
Neenah, WI 54956
Cell: 920-850-2032

COW
COLLABORATION OF WISCONSIN
RURAL INVESTMENT IN COMMUNITY HEALTHCARE



*"I thought about quitting.
Then I realized who was
watching."*

Road to Recovery

The Road to Recovery Can Lead to A New Career

What's available?

FREE career planning and training!

Test your skills! // Prepare for a job search! //
Get help writing a resume! // Find a career
you'll love!

Financial assistance to help you succeed!

free tuition // books // childcare // transportation //
recovery services

Who's eligible?

Anyone in the Recovery Community!

anyone in recovery from alcohol and drug misuse //
family, friends & allies of those in recovery //
recovery professionals // anyone who has
a personal commitment to recovery

What's the catch?

No catch – there's really no cost!

This free career assistance and support is made
possible with the Support to Communities Grant and
by the Fox Valley Workforce Development Board.

Get started on the road to your new career today!

Call or text Patt Maass at
(715) 697-3051 or email
pmaass@fvwdb.com.

Know someone who
could use career help?

Tell them about **FREE**
Career Planning!



**WORKFORCE DEVELOPMENT
BOARD, INC.**

Building a world class workforce

Fox Valley Workforce Development Board • 1401 McMahon Dr., Ste. 200 • Neenah, WI 54956 • P: 920.997.3272

foxvalleywork.org | dwd.wisconsin.gov | foxvalleyjobcenters.com

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2021 BUSINESS Q&A FALL SERIES - SESSION 4

Join an interactive Zoom discussion to get answers, resources and referrals for your business questions.



REGISTER HERE!

For more information, contact
Jean Cook, jcook@capmail.org.



DATE & TIME

November 4
3:00 - 4:00 pm

BUSINESS TOPICS

Not Another
Bookkeeping Lecture –
Top 10 reasons you need
an accountant

ASK AN EXPERT

Expert: Steve
Rewolinski, VP
Commercial Banking -
Johnson Financial Group

SHARE INSIGHT

Leonard Dawson,
Smokehound BBQ LLC

**GROW
RESULTS!**

capservices.org



The Salvation Army - Oshkosh

Seasonal Assistance Program

Sign - Up Information

There will be NO In-Person Sign-Up

Coats For Kids Sign - Up

For Birth - 18 yrs. (school age)

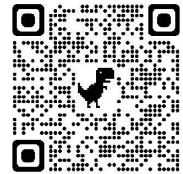
September 15th - October 22nd, 2021

To sign - up online go to: saoshkosh.org

Go to Program & Services Page and click on the corresponding link

OR

Scan QR Code with phone camera & follow link



Toy Store (Toys For Tots) Sign - Up

For Birth - 18 yrs. (school age)

September 15th - November 28th, 2021

To sign - up online go to: saoshkosh.org

Go to Program & Services Page and click on the corresponding link

OR

Scan QR Code with phone camera & follow link



If no online access, call 920-232-7660

Ext. 14 Al, Ext. 22 Lisa or Ext. 13 Patty

To Register Over The Phone



THE SALVATION ARMY FOX CITIES 2021 CHRISTMAS SIGN UP

FOR FOOD, TOYS, ADOPT -A - FAMILY, & COATS FOR KIDS

COATS FOR KIDS

OCTOBER 23, 2021 | 9AM-3PM
NOVEMBER 12, 2021 | 1PM-3:30PM

Coats are available for children ages 17 and under
No pre-registration required for coats



SALVATION ARMY
SOCIAL SERVICES CENTER
130 E NORTH ST.
APPLETON, WI 54911



CHRISTMAS ASSISTANCE REGISTRATION

REGISTER ONLINE NOVEMBER 3 - DECEMBER 3, 2021

Food Baskets, Toys for Tots, or Adopt - A - Family
Households with children ages 17 and under are eligible for Toys for Tots or Adopt a Family.
Adult only households register for a food basket.

GO TO WWW.SAFOXCITIES.ORG
and follow the link under
"Christmas Assistance Programs"



ANGEL TREE

TO APPLY IN PERSON, CALL SALVATION ARMY FRONT DESK AFTER
NOVEMBER 3, 2021 (920)734-3324 TO SET UP AN APPOINTMENT.

