

Marian Messenger

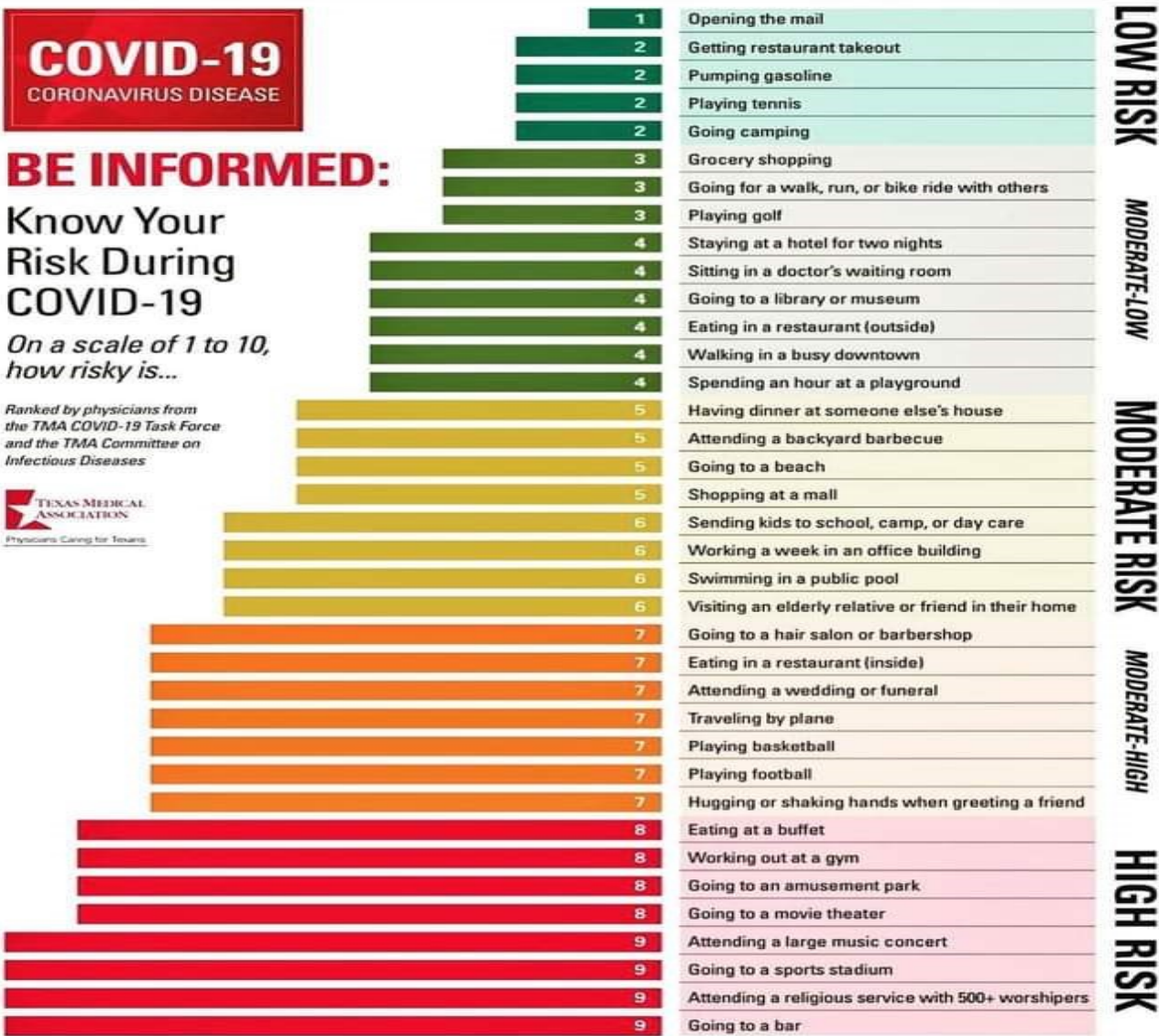
Volume 10, Issue 1
January 2021

Marian Manor

600 Merritt Ave. Oshkosh, WI 54901



We hope you all enjoyed your stocking. It is just a small way for us to show that we appreciate all of you. We know 2020 has been a difficult year and we appreciate everyone doing their part in keeping our Marian Manor community safe & healthy. My son enjoyed filling and delivering the stockings.



