

What You Need to Know About COVID-19 Now

COVID-19 is on the rise again

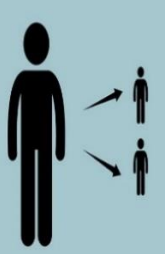

Winnebago County (On 8/19/21)

- 464 COVID-19 cases in the past 2 weeks, a 26% increase from the prior 2 weeks.
- COVID-19 cases have increased each week since our lowest point in mid-June.
- Average number of new cases each day is 40 and climbing.
- Total number of COVID-19 deaths 196.


Current Data from the Wisconsin Department of Health Services (DHS):

- The rate of COVID-19 infection is higher among people who are not fully vaccinated.
- People who were not fully vaccinated were nearly 3 times more likely to test positive and were hospitalized for COVID-19 at a rate almost 4 times higher than not fully vaccinated people.

The Delta variant is more contagious than previous strains—it may cause more than **2x as many infections**

ORIGINAL COVID-19 STRAIN	DELTA VARIANT
	

Vaccines protect you from hospitalization, severe infections, and death

 [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

CS 2021-1A 08/19/21

Delta Variant Causing COVID-19

Viruses constantly change causing changes in the original virus. This new variant (or strain) that causes COVID-19 is called Delta Variant. The original virus was called SARS-CoV-2. Most COVID infections now are caused by the Delta Variant.

The Delta variant causes more infections and spreads faster than the original virus that caused COVID-19. Both vaccinated and unvaccinated can spread it to others.

Data suggests the Delta variant might cause more severe illness than the previous strain in unvaccinated people

The greatest risk of transmission is among unvaccinated people who are much more likely to contract, and therefore transmit the virus.

Fully vaccinated can get the Delta variant as no vaccine is 100% effective. Symptoms usually are milder and last a shorter time than in the unvaccinated.

SYMPTOMS OF COVID-19

Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19. This list does not include all possible symptoms. Call your doctor to discuss:

Fever or chills

Cough

Shortness of breath

Difficulty breathing

Muscle or body aches

Diarrhea

Headache

Sore Throat

Congestion or runny nose

Fatigue

New loss of taste or smell

Nausea or Vomiting

Call 911 If someone is showing any of the following signs:

Trouble breathing

Constant pain/pressure in chest

New confusion

Inability to wake up or stay awake

Pale, gray, or blue-colored skin, lips or nail beds

TOP Things You Should Know

Vaccination provides the best protection against the Delta variant which is highly contagious and is spreading rapidly among people who haven't gotten the vaccine.

At this time, as we build the level of vaccination nationwide, we must also use all the prevention we can, including masking indoors in public places, to stop spreading the disease.

Get tested as recommended. This helps to identify COVID-19, so measures can be taken to prevent spread of the disease.

Vaccinations (Vaccine sites are posted in your building)

Vaccines work by helping your immune system to produce antibodies which fight the virus that causes COVID-19, just like if you were exposed to the disease.

There are 3 different brands of the vaccine: Moderna, Pfizer, and Johnson and Johnson (J&J) All are effective against COVID-19. None of the vaccines contain a live virus so they cannot give you COVID-19

Fully vaccinated means: 2 weeks after your second dose in a 2-dose vaccine (Moderna and Pfizer) or 2 weeks after the one dose vaccine (Johnson and Johnson-J&J)

No vaccine is 100% effective. There can be breakthrough illness if you are vaccinated, but symptoms are milder and less chance of hospitalization and death than unvaccinated.

Issuing an Emergency Use Authorization (EUA) shortened the official process, but did not skip any safety steps. For example, the FDA invited more experts to review than usual. With all hands-on deck, the review process was shortened. The EUA allowed faster public access to vaccines.

Pfizer vaccine has now received full FDA approval. It will now be called Comirnaty



Receive \$100 Visa Gift Card if you get your **First dose** of the COVID-19 vaccine between now and Labor Day Sept 6th

Go to www.dhs.wisconsin.gov/covid-19/100.htm or Call 877-947-2211 or 211.
You may also ask the Social Worker in your building to assist you with this

Additional Dose: People who have weak immune systems may not have developed good immunity with the original doses and are recommended to get an additional dose of Pfizer or Moderna to increase their immune response so they have improved protection against COVID-19. Talk with your health care provider to see if you qualify for this.

A **“Booster Dose”** is a supplemental vaccine dose given to people when the immune response to a primary vaccine series is likely to have decreased over time. Look for information to come soon on this

Fully vaccinated people can:



- Participate in many of the activities that they did before the pandemic; for some of these activities, it is recommended to wear a mask (See below)
- Resume travel in the United States and refrain from testing before or after travel and from self-quarantine after travel.



Masks

Because the Delta variant is so contagious, making people more ill with COVID-19, and because people are still not vaccinated, wearing masks with the following recommendations are needed to stop the spread of this variant.

Many people have the virus but don't know they have it because they have no symptoms. Wearing a mask protects yourself and others and lowers the chance of getting and spreading the virus.

Unvaccinated: Wear a mask at all times when you are around other people. Wear a mask in public places and in crowded outdoor spaces. Best to avoid crowded spaces indoor and outdoor. For the best protection, you should both physical distance and wear a mask.

Vaccinated: Wear a mask in public indoor settings. Consider wearing a mask in crowded outdoor spaces and around the unvaccinated. If you have a chronic disease or bad immune system wear a mask when around others and physically distance.

Who Should Get Tested (Testing places are posted in your building)

Anyone who has symptoms of COVID-19 should test immediately. Stay at home until you receive your test results. Follow the advice given to you when you get your test results.

People who do not have symptoms, but have been around someone that has tested positive for COVID-19:

- People who are fully vaccinated should get tested 3-5 days after being with someone who tested positive with COVID-19. Wear a mask in public indoor settings for 14 days. If you develop symptoms any time during that 14 days get tested immediately. **If you test positive** stay home and follow health department guidelines that will be given to you when you get your results
- People who are not fully vaccinated should stay at home and be tested 3-5 days after being with someone who tested positive with COVID-19. **If negative result**, continue to stay home and monitor for symptoms through day 14. If negative, you can get tested again on day 6–7 and if negative results you can be around others again with a mask on and continue to monitor for symptoms through day 14. If you get symptoms at any time, get tested immediately. **If you test positive** stay home and follow health department guidelines that will be given to you when you get your results

Further Questions:

General COVID-19 information: www.co.winnebago.wi.us/health

Vaccine site and information: www.wcvaccine.org

COVID-19 Information Hotline Mon-Fri 8am-4pm Call: 232-3026