

A Publication of Oshkosh/ Winnebago County Housing Authority's Family Self Sufficiency Program

Hello E

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Dear FSS participants and Community Members,



"The poppy flower only grows in the absence of other flowers and only in ground that has been churned. In perhaps the best known poem of World War I, when Dr. John McCrae observed poppies growing between the crosses on the soldier's graves, it inspired him to write the poem *In Flanders Fields*. The poppy has since become known as "The Flower of Remembrance" and is worn in memory of our veterans. Let's share the poppy in remembrance of the veterans as well as the active service members and wishing you a beautiful Memorial Day weekend." See you in June! While you are waiting for summer to begin, check out these cool events in the area:

Mark your calendars: **FSS Connection Group Meeting on June 14, 2021 at 9 am.** Oshkosh Kids Foundation will be talking about their organization and what they have planned for the near future. See page 3 for more information. All are welcome!

Oshkosh Back To School Fair: The Back to School Fair will be changing this year. We will be limiting contact with family and friends but we will continue to provide school supplies, hygiene, shoes and clothing. I am taking referrals so please give me a call if you want to sign up. 920-424-1470 ext 133. See page 7 for more information.

Back to School Fundraiser: Come support the BTSF by eating at the Oshkosh Culver's on Westowne on June 8th from 11am– 2 pm and 5 pm-7 pm. 10% of your order will support the BTSF which gives school supplies, clothing, shoes, and hygiene products to low income students grades K-12th. More information on page 8.

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy and Healthy June! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1470 ext. 133 or emailing me at kayh@ohawcha.org. Your success is my success.

Warm Regards, Kay Hinton FSS Coordinator

Save the Date!



Date: Monday, June 14, 2021

Time: 9:00 a.m.—10:30 a.m.

Julie Dumke or Will Deppiesse will be talking about the Oshkosh Kids Foundation and what they are doing to help families. Everyone is welcome to attend!

Let's also share agency updates. Come join us as we learn more at:

Join Zoom Meeting

https://zoom.us/j/96301804575

Meeting ID: 963 0180 4575

One tap mobile

+13126266799,,96301804575# US (Chicago)

Emotional CPR



Experiencing emotional crisis is universal; all people experience it sometime during their life. In 2020, conditions existed to dramatically increase feelings of anxiety, depression, fear and uncertainty. Whether it was COVID precautions, unemployment, financial instability, schooling children from home, social isolation or the collective trauma of living in a world that is no longer predictable, increasing capacity of emotional supports to meet this need is urgent.

Emotional CPR (eCPR) is a community education program, much like CPR, that can be taught and utilized through organizations, with individuals, and integrated into communities.

"This training gave me the value of sensitivity of another's emotions and life struggles. How it feels from someone else's perspective, especially reaching out for help and support."

eCPR is a community education program that teaches people how to support another person experiencing emotional crisis. People who use eCPR report that it becomes a way of life and strengthens their relationships with family, friends, coworkers, and community members.

"This training has helped me to better connect with those I'm trying to support and allows myself to be supported in return."

Emotional CPR builds stronger communities. The eCPR training is trauma-informed, culturally-attuned and has broad application to be integrated into all facets of every day life.

"The information and skills will forever be a part of my toolkit.

They'll accompany me when I need them most during any
emotional crisis in my personal or professional worlds."

"This is a life skill, there is no area of my life which will not be impacted by Emotional CPR. Very useful!"



VIRTUAL INTRODUCTORY WORKSHOP DATES

| Тни, 2/18 | 1-3:00 PM |
|-----------|------------|
| Tue, 3/9 | 9-11:00 AM |
| Тни, 3/18 | 1-3:00 PM |
| Tue, 4/13 | 9-11:00 AM |
| Тни, 4/15 | 6-8:00 PM |
| TUE, 5/11 | 9-11:00 AM |
| Тни, 5/20 | 1-3:00 PM |
| Tue, 6/8 | 9-11:00 AM |
| Тни, 6/17 | 1-3:00 PM |
| TUE, 7/13 | 9-11:00 AM |
| Тни, 7/15 | 6-8:00 PM |

These FREE opportunities are presented by LEAVEN with support from area funders.