With there being no holiday party last month we would like offer a broasted chicken dinner from Jeff's on Rugby. If you would like a meal delivered to your door please return the bottom half of this page before Monday, January 11th. Meals will be delivered on Monday, January 18th between 11 am & Noon. Please be home to receive your meal.

Yes I would like a chicken dinner-

Name(s): _____ Apartment # _____



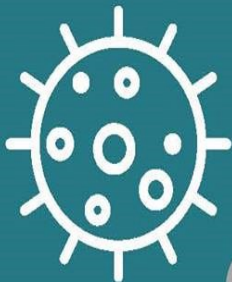
Chicken
DINNER

If you have information you would like to submit for the Marian Messenger contact Mary Jo at 920-424-1470 Ext. 136 or email at maryjos@ohawcha.org. Please submit any material by the 20th of the month if you would like your information posted in next month's newsletter.



Great Reference—so you know how many days to Quarantine or Isolate for if exposed to COVID-19 or in close contact to someone that has been exposed. Call Teresa, RN 424-1470 Ext. 124 or Mary Jo 424-1470 Ext. 136.

COVID-19 positive or exposed



WHEN CAN I BE AROUND OTHERS AGAIN?

Close Contact and Quarantine SCENARIO 1

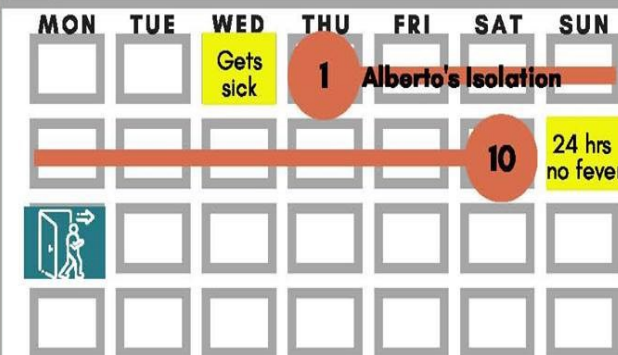
Sasha's partner gets sick on Monday and isolates in a separate room. Sasha feels well, but she was in close contact with her partner until Monday so she needs to quarantine for 14 days.



Sasha never has symptoms. Quarantine ends after day 14.

Isolation with Lingering Symptoms SCENARIO 2

Alberto gets sick on Wednesday and has a fever and cough for ten days. He cannot end isolation until it's been ten days and he's fever-free for 24 hours.



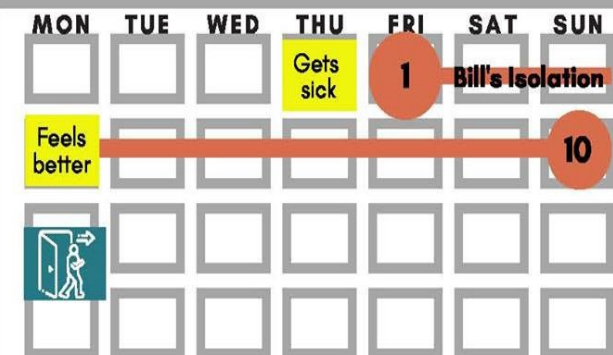
Alberto isolates the ten days plus one extra day.

Isolation- for people with symptoms or a positive COVID-19 test.
Quarantine- for people who are well but who are close contacts of (i.e. exposed to) someone who is ill.
Close contact- someone who was within 6 feet of a person who is sick for 15 minutes or more (can be cumulative) within a 24-hour period. This can be anytime during the sick person's isolation or two days before the person got sick. This is regardless of face mask use.

LET'S HELP STOP THE SPREAD OF CORONAVIRUS

Isolation with Brief Illness SCENARIO 3

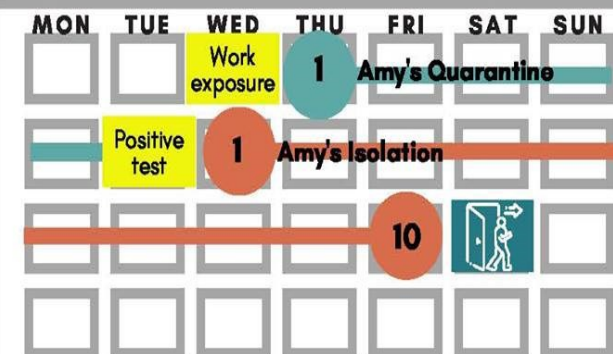
Bill gets sick on Thursday. He feels better and his fever ends on Monday. Even though he seems well earlier, he still must isolate for a full ten days since his symptoms started.



