

Get the Farmers Market Delivered to you!

LOCAL FOOD



To Your Doorstep



Featuring local vendors and several from the

- Go to www.localfoodtoyourdoorstep.com to place your order.

Hello Everyone!

If you are a shopper of the Oshkosh Farmers Markets and are missing all the amazing products you can get from there, Olden Organics Farm has created an online ordering site and they deliver right to your doorstep on Fridays.

<https://www.localfoodtoyourdoorstep.com/>

Help support our local food producers too. Thank you!

If using EBT/SNAP card, when you get to the payment method screen click on pay when delivered and call the number below **before** your delivery for EBT/SNAP card processing.

EBT/SNAP Program is accepted. The Oshkosh Farmers Market will be offering up to a \$20 BONUS match on purchases with any Oshkosh Farmers Market vendor. Please call 920.379.9004 for virtual card processing over the phone.

Tower Times



Volume 9, Issue 5
May 2020

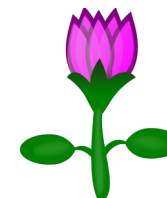
Court Tower Apartments 100 Court St., Oshkosh, WI 54901

Practice Social Distancing, it will save lives!

Masks are now required to be worn in all common areas of the building. Guests, caregivers and family member are required to wear them upon entering of the building.

- Do no hang out at the mail boxes. Please get your mail and go back to your unit.
- One person in the elevator at a time.
- Do not hang in people's cars.
- Please remain 6 feet apart if you must interact with a neighbor.
- Please don't wait in the lobby for the mail to be delivered. It gets really challenging to maintain 6 feet from everyone. Please come down at a later time to get your mail.
- Please do not invite people into the building that are not essential to your well-being. Here are some examples of people to not have in your unit at this time:
 1. Grandchildren that are not part of your household.
 2. Neighbors - Use the telephone to communicate.
- Here are examples of people that are considered essential and would have a reason to be in your unit:

Maintenance for emergency reasons, caregivers, nurses and other medical professionals.



Use of Cloth Face Coverings to Help Slow the Spread of COVID-19

How to Wear a Cloth Face Covering

Cloth face coverings should —

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape



CDC on Homemade Cloth Face Coverings

CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), especially in areas of significant community-based transmission.

CDC also advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

Cloth face coverings should not be placed on young children under age 2, who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.

Should cloth face coverings be washed or otherwise cleaned regularly? How regularly?

Yes. They should be routinely washed depending on the frequency of use.

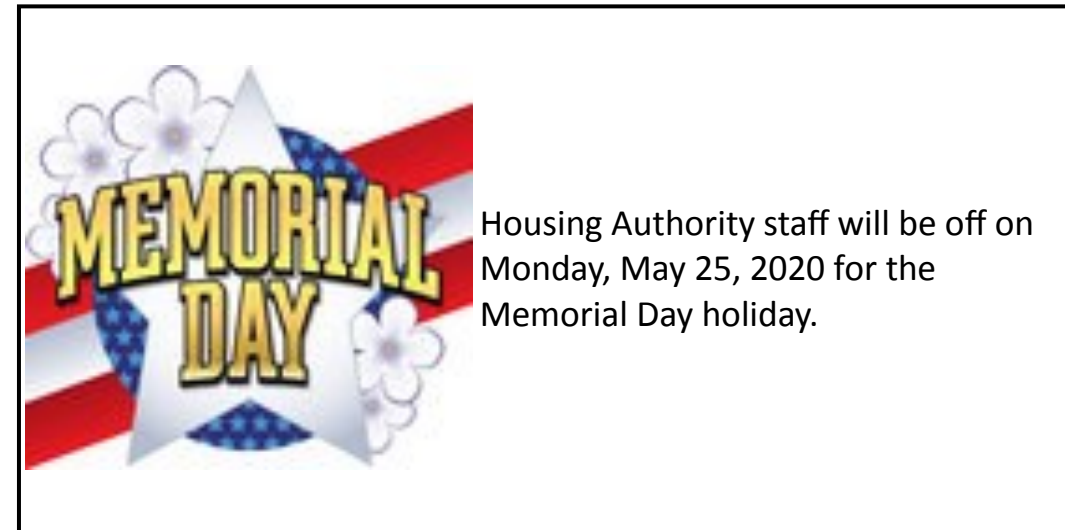
hear from any one of you. Jane and I will make an effort to reach out to each and every one of you just to touch base! We can be reached in the following ways. All of our phone calls are being forwarded to our work cellular phones which are on us all the time. Always available by phone! We are working weird hours right now.

