

September 2020

Dream Big!

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



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Dear FSS participants,

Happy September! School is starting whether it is virtual or in person. This has been a crazy time with school plans changing seemingly over night. Here's hoping your school plan is an easy transition back to school and keeps our families safe!

Oshkosh/Winnebago County Housing Authority offices are still closed to the public. We are still here though and ready whenever you are. If you need to submit documentation of a job starting or ending, please submit by: email to kayh@ohawcha.org, fax (920-424-1474) or drop into our drop box at : 600 Merritt Avenue, Oshkosh or 265 Kaukauna St, Menasha. Check out these events and many more in this September newsletter:

Our Quarterly **FSS Connection Group Meeting** is September 14th at 9 am. **Jordan Dvorak**, FSET & W-2 Team Lead for Forward Service Corporation, will be talking about FSC's programs and services like W2, FSET, JAL, WETAP and Emergency Assistance. **Let's also share agency updates.** During these unusual times, we have had to figure out a new way of working. How is your agency meeting with people? What has worked at your agency? What has not worked at your agency? How have you overcome obstacles? What gaps have you noticed during COVID that are not being met? See page 15 for the Zoom link.

Rent Smart virtual classes are now available in the fall. Are you looking for a new place to live? Rent Smart can give you tips on finding affordable housing, strategies on building positive relationships with landlords, and responsibilities/rights of landlords and tenants. Did you know if you go through this class, you get a year of positive rental history? Many landlords use the Rent Smart certificate to determine if you would be a good tenant. See page 3 for more information.

Drive Thru Job Fair is scheduled for September 17, 2020 from 12 pm-4 pm in Menasha and Fond du Lac. See page 5 for more details.

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy September! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1470 ext. 133.

Your success is my success.

Good health to you!

Kay Hinton
FSS Coordinator





Rent Smart

Taught by Extension Educators

Helping to make renting a great experience for you!

Upcoming Class Dates & Times:

September: 14, 17, 21, 24, 28, Oct 1; 1-2pm

October: 6, 8, 13, 15, 20, 22; 7-8pm

November: 4, 6, 11, 13, 18, 20; 9-10am

Location: Online, live instruction via Zoom; links will be sent after registration.

To register complete this online form:

<https://go.wisc.edu/Rentsmartregister>

Cost: FREE!

What you will learn:

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants
- Participants must complete all 6 modules to earn the Rent Smart certificate
- For more information, please contact rentsmartwi@office365.wisc.edu or call 262-741-4951

An EEO-Affirmative Action Employer, UW-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and ADA requirements.



Bus Buddy Program



A “bus buddy” is

A person to ride the bus with you a few times so you can become more comfortable using the bus. They will help you read the map and find the best route to where you want to go.

A “bus buddy” is

For any individual who has access to public transit and who needs assistance with learning to ride the bus

Did you know?

Starting this fall, Oshkosh public and private school students will get to ride city buses for free, thanks to a new public-private partnership. K-12 students need to show current school ID to bus driver.

Interested in learning to ride the Bus?

We can help with this!

Call 920-225-1719

MRH@lsswis.org

www.maketheridehappen.org

COMPASSIONATE CARE IN CRISIS



Tips for caring for others & ourselves during COVID-19

TOPIC

Listening

As we continue to manage the multiple stressors in our pandemic world, it is critical to prioritize active listening. Many people are experiencing unprecedented amounts of stress. Offering predictable and focused time to reflect and process is necessary for resilience.

HAVE YOU CONSIDERED...

- ☒ Protecting time on your calendar for open drop-in hours to talk about any topic, no agenda.
- ☒ Paying attention to changes in attendance and engagement in activities. If you notice a difference, reach out with compassion to check-in.
- ☒ Keeping local, accessible resources close at hand for those who are feeling the effects of prolonged stress.
- ☒ Being transparent about your self-care. By being honest about your limits you lead others to do the same.
- ☒ Recognizing that right now, emotions are unpredictable and rapidly changing, it's normal.

Have you considered finding out how others are *really* doing?

Please watch this video (4 min.) about acknowledging another person's pain:

<https://youtu.be/l2zLCCRT-nE>



DRIVE THRU JOB FAIR

We want to help you with your job search and want to keep you safe!

- You won't need to exit your car.
- You'll receive a bag with positions available at local companies that are **HIRING NOW!**
- When you arrive, follow the traffic flow and wait patiently while others are served.

September 17, 2020 12-4 pm
TWO LOCATIONS!