Bill's isolation ends after ten days.

Asymptomatic Case SCENARIO 4

Amy's co-worker tested positive for COVID-19. Amy began to quarantine and decided to get tested after 5 days even though she never felt sick. Her test comes back positive.



The positive test starts isolation since Amy is asymptomatic.

Household Quarantine and Isolation SCENARIO 5

Tom's son, Jake, was exposed at school. Jake quarantines for 4 days and gets sick. Now, Jake isolates and Tom quarantines. Tom cares for Jake. He is exposed until Jake's isolation ends.



Tom's quarantine starts as soon as Jake gets sick, but the 14 day count starts after Tom's last exposure to Jake.

Face Shield vs Masks

CDC **does not** recommend using face shields or goggles as a substitute for masks. However using a face shield with a mask is effective. Do NOT put a plastic face shield (or a mask) on newborns or infants.

Face shields and goggles are primarily used to protect the eyes of the person wearing it. Goggles do not cover the nose and mouth. Face shields have large gaps below and alongside the face, where your respiratory droplets may escape and reach others around you. At this time, we do not know how much protection a face shield provides to people around you.

However, wearing a mask may not be possible in every situation for some people. If you must wear a face shield instead of a mask:

Choose a face shield that wraps around the sides of your face and extends below your chin or a hooded face shield. This is based on the limited available data that suggest these types of face shields are better at preventing spray of respiratory droplets.

Wash your hands before and after removing the face shield. Avoid touching your eyes, nose, and mouth when removing it.

Clean and disinfect reusable face shields according to the manufacturer's instructions or by following [CDC face shield cleaning instructions](#). (info on back) If you use a disposable face shield, wear it once and throw it away according to the manufacturer's instructions.

Adhere to recommended manufacturer instructions for cleaning and disinfection.

Reusable shields [should be cleaned and disinfected](#) after each use, the CDC says. Face shield wearers should also wash their hands before and after removing the shield and avoid touching their eyes, nose and mouth when removing it.

When manufacturer instructions for cleaning and disinfection are unavailable, such as for single use disposable face shields, consider:

While wearing gloves, carefully wipe the *inside followed by the outside* of the face shield using a clean cloth saturated with neutral detergent solution or cleaner wipe.

Carefully wipe the *outside* of the face shield using a wipe or clean cloth saturated with EPA-registered hospital disinfectant solution.

Wipe the outside of face shield with clean water or alcohol to remove residue.

Fully dry (air dry or use clean absorbent towels).

Remove gloves and perform hand hygiene.

Source: Center for Disease Control (Center for Disease Control)



JANUARY 2021

Marian Manor Staff

**Stacy, Senior Property
Manager**

424-1470 Ext. 126

Monday 8:00 am - 4:30 pm

Tuesday 8:00 am—4:30 pm

Wednesday 8:00 am - 4:30 pm

Thursday 8:00 am- 4:30 pm

Friday By Appointment Only

**Mary Jo, Social Services
Coordinator**

424-1470 Ext. 136

Monday-Thursday \

8:30 am–4:30 pm

Friday 8:00 am– Noon

Bob, Maintenance

Monday -Thursday

7:00 am-4:30 pm

Friday 7:00 am- 11:00 am

Roger, Custodial

Monday, Tuesday, Thursday

6:00 am - 2:30 pm

Friday 6:00 am—Noon

After Hours Maintenance
920-966-4235

Nurses- 4th Floor Office

424-1470 Ext 124

**Lori, Monday, Tuesday, &
alternate Fridays**

**Teresa, Wednesday, Thursday
& alternate Fridays**

Su van Houwelingen,



Executive Director

424-1450 Ext. 112

Office Closed for Lunch

Noon—1:00 pm

Housing Offices Close at Noon on Fridays

Sun	Mon	Tue	Wed	Thur	Fri	Sat
					1 New Year's Day Offices Closed	2
3	4	5	6 Fire Alarm Testing 2:00 pm	7	8	9
10	11	12 Bug Day Apt. #'s 601-610	13	14	15	16
17	18 MLK Day 	19	20	21	22	23
24/31	25 3:30 pm OHA Board Meeting	26	27	28	29	30 