Youth, Adult & Dislocated Worker Programs

Are you having trouble finding a job?

Are you considering a new career?

Would you like to go school but can't afford the tuition?

You need a plan. **You need a Career Planner!**

Career Planners will provide you with guidance and opportunities that will put you on the career path that's right for you – their services are FREE!

- **Free help with your resume, cover letter, and personalized interviewing strategies**
- **Free individualized career plan, includes personal assessment, training opportunities and guidance to reach your goals**
- **Funding for**
 - Tuition • Books • Transportation and mileage
 - Childcare • Other support services as needed

Brought to you by Fox Valley Workforce Development Board via the Workforce Innovation Opportunity Act. Funding is based on eligibility and is not guaranteed.

The Fox Valley Workforce Development Board is an equal opportunity, affirmative action employer with funding provided under the Workforce Innovation and Opportunity Act through the State of Wisconsin Department of Workforce Development.

Contact your local Job Center for more information



WORKFORCE DEVELOPMENT BOARD, INC.
Building a world class workforce



A proud partner of the
americanjobcenter
network



Fox Valley Workforce Development Board

1401 McMahon Dr., Ste. 200 • Neenah, WI 54956 • P: 920-594-3655

foxvalleywork.org | dwd.wisconsin.gov | foxvalleyjobcenters.com

REV 1/21

Bella Medical Clinic

Postpartum Wellness Class

Cost - Free



Wednesday, November 10, 2021

10:30am-12pm

This class is for moms and dads who are currently have a child 6-18 months. Come and learn about postpartum and strategies on coping after baby's arrival. Please call or text to register for the class at 920-231-6006. You will receive a gift for attending.

Bella Medical Clinic

Postpartum Wellness Class

Cost - Free



Wednesday, November 3, 2021

10:30am-12pm

This class is for moms and dads who are currently expecting or have a baby newborn – 6 months. Come and learn about postpartum and strategies on coping after baby's arrival. Please call or text to register for the class at 920-231-6006. You will receive a gift for attending.

Hope Fridge Updates

"Take what you need, leave what you can"

Hope Fridge is a volunteer-operated mutual aid project new in Winnebago County. They are popping up all over the country. It is open 24 hours per day, 365 day per year. Getting food requires no paperwork be completed and there are no questions asked. There are two 24-hour fridges – one in Neenah (160 Curtis Ave.) and one in Oshkosh (behind Wagner Market 502 N Main St.) There is also another fridge open in Oshkosh inside Bowen Street Repeats (2837 Bowen St) during their open hours.

Website: www.hopefridge.com

Contact person: Tj Hobbs- tj@hopefridge.com

10-Digit Dialing for ALL Calls

Starting October 24, you must use all 10-digits when placing any phone call, including local dialing. This change effects all of Wisconsin. At this time, everyone should review any automated dialing settings such as fax machine, address books and contact lists on your cell phone. These will need to be updated to include the area code so that they work correctly after October 24th.



ADVOCAP's Senior Friend Participants are looking for a friendship with a volunteer. If you are **18 or older**, enjoy talking with older adults, listening to real life stories, discussing the weather, movies, trips and more, give me a call. ADVOCAP has many older adults in our Nutrition Program as well as other seniors who live alone and are homebound who would enjoy hearing from you. Socialization is so important and key to their wellbeing. Volunteers can change lives by just calling once a week to say, "hello, how are you doing?". We are pretty sure you will find that forming this friendship will give you endless benefits as well. Give me a call at (920)273-5570 and we can talk about the enrollment process and how we match volunteers with participants to form a friendship.

Pat Micka/ADVOCAP Volunteer Development Specialist/Senior Friends & RSVP Programs
(920)273-5570, Thank you for your interest!

Am I eligible for a booster shot?

Who?

If you received a Pfizer or Moderna series:

- > 65 years and older
- > Age 18+ who live in long-term care settings
- > Age 18+ who have underlying medical conditions
- > Age 18+ who work or live in high-risk settings

If you received a J&J vaccine:

- > Age 18+

When?

- > At least 6 months after Pfizer or Moderna
- > At least 2 months after J&J

Which booster shot do I get?

- > You may have a preference, but you can get any booster shot.