- **St Vincent de Paul,**
330 N Peters Ave, Fond du Lac
- **Menasha Job Center,**
1802 Appleton Rd, Menasha

Attend one or both . . . contents will be different based on companies recruiting in each community!

*Manufacturing
Office
Construction
Healthcare
Professional
Transportation/Logistics
And More!*

Sponsored by:



Wisconsin Workforce Boards and job center partners are Equal Opportunity Employers and Service Providers.
Auxiliary aids and services are available upon request to individuals with disabilities.

A proud partner of the AmericanJobCenter® network



Job Seekers Network is a networking group that meets virtually to discuss current job search strategies. Participants will be given the opportunity to network with fellow job seekers, employment advisors, and local employers.

Join these virtual networking sessions to discuss about employment related topics, EVERY MONDAY from 10 - 10:30 am through Microsoft Teams. Open to the public.

Register here:

https://foxvalleytechnicalcollege.formstack.com/forms/virtual_job_seekers_network

Monday, September 7, 2020 at 10 AM – 10:30 AM

Monday, September 14, 2020 at 10 AM – 10:30 AM

Monday, September 21, 2020 at 10 AM – 10:30 AM

Monday, September 28, 2020 at 10 AM – 10:30 AM

EmpowHER

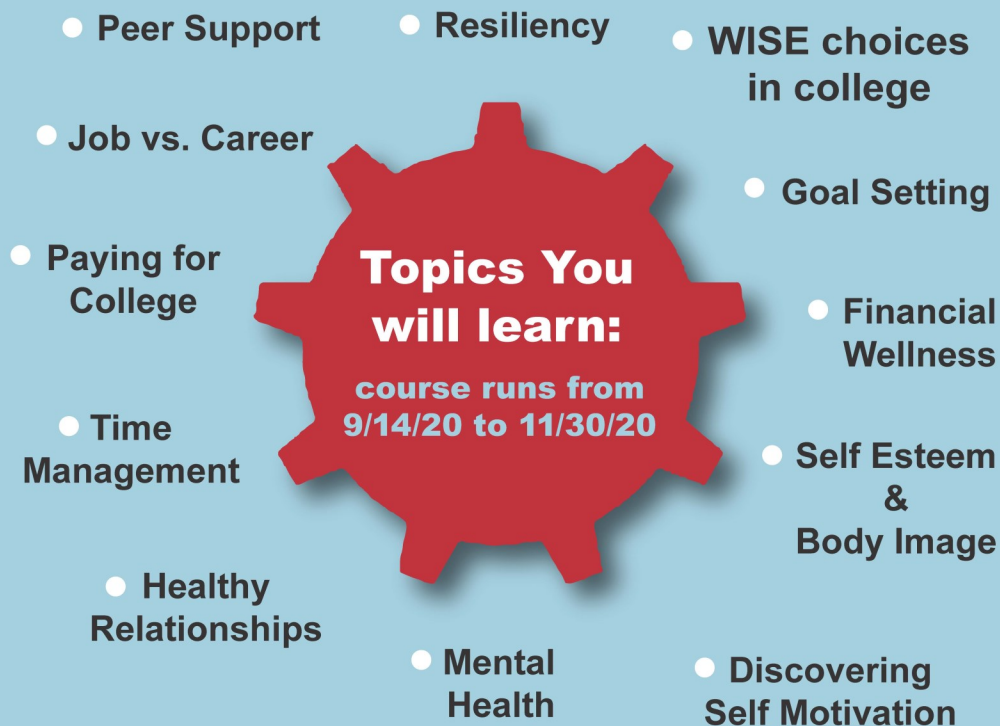
Are you 18 to 29 years old (without children) and looking for direction in the areas of education, employment and a healthy lifestyle? Do you think about your future and wonder what your path will look like?

Do you live in Calumet, Outagamie, Shawano, or Waupaca Counties or communities of Neenah & Menasha?

If so there is a new program for you!

The Women's Fund for the Fox Valley Region has partnered with Fox Valley Technical College to bring you EmpowHER! A FREE 12 week workshop focused on topics young women in their teens and twenties face in our community today!

Workshop Details: **Mondays, September 14, 2020 through November 30, 2020**
from 9:00 am to 12:00 pm at Fox Valley Technical College-Appleton Campus
Class will be in a hybrid format (in-person and online)



Testimonials:

"I learned a lot of life skills I was missing, like budgeting. Now I finally know how to grow my finances and save money!"

"Through this course I have gained more self confidence, motivation, and have learned more than I ever hoped for."

