

# Marian Messenger

Volume 10, Issue 5

May 2021

Marian Manor

600 Merritt Ave. Oshkosh, WI 54901



Housing Offices will be closed  
on Monday, May 31st in  
observation of Memorial Day.

## Red & Yellow Tag

If you are not in contact with friends or family on a daily basis you may want to consider being a part of the Red/Yellow Tag program during this time. A floor leader will check on your apartment to see if your tag is out or not at 9 am and 9 pm daily. If you have questions and want to know more about this program contact Mary Jo at 920-424-1470 Ext. 136



We have a limited number of cloth masks in the office, come by to pick one up.

Many people have been asking about when the common areas will be opening up. There is no date planned in the immediate future for opening up common areas. We are being advised by our Housing Nurses and they look into such factors as to what percent of the local community has been vaccinated as well as current number of COVID Cases. When we have a date we will make sure everyone knows.

## Goodbye Note from Su van Houwelingen – Executive Director



It is with great excitement and a little sadness that I am writing this note to all of our wonderful tenants letting you know that my last day will be June 1, 2021 as I move on to retirement, or as I like to call it “repurposing myself.” For over 20 years, I have enjoyed coming to work every day knowing the mission of this agency is providing homes for all of you. I wish I could say goodbye in person, but unfortunately due to this crazy pandemic we are in, it is just not possible. What am I going to do with my time, you ask. Well for starters, I am going to spend a lot more time with my family, mostly the grandchildren. Peter and I have children and grandchildren on the east coast, west coast, lower Michigan and in Neenah/Menasha. I’ll be spending more time in Door County at our trailer. I plan to also transition into some other meaningful role, whether volunteer or paid. I just can’t sit around, it is not in my nature.

I will miss all you and my work family staff at the Housing Authority. I ask that you keep me in your thoughts and/or prayers as I transition into the next chapter of my life.

**If you have information you would like to submit for the Marian Messenger contact Mary Jo at 920-424-1470 Ext. 136 or email at [maryjos@ohawcha.org](mailto:maryjos@ohawcha.org). Please submit any material by the 20th of the month if you would like your information posted in next month’s newsletter.**





## Housing Authority Nursing Services

The Housing Authority Nurse provides services to help residents improve their health and to help them remain in their independent living apartment as long as possible. The role of the Nurse includes the following services. There is no cost to the residents.

Visits in your apartment or nurse's office. One time or multiple visits.

Visits to monitor health problems (i.e. blood pressures, blood sugars, weights, etc)

Health crises checks and follow-up which may include 911 calls.

Medication set-up and monitoring when other services are not available.

Check on your safety and follow-up to meet safety needs.

Follow-up on hospitalization or nursing home placement with Discharge Planner to communicate concerns or assist in coordination of care to return home.

Assist to get medical equipment.

Referrals to other healthcare resources.

Help find affordable medical, dental, mental health care.

Assist in understanding instructions from healthcare provider.

Help prepare for tests, surgery.

Provide health information in monthly newsletter.

Health teaching to individual residents and to groups at resident meetings.

Work closely with the Housing Authority Social Workers to meet needs of residents.

Work with community resources: Healthcare providers, families, guardians, ADRC, Lakeland, Community Care and Home Care Agencies etc. to meet needs of residents.

Sharps container program for resident's used needles and lancets.

Assist with proper disposal of old or no longer needed medications.

Buildings served: Marian Manor, Court Tower, Raulf Place and Waite Apts. in Oshkosh; Fox View Manor in Omro; and Riverside Apts. in Winneconne.

Contact: Lori Duclon, RN available on Mondays & Tuesday  
Teresa Paulus, RN available on Wednesdays, Thursdays & Fridays

Office Number: 424-1470 ext. 124 Mon-Fri 8 am-4 pm

Or let Mary Jo know you would like to see the nurse



National Nurses Week is celebrated May 6th –12th. Take some time to THANK our nurses for all that they do. Our nurses have done a great job in dealing with the COVID-19 situation and are greatly appreciated. The nurses have provided cloth masks in the office stop by if you need a mask, remember to wash them often.

NOW IS THE PERFECT TIME TO GET TO YOUR SPRING CLEANING DONE

Make a to-do list, then divide and conquer—

Start with a wish list of all the things at home you want to scrub, wash or tidy up. You'll figure out what's feasible later, but for now, shoot for the moon.

Try not to clean the whole apartment at once. Find a cleaning routine that spreads the work out over the day, week or month is much more productive and keeps the apartment clean most of the time versus having to do a full apartment clean in a hurry when you can't stand it anymore or when someone is coming over.

Coming up with a calendar for different tasks might also help make things less daunting. Starting by wiping counters, vacuuming, running a few loads of laundry, putting away clutter and making your bed. Once that's taken care of, try splitting different chores into different days:

- **Monday:** Bathroom day.
- **Tuesday:** Dusting day.
- **Wednesday:** Vacuuming day.
- **Thursday:** Floor washing day.
- **Friday:** Catch up on anything from the previous days you didn't get to.
- **Saturday:** Sheets and towels day.
- **Sunday:** Relax and Enjoy your day.

I would also suggest adding this to your cleaning schedule.

- Week 1: Organize Bedroom Closet
- Week 2: Organize Nightstands/Dresser Drawers
- Week 3: Organize Bathroom Closets
- Week 4: Organize Kitchen Cupboards
- Week 5: Clean Out Refrigerator & Freezer
- Week 6: Organize Entry and Hallway Closets

Continue to fill out work orders as items in your apartment need repair.



BIKE STORAGE



If your bike is being stored in the Marian Manor garage and you would like it put in the bike rack bring your lock to the office. Reminder bikes are not to be stored in your apartment. This includes bikes that your guests may bring in. Bike racks are located by the Marian Manor parking lot entrance and by the garage.



# MAY

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## Marian Manor Staff

**Stacy, Senior Property  
Manager**

**424-1470 Ext. 126**

Monday 8:00 am - 4:30 pm

Tuesday 8:00 am—4:30 pm

Wednesday 8:00 am - 4:30 pm

Thursday 8:00 am- 4:30 pm

Friday By Appointment Only

**Mary Jo, Social Services**

**Coordinator**

**424-1470 Ext. 136**

Monday-Thursday \

8:30 am—4:30 pm

Friday 8:00 am— Noon

**Bob, Maintenance**

Monday -Thursday

7:00 am-4:30 pm

**Roger, Custodial**

Monday—Thursday

6:30 am—3:30 pm

Friday 6:30 am—12:30 pm

**After Hours Maintenance**

**920-966-4235**

**Nurses- 4th Floor Office**

**424-1470 Ext 124**

**Lori, Monday, Tuesday,**

**Teresa, Wednesday, Thursday  
& Fridays**

**Su van Houwelingen,**

**Executive Director**

**424-1450 Ext. 112**

**Office Closed for Lunch**

**Noon—1:00 pm**

**Housing Offices Close  
at Noon on Fridays**

Sun Mon Tue Wed Thur Fri Sat



2 3 4 5 6 7 8

2:00 pm  
Fire Alarm  
Testing

9 10 11 12 13 14 15



Bug Day  
Apts 201-  
210

16 17 18 19 20 21 22

23 24 25 26 27 28 29

3:30 pm  
OHA  
Board  
Meeting



30 31 Offices  
Closed

