

Hamilton History Word Search

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A Q R E O F J E F F E R S O N M T D W A
K O A R S D L O N Y E R A I R A M R R S
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J S P E G G Y M A R R I A G E W F P B V
L S T A O B K I N G S C O L L E G E I U

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| ALEXANDER | ANGELICA | BANK |
| BOAT | BURR | CONCORD |
| CONFEDERATION | CONSTITUTION | CONVENTION |
| DEBT | DUEL | ELECTION |
| ELIZABETH | ENGLAND | FEDERALISTPAPERS |
| HAMILTON | JEFFERSON | KINGSCOLLEGE |
| LEXINGTON | LIBERTY | LOYALISTS |
| MARIAREYNOLDS | MARRIAGE | NEVIS |
| NEWENGLAND | NEWYORK | PATRIOTS |
| PEGGY | REDCOATS | REVOLUTION |
| SCHUYLER | TARANDFEATHER | TREASURY |
| TRINITYCHURCHYARD | WASHINGTON | WHISKEYREBELLION |



Tower Times



Volume 10, Issue 7
July 2021

Court Tower Apartments 100 Court St., Oshkosh, WI 54901

DO YOUR PART.
PROTECT AGAINST COVID-19.



WALK-IN
WEDNESDAY
VACCINE CLINIC

SUNNYVIEW EXPO CENTER
500 E CTY RD Y, OSHKOSH
1:00 PM - 6:00 PM
EVERY WEDNESDAY

FREE COVID-19 VACCINE. NO APPOINTMENT,
IDENTIFICATION OR INSURANCE REQUIRED.

Visit www.wcvaccine.org for information on the type of
vaccine administered, any age restrictions and additional
vaccine locations in the area.

For free transportation, call 'Make the Ride Happen'
at 920-225-1719.

WWW.WCVACCINE.ORG
COVID-19 HOTLINE: 920-232-3026



Public Health
Prevent. Promote. Protect.
Winnebago County
Health Department

EQUAL HOUSING
OPPORTUNITY

Manager's Corner

- The Main Door is now open from 7am – 5pm, Monday – Friday.
- We are opening the library and fitness room. Limit of 2 people per room. We will have cleaning product out for use of the fitness equipment. Please spray and wipe down after using the equipment.
- **Smoking outside:** Just wanted to provide a reminder about the appropriate areas to smoke outside of the building. You must be 50 feet from Court Tower Apartments as well as any of the Housing Authority owned buildings shared within the property. Smoking is NOT allowed inside any HA building or apartment.
- **Gazebo:** We are scheduling repairs to be done on the gazebo. As soon as the repairs are complete, we will open it up to all tenants.
- **Masks:** We have lifted the mask mandate as follows: If you have been vaccinated, no mask is needed. If you are NOT vaccinated, you must wear a mask in all common areas.
- **Waterfest Parking:** A big thank you to our volunteers for working so hard to earn extra money for the recreation fund that supports social activities around the properties.
- **Garbage:** Please DO NOT throw cat litter down the garbage chute. The bags break open and we have a mess to clean up. Bring them down and throw in the garbage.
- **Fireworks:** All fireworks that shoot or explode are illegal in Oshkosh. Fireworks have the potential to be very dangerous, including to our residents, neighbors, and housing facilities. In addition, fireworks are very disruptive to the neighborhood, and their use is considered a violation of the dwelling lease. As a result, HA residents are not permitted to utilize any fireworks on HA property. Usage on the street near your home is also prohibited per the lease agreement which prohibits disruptive behavior that adversely impacts your neighbors.

Lora Southworth, Property Manager, Court Tower & Waite Rug Place
Office: 920-303-5400 Fax: 920-424-7649 Email: loras@ohawcha.org

- **Sunscreen**
Put on broad spectrum that blocks both UVA and UVB rays and has an SPF of 15 or higher before you go outside. Sunscreen is not recommended for babies who are 6 months old or younger. And remember, sunscreen works best when combined with other options.
SPF. Sunscreens are assigned a *sun protection factor* (SPF), which is a number that rates how well they block UV rays. Higher numbers indicate more protection. You should use a broad spectrum sunscreen with SPF of 15 or higher.
Reapplication. Sunscreen wears off. Put it on again if you stay out in the sun for more than 2 hours and after swimming, sweating, or toweling off.
Expiration date. Check the sunscreen's expiration date. Sunscreen without an expiration date has a shelf life of no more than 3 years. Its shelf life is shorter if it has been exposed to high temperatures.

Submitted by Lori Duclon, R.N.

Housing Authority Holiday Office Hours



The Housing Authority Offices will be closed on Monday, July 5 in observance of Independence Day. Wishing everyone a fun, safe holiday!

River East Neighborhood Rummage Sale - July 17, 2021

The River East Neighborhood Association is having a Neighborhood Rummage Sale on July 17th from 8a-4p. They are hoping to generate traffic to all sales by having them on the same day.

They are collecting addresses so that they can compile a list of all sales for their advertising. If you don't have space at your house for a sale, there are limited tables available at Copper Hall at 203 Otter Ave. These are available on a first come, first served basis. You will be able to set up your items using our tables and run your own sale in the parking lot.

Call Jennifer Ruetten at 920-231-3114 for more information.