Contact Information: Kelly Kohl (920) 735-4825 kohlk@fvtc.edu, Kara Nowak (920) 735-5722 nowakk@fvtc.edu
To find out if you are eligible, fill out this survey online www.fvtc.edu/EmpowHER



fvtc.edu

Unsure of Your Career Path?

Attend a VIRTUAL Career Development Workshop
and create a plan to achieve your career goals!

Assess your skills, values, and interests while learning how they relate to different career paths. Explore occupations, job outlook information, and educational programs.

Each workshop is FREE, and scheduled for a total of four hours.

Flexible, self-paced options are also available.

Individual appointments with a career counselor are included as part of each workshop.

Upcoming virtual workshops:

Day	Workshop Dates	Time	Class #
Thursday	Sept 17, 24	1 PM–3 PM	24477
Tuesday	Sept 29, Oct 6	10 AM–12 PM	24479
Monday	Oct 5, 12	4 PM–6 PM	24481
Thursday	Oct 29, Nov 5	5 PM–7PM	24485
Friday	Nov 6, 13	1 PM–3 PM	24487
To register for a workshop, call 920-735-5645 or CLICK HERE .			

Young Women's Initiative: Starting Point 2.0

The Women's Fund is leading a project using a Two-Generation approach which will address the life-long economic security of single parent women and their children. This project creates a collaboration between FVTC's Starting Point Workshop and the college's educational resources combined with B.A.B.E.S. Inc. and their child development/parenting programming. By serving two-generations and creating a new stable environment for single-parent families, individuals struggling to survive will see the opportunities and potential that exist beyond their circumstances. This workshop and services provided are free to participants and children.



Participant Criteria:

- 18-29 year old single parent woman
- Income level must be at or below 200% of the Federal Poverty Guideline
- Must have at least one child under the age of 11
- Must reside in one of the following counties: Calumet, Outagamie, Shawano, or Waupaca, and communities of Neenah & Menasha

Project Details:

Parent and any child under the age of 5 (not enrolled in school) will attend B.A.B.E.S. Inc., children under 11 will participate through take home activities. Wednesdays, September 16, 2020 through December 2, 2020 from 9:00 am to 12:00 pm at Fox Valley Technical College-Appleton Campus
Class will be in a hybrid format (in-person and online)

"Starting Point 2.0 has helped me build skills I didn't have and to sharpen skills I already had."

Women Will Learn

"I felt like I had some control over my life and where it was going."

Time Management

Self-Esteem

Goal Setting

Coping Strategies

Empowerment Topics

course runs from
9/16/20 to 12/2/20

Career Development

Decision Making

Assertiveness

Healthy Relationships



Grants available for moving forward with education without financial stress



FVTC ID available for free busing on Valley Transit



Why would I want to take this workshop?

- Free, no cost educational opportunity
- Support System for you and your child
- Direct access to one on one support with FVTC
- All school fees for admission are waived (\$45 value)
- Access to diapers, hygiene products, gas assistance
- Access to free family fun activities
- Give your children a healthy environment to thrive
- Gain support from other parents

"I have really bad anxiety and self-doubt. This program made me feel more comfortable entering a new transition. I wanted to go back to school but did not know where to start or who to ask for help. I feel that now I have a better view on where I want to see my future go."



WOMEN'S fund
for the fox valley region, inc.



Contact Information: Kelly Kohl (920) 735-4825 kohlk@fvtc.edu, Kara Nowak (920) 735-5722 nowakk@fvtc.edu
To find out if you are eligible, fill out this survey online www.fvtc.edu/StartingPoint

WIOA Youth Opportunities

Are you between the ages 14 to 24 experiencing one or more of these unique circumstances?

- homeless
- low-income
- juvenile record
- disability
- didn't finish high school
- pregnant and/or parenting
- low reading and/or math scores
- in the foster care system
- English is your second language



WIOA is the Workforce Innovation Opportunity Act. A government grant that provides funding to benefit qualified individuals ages 14 through 24 who are experiencing unique life circumstances.

Innovative Career Planners will determine if you qualify. They will listen to your needs and aspirations. Together you will explore your options within in the WIOA program.

Here are the **opportunities** available:

- financial assistance for:
 - GED/HSED
 - advanced training
 - post-secondary education
 - education related items
 - employment related items
- career exploration
- volunteer options
- job shadow experiences
- develop job seeking skills
- completion of financial aid forms
- community connections
- paid work experiences

ACT now! Please, call the number in your area to reach a career counselor.

- Menasha 920-428-2031
- Fond du Lac and Berlin 920-470-8735
- Waupaca and Wautoma 715-459-5240
- Oshkosh 920-428-2031



FVWDB is an Equal Opportunity Employer and Service Provider

A proud partner of the  American Job Center network



WHAT IS EMOTIONAL CPR?