FIND OUT MORE AT [CDC.GOV](https://www.cdc.gov) & [VACCINES.GOV](https://www.vaccines.gov)

We now accept SNAP/EBT benefits

**OSHKOSH
FOOD CO-OP**
Everyone's welcome.



IN THE HEART OF OSHKOSH AT
THE CORNER OF JACKSON & PEARL



THE PARENT CONNECT

The Parent Connect is a FREE opportunity for parents and caregivers to talk with each other. Join us via Zoom to learn about resources and gain parenting skills that promote children's growth and learning. Each session, an Extension educator will highlight a different skill and lead a conversation about how parents can guide their children.

Fall 2021 Schedule

6:30pm - 7:30pm

Sept. 23	(Thurs)	Making Choices
Sept. 30	(Thurs)	Human Kind. Be Both
Oct. 7	(Thurs)	Mindfulness
Oct. 14	(Thurs)	I Make a Difference
Nov. 9	(Tues)	What Am I Good At?
Nov. 16	(Tues)	Solving Problems with Other People

*****REGISTRATION REQUIRED*****

<https://forms.gle/x3qvY2Z1u13rrnSA7>

Email: hdr-swvi-educators@office365.wisc.edu for more questions



An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and ADA/504 requirements. Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service or activity.

Parenting to a Child's Temperament

Parent Connection | Parent Workshop



What do parents need to know about theirs & their child's temperament?

Everything! Temperament can help us answer questions & increase understanding about why our children are like they are.

We will talk about how you respond as a parent based on your temperament & how to recognize issues ahead of time, anticipating problems in behavior before they happen.

Online

Wednesday, November 10

Time: 6:00-7:30 pm

Cost: \$5.00 per person



Register On-Line:

Family Services website: www.familyservicesnew.org/parenting-classes

Parent Connection Facebook Events: www.facebook.com/pg/ParentConnectionWI/events

Or contact Jen DiMatteo | jdimatteo@familyservicesnew.org | (920) 739-4226 ext.

Like us on Facebook for the most up-to-date workshop information.
www.facebook.com/ParentConnectionWI



Parent Connection is a program of Family Services of Northeast Wisconsin, Inc.

Fox Cities: 1810 Appleton Road, Menasha WI 54952 | (920) 739-4226

Oshkosh: 36 Broad Street, Suite 150, Oshkosh 54901 | (920) 233-6630

Shawano: 100 County Road B, Shawano, WI 54166 | (715) 853-0923

www.familyservicesnew.org/parent-connection



Positive Discipline

Parent Connection | Parent Workshop



There is a difference between discipline and punishment, and the two should not be confused. This course will talk about discipline as structure and routine, communication and being our children's role models. As parents, we want to build up our children's positive behaviors and sense of self-esteem, not break down all the wonderful aspects of their personalities and opportunities. Let's talk about how we can start Positive Discipline in our homes today!

Choose Between...

Online Date: Wednesday, November 17

Time: 6:00-7:30 pm

In-Person Date: Thursday, November 18

Time: 6:00-8:00 pm

Cost: \$5 per person

Register On-line:

- Website: www.familyservicesnew.org/parenting-classes
- Facebook: <https://www.facebook.com/ParentConnectionWI>, see our Events Page!
- Or contact Jen DiMatteo | jdimatteo@familyservicesnew.org | (920) 739-4226 ext. 109



Like us on Facebook for the most up-to-date workshop information.

www.facebook.com/ParentConnectionWI



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Date: Thursday, Nov 11th

Time: 6:00—8:00pm

Location: Hooper Community Building
36 Broad Street, Oshkosh

Sponsored by



Cost: Free with onsite childcare available until limit is reached

Register: at <https://www.onlineregistrationcenter.com/PosDisciplineNov>

*** COVID-19 safety protocols must be followed during any in-person workshops and events which could include: pre-screening for symptoms & exposure, use of hand washing or hand sanitizer, masking for all vaccinated and unvaccinated ages 5 and up, physical distancing, and restrictions on food & beverage consumption. If public gathering restrictions are put back in place, we would only be able to provide an online adult/parent class. ***

Host Contact: Jeni Rettler | jrettler@familyservicesnew.org | text or call 920-642-0042 (work cell phone)



Like us on Facebook for the most up-to-date workshop information at
www.facebook.com/ParentConnectionWI



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Rent Smart

Taught by Extension Educators

Helping to make renting a great experience for you!

