

Fall Word Search



ACORN
APPLE
AUTUMN
CHESTNUTS
CHILLY
CIDER
COBWEB
FALL
FOOTBALL
GOURD

HALLOWEEN
HARVEST
HAY BALE
HAYRIDE
LEAVES
MAIZE
NOVEMBER
NUTS
OCTOBER
PUMPKIN

QUILT
RAKE
SCARECROW
SEPTEMBER
SLEET
THANKSGIVING



© 2014 puzzles-to-print.com

Tower Times



Volume 9, Issue 10
October 2020

Court Tower Apartments 100 Court St., Oshkosh, WI 54901

General Election Tuesday, November 3, 2020 - Polls are open from 7 AM - 8 PM
Court Tower residents vote at Trinity Evangelical Lutheran Church
370 Bowen St., Oshkosh WI 54901

How do I register to vote?

- *Online, at **Myvote.wi.gov** or by mail with paper application. Deadline is October 14.
- *At your local clerk's office
- *At the polls on Election Day. Bring proof of residence and photo ID.

How do I vote?

- *Absentee, by mail
- *Early voting at your clerk's office
- *At the polls on November

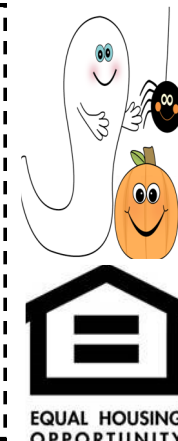
How do I vote Absentee?

- *Request absentee ballot form at **Myvote.wi.gov**
- *Or, contact your local clerk and request ballot be mailed to you.
- *Complete the absentee ballot following the directions carefully.
- *With a witness present, insert ballot into envelope. You sign in the designated space on the envelope, as does your witness, who also includes their address.
- *Return your ballot as soon as possible by mail or at the secure drop box at City Hall.

Source: Winnebago County League of Women Voters

IN THIS ISSUE:

- 1 General Election November 3, 2020
- Newsletter Submissions
- 2 Flu Shot Clinic at Court Tower
- Manager's Corner
- 3 Recipe
- 4 Calendar
- 5 Regional COVID-19 Testing Site
- 6 Medicare Open Enrollment Period
- 7 Word Search



Newsletter Submissions

If you have any articles or ideas that you would like to share, please contact Jane Spietz at 920-424-1483 or janes@ohawcha.org.

Submissions to the newsletter should be received by the 20th of the month.





Flu Shot Clinic for Court Tower Residents

There will be a flu shot clinic for Court Tower residents on Thursday, October 8, 2020 from 9:00 - 10:30 AM in the Theater.

Registered Pharmacist Jenni Villeneuve will be here to administer flu and pneumonia shots to any interested residents.

Masks must be worn in all common areas of the building. Physical distancing and sanitary techniques will be followed during the flu shot clinic.

Call Social Service Coordinator Jane Spietz at 920-424-1483 if you would like to sign up to receive a flu or pneumonia shot on Thursday, October 8, 2020 from 9:00 – 10:30 AM.

Manager's Corner

Masking and Social Distancing

Residents are still to be masking up and social distancing at the building. Some of you do this better than others. Everyone please do your part in this. Masking and social distance do have an impact on the spread of Covid-19. Please be an active part of the solution.

Filter Change

Maintenance will enter your unit to replace the filter that is housed on your heating and cooling unit located near the front entry of your apartment on October 14, 2020 between 9:00 am - 3:00 pm. Please make sure nothing is blocking the furnace door. These filters will be replaced 2-4 times a year. Maintenance will be in and out of your unit in less than five minutes.

Bob Poeschl, Property Manager, Court Tower & Waite Rug Place
Office: 920-303-5400 Fax: 920-424-7649 Email: bobp@ohawcha.org

Additional information:

- Testing is free.
- Pre-registration is highly encouraged.
- Testing is available to any Wisconsin resident with symptoms of COVID-19.
- Antibody testing is not available.
- No appointment is needed.
- Drive or walk through testing.
- A doctor's referral is not required.
- Members of the Wisconsin Army National Guard will conduct the testing.
- Language translators will be available.
- Minors must be accompanied by a parent or guardian who can consent to the testing.
- While you are waiting for your test results, it is important that you limit contact with others to prevent spread of the virus should you test positive.
- Test results should be received via email and/or phone call within three to seven business days.

Looking for your test results?

If you've been waiting more than 5 days for your results or you need a copy of your results, call the Wisconsin COVID-19 Results Line: 1-866-419-6988 Monday-Friday 8 AM – 6 PM.

The Results Line only provides test results for COVID-19 testing performed at National Guard testing sites in Wisconsin.

Once you call, you'll need to provide:

1. The date of your test
2. The National Guard testing site you visited
3. Your name
4. Your date of birth

Please wait to call the Results Line until 5 days after your test. If you call before the 5-day mark, they cannot guarantee your results will be ready.