Emotional CPR (eCPR) is a community education program that teaches people how to support another person experiencing emotional crisis. Just as Cardio-Pulmonary Resuscitation (CPR) teaches how to revive someone's physical heart, eCPR is designed to help us revive our emotional hearts in the midst of crisis, trauma and distress. Emotional CPR training was created by national leaders who saw a great need for ordinary people to be able to reach out and support each other and developed eCPR in response. Emotional CPR does not take the place of professional help; rather it recognizes and increases the capacity for natural, supportive relationships among people within their communities.

WHO IS IT FOR?

Emotional CPR training is for everyone. It provides people, with or without any previous training, a set of skills to assist another person who is experiencing emotional distress. People who use eCPR report that it becomes a way of life and strengthens their relationships with family, friends, coworkers, and community members.

WHY IS IT IMPORTANT?

Emotional CPR builds stronger communities. The eCPR training has broad application; it is used in culturally diverse communities, mobile crisis intervention, law enforcement, with families in crisis and in many community settings.

VIRTUAL EMOTIONAL CPR WORKSHOPS

TRAINING ACCESS PROVIDED THROUGH ZOOM

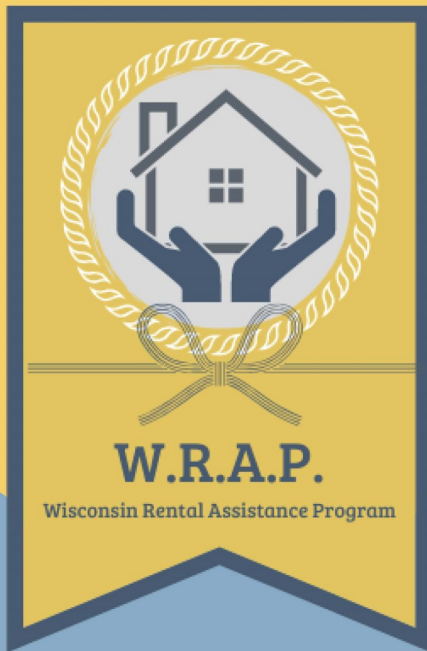
TUESDAY, 6/9	9-11:00 AM
THURSDAY, 6/18	1:30-3:30 PM
THURSDAY, 6/25	6-8:00 PM
TUESDAY, 7/9	9-11:00 AM
TUESDAY, 7/14	1-3:00 PM
MONDAY, 7/20	6-8:00 PM
TUESDAY, 8/4	1-3:00 PM
WEDNESDAY, 8/19	9-11:00 AM
THURSDAY, 8/27	6-8:00 PM
TUESDAY, 9/8	1-3:00 PM
MONDAY, 9/14	9-11:00 AM
TUESDAY, 9/22	6-8:00 PM

To reserve a place or for more info, contact Lynn McLaughlin at dandalliance@gmail.com or 920-810-7479.

RESERVE YOUR SPOT NOW!



These opportunities are presented by LEAVEN, with support from area funders. There is no cost to attend the workshop but we hope participants will commit to sharing their new eCPR skills with those in need of support in our community.



Wisconsinites should not fear being evicted or being without a place to live because their budgets have been impacted by the COVID-19 pandemic. And, that's why **"We're All In."**

Governor Tony Evers and the Wisconsin Department of Administration (DOA) are partnering with members of the Wisconsin Community Action Program Association (CAP) to assist renters when they need it most.

W.R.A.P. WISCONSIN RENTAL ASSISTANCE PROGRAM

In general, eligible applicants must be an adult Wisconsin resident with a household income at or below 80% of the county median income in the month of or prior to the application date.



Eligible costs include:

- Direct financial assistance for owed rent
- Security deposits



UP TO \$3,000

The Rental Assistance Program can award up to \$3,000 per household in a combination of rental payments and/or security deposits. The payment is paid directly to the landlord.

**CAP Agencies will begin taking applications for W.R.A.P.
on or before June 8th, 2020.**

WI Rental Assistance Program

Family Self Sufficiency

WHERE TO APPLY

DOA is proud to partner with the Wisconsin Community Action Program Association!

ADVOCAP

Counties Served: Fond du Lac, Calumet, Green Lake, and Winnebago

Phone: (920) 922-7760

CAP Services, Inc.

Counties Served: Marquette, Outagamie, Portage, Waupaca, and Waushara

Phone: (715) 343-7500

Central Wisconsin CAC, Inc.