To reserve a spot,
please email
ecprevents@gmail.com
or register online at:
https://dandalliance.wildapricot.org/

Where can I get the COVID-19 vaccine?

- 1 Visit www.wcvaccine.org for a list of locations within Winnebago County where you can vaccinated.
- Reach out to your healthcare provider or local pharmacy.



Scan me with your phone's camera!



- Visit www.vaccine.gov to search for locations near you.
- Call the Winnebago County Health
 Department at 920-232-3026 for help in
 finding a vaccine location or scheduling an
 appointment.

The COVID-19 vaccine is FREE.

No identification or insurance required.

For free transportation, call 'Make the Ride Happen' at 920-225-1719.



Work at a place that's FRESH&NEW

Attend our hiring events

Wed., May 26

I Iam - 2pm 4pm - 7pm

Wed. June 2

I lam - 2pm 4pm - 7pm

Sat., June 5

10am - 12pm

Chamber of Commerce Building 120 Jackson Street, Oshkosh

You're invited to join our team where people and food are given the respect they deserve.

Where cooperation, inclusion and community are celebrated.

We will screen applicants for:

Managerial positions like Produce Manager, Front-end Manager, Kitchen Manager and entry level positions like sales associate and produce stocker.

oshkoshfoodcoop.com



a member-owned community grocery store

AT THE CORNER OF JACKSON & PEARL IN CENTRAL OSHKOSH

Everyone's welcome.











Back to School Fair Referrals Available

As the school year is winding down, community partners are organizing resources for the 2021-2022 Back to School Fair. The BTSF is August 11th, 12th and 13th, 2021. To determine the quantity of school supplies, hygiene products, and clothing needed, the Oshkosh Community and Neenah/Menasha Back to School Fairs are looking for referrals to be completed and returned as soon as possible.

<u>Please submit a request in writing</u> for assistance with school supplies and include the following questions answered:

Parent Name

Address

Phone number

Cell phone number

Email Address

Children's Names

Genders

Grade 2021-2022 school year

Name of school attending

Clothing and shoe sizes



Upon receipt of this information, the Housing Authority will complete a referral sheet and contact you with follow up questions that you may need to answer about your household.

Please submit your written requests with information about each child you are requesting assistance for by:

Friday, July 2nd, 2021

Referrals are limited by first come, first serve so please submit your request as early as you're able.

If you have any other questions regarding the Back to School Fair, please contact Kay at (920) 424-1450, ext. 133.



COME SUPPORT THE BACK TO SCHOOL FAIR

BRING THIS SHEET WITH YOU TO THE CULVER'S ON WESTOWNE ON **June 8th**, **2021** DURING THE HOURS OF

11AM-2PM AND 5PM-7PM.

10% of your order will support

the Back to School Fair which gives school supplies, clothing, shoes and hygiene products to low income students grades K-12.

Culver's Westowne location by Oshkosh Menard's.

(PS: If you misplace this flyer, you can also mention the BTSF and they will still give us 10%!)



| Order | Total | | |
|--------|-------------|--|--|
| CITUEL | 1 () 1 (11. | | |

NAMI FREE Courses

NAMI will be offering virtual Peer & Family Education Courses starting in June.

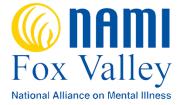
NAMI Peer-to-Peer is a free, 8-session education course that focuses on mental-health recovery and is for any individual with a mental-health condition. The course provides participants with comprehensive information on mental illnesses and teaches strategies for personal and interpersonal awareness, coping skills, and self care.

Upcoming Virtual Peer-to-Peer: Thursdays, June 10-July 29, 2021

6:00-8:00 PM

Held via Zoom. For more information and interest form:

https://www.namifoxvalley.org/p2p/



NAMI Family-to-Family is a free, 8-session educational program for family, significant others and friends of people living with a mental-health condition. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental-health condition.