Medicare Open Enrollment Period

Every year, Medicare's open enrollment period is **October 15 - December 7**.

Medicare health and drug plans can make changes each year - things like cost, coverage, and what providers and pharmacies are in their networks. October 15 to December 7 is when all people with Medicare can change their Medicare health plans and prescription drug coverage for the following year to better meet their needs. Information for next year's plans will be available beginning in October.

Call 1-800-MEDICARE, go to [Medicare.gov](https://www.medicare.gov) or contact Jane at 920- 424-1483 to find Medicare plan information or to compare plans.

COVID-19 Regional Testing Site

Location: Sunnyview Expo Center
500 E County Road Y
Oshkosh WI 54901

Hours: Monday - Friday 10 am - 6pm
Saturday 8AM - 4 PM
Sunday Closed

On Monday, Oct. 14, the site will close at 4:00 p.m.

Registration Info:

It's highly recommended that you register ahead of time at register.covidconnect.wi.gov. To register, click on the blue button that directs you to a screening questionnaire. If there are multiple people in your family being tested, you can use the same email address but a questionnaire must be completed for each individual.

No identification is necessary. You'll be asked your name, birthday, address, phone number, race, ethnicity, and gender. By asking for race, ethnicity, and gender possible disparities can be identified. Once you have completed registration, you will receive a QR code that you will need to present at the testing site.

Who should get tested?

Anyone over age 5 who is experiencing symptoms of COVID-19 or has been in contact with someone who has tested positive for COVID-19 is encouraged to get tested. Contact a pediatrician or healthcare provider for children under five years old.

Symptoms of COVID-19 may include:

- | | |
|--|-------------------------|
| *Fever | *Loss of taste or smell |
| *Cough | *Diarrhea |
| *Shortness of breath or difficulty breathing | *Vomiting |
| *Sore throat | *Nausea |
| *Headache | *Runny nose |
| *Chills | *Muscle aches |

What should I do while waiting for my results?

While you're waiting for your test results, it's important that you isolate yourself. Do not have contact with others. Do not go to work, meet up with friends or attend gatherings. Isolating yourself will prevent spread of the virus should you test positive.

When will I get my results?

You should receive a phone call or email within 3-7 business days. If you test positive Public Health staff will call to guide you.



Blueberry-Pumpkin Muffins

Ingredients:

- | | |
|-------------------------------|----------------------------|
| Non-stick cooking spray | 1 teaspoon vanilla |
| 2 1/2 cups all purpose flour | 1/2 cup butter, softened |
| 1 1/2 teaspoons baking powder | 1/2 cup granulated sugar |
| 1/2 teaspoon salt | 1/4 cup packed brown sugar |
| 1/4 teaspoon baking soda | 2 eggs |
| 2/3 cup buttermilk | 1/2 cup fresh blueberries |
| 1/2 cup canned pumpkin | |

Directions:

1. Preheat oven to 350° F. Coat fifteen 2 1/2 inch muffin cups with cooking spray or line with paper bake cups; coat bake cups with cooking spray.
2. In a medium bowl stir together next four ingredients (through baking soda). In a small bowl combine buttermilk, pumpkin, and vanilla.
3. In a large bowl beat butter and both sugars with a mixer on medium until light and fluffy. Add eggs, one at a time, beating after each. Add flour mixture and buttermilk mixture alternately, beating on low after each addition just until combined (batter will be stiff). Fold in blueberries.
4. Spoon batter into prepared muffin cups, filling each two-thirds full. Bake 18 to 21 minutes or until a toothpick comes out clean. Cool in muffin cups on a wire rack 5 minutes. Remove from muffin cups. Serve warm.

Source: Better Homes & Gardens. Submitted by Julie Rymer.

Court Tower Staff
Bob Poeschl: Property Manager
 920-303-5400 bobp@ohawcha.org
Jane Spietz: Social Service Coordinator
 920-424-1483 janep@ohawcha.org
Josh Wendt: Maintenance
Linda Breitzman: Housekeeping
Nurses Teresa Paulus & Lori Duclon: Call them at 920-424-1470 Ext. 124 to schedule an appointment.
Nurse Open Hour: cancelled until further notice.



Court Tower Office Hours
 Hours or services may differ due to COVID-19.
 All of Bob and Jane's phone calls are being forwarded to our work cellular phones which are on us all of the time.
 Bob: 920-303-5400 bobp@ohawcha.org
 Jane: 920-424-1483 janep@ohawcha.org

Court Tower Mealsite
 920-420-1994

Court Tower Room Directory
 Room 205 - Den
 Room 405 - Nurses' Office, Salon
 Room 805 - Community Room
 Room 1205 - Fitness Room

Court Tower October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 	3
4	5	6 BUG DAY 8TH FLOOR	7	8	9	10
11	12 <i>Indigenous Peoples' Day</i> 	13	14	15 	16	17
18	19	20 	21	22	23	24
25	26 OHA BOARD MEETING 3:30 PM	27	28	29	30	31 <i>Halloween</i> 