Nurses' Notes:

Exposure to ultraviolet (UV) rays causes most cases of melanoma, the deadliest kind of skin cancer. To lower your skin cancer risk, protect your skin from the sun and avoid indoor tanning.

Summer is full of outdoor activities. Sun protection is important all year round, and it's best to use several different kinds. You probably put sunscreen on when you go out. But do you know you should protect your skin with more than just sunscreen anytime you're outside?



How To Protect Your Skin From the Sun

- **Shade**

You can reduce your risk of sun damage and skin cancer by staying in the shade under an umbrella, tree, or other shelter. Your best bet to protect your skin is to use sunscreen or wear protective clothing when you're outside — even when you're in the shade.

- **Clothing**

When possible, wear long-sleeved shirts and long pants and skirts, which can provide protection from UV rays. If wearing this type of clothing isn't practical, try to wear a T-shirt or a beach cover-up. Clothes made from tightly woven fabric offer the best protection. Darker colors may offer more protection than lighter colors.

- **Hat**

For the most protection, wear a hat that has a brim all the way around that shades your face, ears, and the back of your neck. A tightly woven fabric, such as canvas, works best to protect your skin from UV rays. Avoid straw hats with holes that let sunlight through. If you wear a baseball cap, you should also protect your ears and the back of your neck by wearing clothing that covers those areas, using sunscreen, or staying in the shade.

- **Sunglasses**

Sunglasses protect your eyes from UV rays and reduce the risk of cataracts. They also protect the tender skin around your eyes from sun exposure. Sunglasses that block both UVA and UVB rays offer the best protection.



Press Release: 6.17.21

Contacts:

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Board Chair/SNAP Program
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(920) 379-5556

Manager Michelle Schmid-Schultz
Market Manager
manager@osfmi.com
(920) 509-1830

New EBT Match Program at the Oshkosh Farmers Market

Residents of the City of Oshkosh who are participants of the SNAP/EBT Food Assistance Program will have the opportunity to match their benefits up to \$20 in market tokens at each farmers market thanks to a City of Oshkosh Community Development Block Grant. The new Match-20 program will be available starting at the June 26 Oshkosh Farmers Market. To qualify for the Match 20 program, SNAP/EBT clients are required to register and certify they are city of Oshkosh residents.

Non-city residents or those not wishing to register for the Match 20 program can still utilize the Bonus 10 Food Bucks program, which has been offered since 2015. This program provides a match of ten dollars in market tokens for SNAP/EBT clients. The Bonus 10 program has been funded and is supported by the Oshkosh Rotary Club and the Carl Ives Fund at the Oshkosh Area Community Foundation.

Both the Bonus 10 and Match 20 programs are designed to encourage healthy food choice options purchased at the market. SNAP/EBT clients can participate in the Bonus 10 Program and the Match 20 Program once at each market. The Oshkosh Farmers market program is the only local program that offers SNAP clients the opportunity to double their Food Share dollars.

Oshkosh Farmers Market Board Chair Michael Cooney commented that "The Bonus 10 Food Bucks program has dramatically increased EBT utilization at the Oshkosh Saturday Farmers Market and doubled the purchasing power of the clients' EBT funds. The increased spending has additionally supported local farm vendors and helped the market earn recognition as one of the top farmers markets in the country."

Court Tower Staff
Lora Southworth: Property Manager
 920-303-5400 loras@ohawcha.org
Jane Spietz: Social Service Coordinator
 920-424-1483 janas@ohawcha.org
Josh Wendt: Maintenance
Linda Breitzman: Housekeeping
After Hours On Call Emergencies
 920-966-4235
Nurses Teresa Paulus & Lori Duclo: Call them at 920-424-1470 Ext. 124 to schedule an appointment.
Nurse Open Hour: cancelled until further

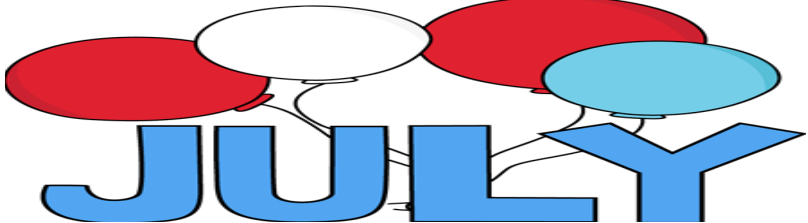



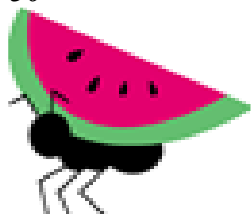


Court Tower Office Hours
 Hours or services may differ due to COVID-19.
 All of Lora and Jane’s phone calls are being forwarded to our work cellular phones which are on us all of the time.
 Lora: 920-303-5400 loras@ohawcha.org
 Jane: 920-424-1483 janas@ohawcha.org

Court Tower Mealsite
 920-420-1994

Court Tower Room Directory
 Room 205 - Den
 Room 405 - Nurses’ Office, Salon
 Room 805 - Community Room
 Room 1205 - Fitness Room

Court Tower July 2021

Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 
4 <i>Independence Day</i> 	5 HOUSING AUTHORITY OFFICES CLOSED	6	7 BUG DAY 4TH FLOOR	8	9
10	11	12	13	14	15
16	17	18	19	20	21 
22	23	24	25	26 VIRTUAL OHA BOARD MEETING 3:30 PM	27
28	29	30 	31		