Upcoming Virtual Family-to-Family:

Tuesdays, June 8-July 27, 2021

6:00-8:30 PM

Held via Zoom. For more information and interest form:

https://www.namifoxvalley.org/f2f/







Upcoming Class Dates & Times:

May: 11, 13, 18, 20, 25, 27; 7-8 PM

August: 11, 13, 18, 20, 25, 27; 9-10 AM **September:** 7, 9, 14, 16, 21, 23; 7-8 PM

October: 4, 7, 11, 14, 18, 21; 1-2 PM

November: 15, 17, 22, 24, 29, Dec 1; 11 AM-12 PM

Location: Live instruction via Zoom; link sent after registering

To register complete this online form:

https://go.wisc.edu/Rentsmartregister

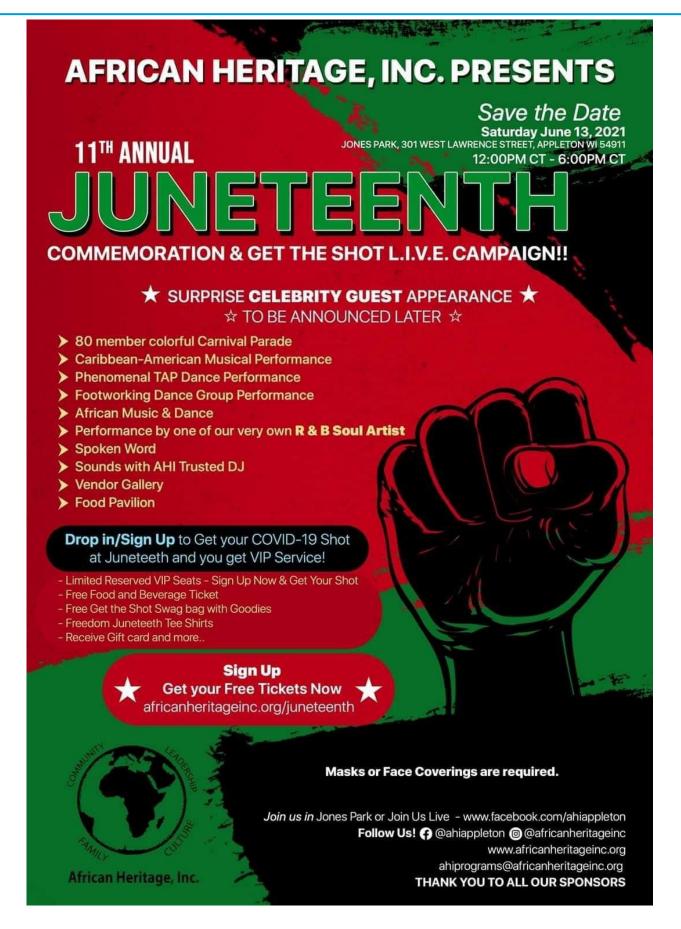
Cost: FREE!

What you will learn:

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants
- Participants must complete all 6 modules to earn the Rent Smart certificate
- For more information, please contact rentsmartwi@office365.wisc.edu or call 262-741-4951

An EEO-Affirmative Action Employer, UW-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and ADA requirements.





Teen Summer Programming



Register at the Boys & Girls Club of Oshkosh

Cost: \$10/wk. per Teen (\$25 annual membership fee required)

Hours: Monday - Friday, 6:30 a.m. - 5:30 p.m.

- Ages: 13 18
- Tuesdays & Thursdays teens will walk to the Downtown YMCA or be bussed to the 20th Ave. YMCA for programming
- Field trips on Fridays!
- Includes: breakfast, lunch, and snack
- Max enrollment: 50 teens

Questions: Contact Liz Karlovich, Teen Center Director 920.233.1414 ext. 112 or elizabethk@bgcosh.org

Let's Get This Potty Started



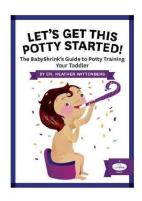
Parent Connection | Parent Workshop

Potty training can test your patience & expectations. It can be repetitive, messy & frustrating. But you can do this! Let's talk about how you can have a potty-trained kid.