Counties Served: Adams, Columbia, Dodge, Juneau, and Sauk

Phone: (608) 254-8353

Community Action of Rock and Walworth

Counties Served: Rock and Walworth

Phone:
(608) 313-1337 (Rock Co.)
(262) 728-8297 (Walworth Co.)

Community Action for South Central Wisconsin, Inc.

Counties Served: Dane, Waukesha, Jefferson

Phone: (608) 237-1255

Couleecap, Inc.

Counties Served: Crawford, La Crosse, Monroe, and Vernon

Phone: (608) 782-4877

Indianhead CAA

Counties Served: Burnett, Clark, Rusk, Sawyer, Taylor, and Washburn

Phone: (715) 532-4222

Lakeshore CAP

Counties Served: Door, Kewaunee, Manitowoc, and Sheboygan

Phone: (920) 682-3737

NEWCAP, Inc.

Counties Served: Brown, Florence, Forest, Langlade, Marinette, Menominee, Oconto, Oneida, Shawano, and Vilas

Phone: (800) 242-7334

North Central CAP

Counties Served: Lincoln, Marathon, and Wood

Phone: (715) 424-2581

Northwest CSA

Counties Served: Ashland, Bayfield, Douglas, Iron, and Price

Phone: (715) 392-5127

Racine/Kenosha CAA

Counties Served: Racine and Kenosha

Phone:
(262) 637-8377 (Racine Co.)
(262) 657-0840 (Kenosha Co.)

Social Development Commission

Counties Served: Milwaukee, Ozaukee, and Washington

Phone: (414) 326-2888

Southwest CAP

Counties Served: Grant, Green, Iowa, Lafayette, and Richland

Phone: (608) 935-2326 Ext. 203

West CAP

Counties Served: Barron, Chippewa, Dunn, Pepin, Pierce, Polk, and St. Croix

Phone: (715) 265-4271

Western Dairyland EOC

Counties Served: Buffalo, Eau Claire, Jackson, and Trempealeau

Phone:
(715) 836-7511 (Eau Claire Co.)
(715) 985-2391 (Buffalo, Trempealeau, Jackson Co.)



GOVERNOR
TONY EVERS



Please note: The address for CAP Services Inc for Marquette, Outagamie, Portage, Waupaca, and Waushara is incorrect. The correct address is:

CAP Services, Inc.
2900 Hoover Rd, Ste A
Stevens Point, WI 54481

Save the Date!



Date: Monday, September 14, 2020

Time: 9:00 a.m.—10:30 a.m.

Jordan Dvorak, FSET & W-2 Team Lead for Forward Service Corporation , will be talking about FSC's programs and services like W2, FSET, JAL, WETAP and Emergency assistance.

Let's also share agency updates. During these unusual times, we have had to figure out a new way of working. How is your agency meeting with people? What has worked at your agency? What has not worked at your agency? How have you overcome obstacles? What gaps have you noticed during COVID that are not being met? Come join us as we learn more at: **Join Zoom Meeting**

<https://zoom.us/j/99255011474?pwd=RDhTa21mMzQzdTI4YjRTU3hTcDAzUT09>

Meeting ID: 992 5501 1474

Passcode: 551526

Not Feeling So Smart with Your Smart Phone?

By: Melissa Sell, Information & Assistance Specialist

Are you struggling with how to use your IPAD or cell phone? Not sure how to connect to Zoom? Looking to buy a device to connect with your family, but don't know what to buy?

These are all questions that many of us are facing these days. The **Connect through Tech** program was created with Oshkosh Healthy Neighborhoods and the Oshkosh Senior Center. This is a grant funded program thanks to the Bader Philanthropies. The goal of the **Connect through Tech** program is to help people virtually connect with their friends and family. The Oshkosh Senior Center can help people understand how to use their current devices, understand what devices might work best for them, and neat features that their device has that may enhance their virtual experience.

The Oshkosh Senior Center also has great resources for technology that may work well with adults who have memory issues. This program can assist adults of all ages and can extend beyond the Oshkosh area. For more information, please contact Anne Schaefer through the Oshkosh Senior Center at #920-232-5306.



Having trouble making copies or applying for a job because you do not have a computer or printer? Oshkosh Public Library has expanded services and removed past fines from patrons' library cards. By eliminating most fines on a permanent basis, the library is welcoming back cardholders who had outstanding overdue fines .



Expanded Services



Computer

Computers available by appointment.
One-hour limit per day.
Call 236-5205 to reserve.



Curbside

Curbside Pickup for no contact delivery of requested materials.



Office Services

Free printing, faxing, photocopying, device charging and notary service by appointment.