Upcoming Class Dates & Times:

May: 11, 13, 18, 20, 25, 27; 7-8 PM

August: 11, 13, 18, 20, 25, 27; 9-10 AM

September: 7, 9, 14, 16, 21, 23; 7-8 PM

October: 4, 7, 11, 14, 18, 21; 1-2 PM

November: 15, 17, 22, 24, 29, Dec 1; 11 AM-12 PM

Location: Live instruction via Zoom; link sent after registering

To register complete this online form:

<https://go.wisc.edu/Rentsmartregister>

Cost: FREE!

What you will learn:

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants
- **Participants must complete all 6 modules to earn the Rent Smart certificate**
- For more information, please contact rentsmartwi@office365.wisc.edu or call 262-741-4951



In honor of thanksgiving. Sometimes the world around us seems like it's falling apart, and there's little we can do about it. But perhaps we can use some easy tool to make a small difference, and our combined efforts will have an impact. Here is one tool for good that will help you give back without donating a dime. **Give Back Box** How many boxes do you have stacked in the garage? Fill one with items you're no longer using around the house, such as gently used, good quality clothing and shoes. Sponsors like Amazon will cover the shipping costs to let **Give Back Box** find a charity that can sell it to support its mission. Just click at <https://givebackbox.com/works> to register and print a pre-paid label, then drop it in the mail (UPS, USPS or FedEx). Without leaving your house, you've now recycled, de-cluttered and helped a worthy cause.

TOP 10 THINGS YOU SHOULD KNOW ABOUT DVR

1. DVR is here to help you find, keep, or advance in a job.
2. You are eligible for DVR services if you have a disability that makes it hard for you to find, keep, or advance in a job and you need DVR services to overcome disability limitations. After you apply, DVR has 60 days to decide if you are eligible.
3. Information about your DVR case is protected by confidentiality rules. Your counselor will explain those to you.
4. When DVR cannot serve everyone who applies, we use a waiting list called Order of Selection. If you are put on the DVR waiting list, DVR will contact you to begin services.
5. You will work with your counselor to choose an appropriate job goal and the services necessary to reach your goal. DVR will give you the help you need to make informed choices about your services. You and your DVR counselor will agree on an Individualized Plan for Employment.
6. There is no charge to you for most DVR services. You may be required to share the cost of some services, but your counselor will talk to you about any costs before services start.

7. You can contact the Client Assistance Program (CAP) at 800-362-1290 for help if you disagree with a decision that DVR makes. CAP can help explain the DVR process, including why and how decisions are made, and may help you resolve problems. CAP can also explain your appeals options, including your right to request mediation, an informal review, or an impartial hearing.
8. Contact DVR at least once a month – more often if anything changes with your case.
9. Your Individualized Plan for Employment is written to help you reach your goal. Between your meetings with DVR staff, doing the things listed in this employment plan will be your responsibility.
10. Your DVR case will be closed once you have received the necessary services to reach your goal and you have successfully maintained the employment outlined in your job goal. Your counselor will discuss this with you before your case is closed. You can reapply for DVR if something changes in your life and you need DVR employment services again.

Please call Wisconsin Department of Workforce Development Division of Vocational Rehabilitation for more information at: **800-442--3477**

Crunchy Pumpkin Dessert Squares



YUM! This is even better
than pumpkin pie!



Ingredients

- 1 can (30 ounces) pumpkin pie filling
- 1 can (12 ounces) evaporated milk
- 3 eggs
- 1 package yellow cake mix (regular size)
- 2/3 cup chopped pecans
- 1 cup butter, melted

Directions

- 1 In a large bowl, combine the pie filling, milk and eggs; beat on medium speed until smooth. Pour into an ungreased 13x9-in. baking pan. Sprinkle with cake mix and pecans; drizzle with butter.
- 2 Bake at 350° for 60-65 minutes or until a toothpick inserted in the center comes out clean. Cool completely on a wire rack. Garnish with whipped topping. Refrigerate leftovers.

20 servings