Previously Recorded On-Line Class

(75 minutes) FREE



Register On-Line:

Family Services website: www.familyservicesnew.org/parenting-classes Parent Connection Facebook Events: www.facebook.com/pg/ ParentConnectionWI/events

OR contact Jen DiMatteo | jdimatteo@familyservicesnew.org | (920) 739-4226 ext. 109



Like us on Facebook for the most up-to-date workshop information. Www.facebook.com/ParentConnectionWI



Parent Connection is a program of Family Services of Northeast Wisconsin, Inc. Fox Cities: 1810 Appleton Road, Menasha WI 54952 | (920) 739-4226 Oshkosh: 36 Broad Street, Suite 150, Oshkosh 54901 | (920) 233-6630 Shawano: 100 County Road B, Shawano, WI 54166 | (715) 853-0923 www.familyservicesnew.org/parent-connection

WERA Rental Assistance



Wisconsin Emergency Rental Assistance Program

What Kind of Help is Available?



Utility and Home Energy Payments



Rent Payments



Services to help you stay in your home

Eligible households may receive up to 12 months of assistance to help with current and/or overdue bills.

Does My Household Qualify?

Your household may qualify if at least one or more individuals in your home meet the following:

- 1) Qualifies for unemployment or has experienced a reduction in household income, experienced major costs, or experienced financial struggles due to COVID-19:
- 2) Demonstrates a risk of being evicted or losing your home; and,
- 3) Has a household income at or below 80 percent of the county median. You may received assistance even if





Want to Apply?

Information about the Wisconsin Emergency Rental Assistance Program, including how to apply for assistance, is available in two convenient ways:

Your Local Community Action Agency

Visit: wiscap.org/wera

Energy Services, Inc.

Call: 1-833-900-9372 or Email: support@wera.help

Wisconsin Emergency Rental Assistance Program is administered by the Wisconsin Department of Administration

Winnebago County residents: Call ADVOCAP at 920-426-0150.







Free Summer Bowling Pass! Just Sign Up!

Free Bowling For June, July, & August!

Introducing Free Summer Bowling Available to Graduating High School Seniors & Younger Passes Valid Wednesday, and Friday: 11AM to 8PM Tuesday, Thursday, and Saturday 3PM to 8PM.



How to get your pass this year...

Get A Pocket Card to keep with you all summer:

- Fill out the form below and bring to Revs between May 24th & June 30th during normal business hours. This form MUST BE FILLED OUT COMPLETELY for each person to get a pass. Each card is valid for 2 games of regular bowling and shoe rental during the program (dates and times may change due to events).

- To help verify identity and prevent duplication of cards you must bring one of the following forms of identification for the student:

for the student:

- a current school ID
- current report card or home school verification current yearbook with your picture
- Cost free passes will be given out starting May 24th and ending June 30th during normal business hours. The pass is intended for you only, if it is given to anyone else to use, it will be taken away and you will not be able to get a replacement.
- Additional Add-On's

- 3rd Game (Optional) Bowl 3 games everyday instead of 2 for a one time fee of \$12.95.

- Adult Add-On - (Optional) For a one time fee of only \$24.95, one adult family member will be able to bowl with your child. You must have a child participating in the free program to receive this offer. A stamp will be added to your child's card and will be good for 2 games. Add a third game to an Adult Card for just \$12.95 more.

Revs ~ 275 N Washburn St - Oshkosh, WI 54904 (920)426-5445 ~ bowlrevs.com Don't forget your current school ID, current report card or a current yearbook with your picture. Boy Girl Name Address Age City State Phone E-mail PLEASE PRINT School Birth Date DO NOT (Attending Fall of 2018) RETURN BY MAIL Redeem at Revs beginning May 24th and ending June 30th, during normal business hours.

Einstein's Sandbox





TINKER | CREATE | LEARN



Einstein's Sandbox is a mobile creativity lab that will be visiting city parks in Green Bay, Appleton & Oshkosh this summer.

Bring your creativity, we'll bring the rest!

Join us for FREE thanks to our sponsors...



Mielke Family Foundation, Inc.









Wisconsin Public Service Foundation