Bob Poeschl 920-303-5400 or bobp@ohawcha.org. Jane Spietz 920-424-1483 or janes@ohawcha.org

6: Smoking - Please continue to follow the no smoking rules. You need to leave your unit and be 50 feet from the building to smoke. Violations of the non smoking policy will lead to eventual housing terminations.

7: Evictions - A moratorium on non payment of rent related evictions has been put in place for 60 days per Governor Evers. Residents are still expected to pay rent between the 1st and 5th of the month. If you are having challenges with your rent payment, you should contact me immediately.

Bob Poeschl, Property Manager, Oshkosh Housing Authority
Ph.: 920-303-5400 Email: bobp@ohawcha.org



Manager’s Corner

Masks are now required to be worn in all common areas of the building. Guests, caregivers and family member are required to wear them upon entering of the building.

- 1: **Food Boxes** - Sometime in May, there will be food boxes delivered directly to all residents doors. In the meantime, if you are in need of food please call the Oshkosh Area Community Pantry at 920-651-9960 to set up a drive-up at the pantry or home delivery. Please feel to call my office number as well as I can help get you food as well. I will send out a note to all residents prior to delivery.
- 2. **Oshkosh Farmer Market** - Please see the enclosed flyer on p. 7 that is promoting the use of Food Share through the farmers market to get freshly grown and local food delivered to you. Also, there is a \$20 match to your order as well. It is a great deal for fresh food.
- 3: **Masks** - Your neighbors have been wonderful to you! They are the ones who have made the masks that we have been distributing to all you. You can still get one by calling Jane or I. We will get it placed on your door handle.
- 4: **Loss of income** - If you have been laid off from your job related to the pandemic, please report the change to me. You may be eligible for an interim rent change. This means that your rent might go down and be more affordable. Contact me at 920-303-5400 or email at bobp@ohawcha.org.

You may be eligible for unemployment income. Please go to this website <https://dwd.wisconsin.gov/uiben/apply/>. I point you to the website because there are long waits using the phone. This is something that I or Jane can help you with. We have all the information you would need to file online. We would just need you on the phone when doing. No need to meet. Contact me at 920-303-5400 or email at bobp@ohawcha.org.
- 5: **Call if you need someone to talk to.** This is serious. I would love to

How does one safely sterilize/clean a cloth face covering?

A washing machine should suffice in properly washing a face covering.


How does one safely remove a used cloth face covering?

Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing.



From the Centers For Disease Control and Prevention






May Verse

M - Memories of Mothers and May Day
A - Answering the call to serve others
Y - Yellow sunshine to warm the earth


Submitted by Patty Clark



5 MENTAL HEALTH PRACTICES TO FOLLOW



Sleep 8-10 hours per day




Eat 3 nutritious meals per day



Get up and move 1+ hours a day



Take breaks from watching, reading or listening to news stories



Maintain a schedule during the day



Court Tower Staff
Bob Poeschl: Property Manager
 920-303-5400 bobb@ohawcha.org
Jane Spietz: Social Service Coordinator
 920-424-1483 janes@ohawcha.org
Josh Wendt: Maintenance
Linda Breitzman: Housekeeping

Nurses: 920-424-1470 Ext. 124 Room 405
Lori Duclon: Mondays & Tuesdays
Teresa Paulus: Wednesdays & Thursdays
Lori & Teresa work alternate Fridays
After Hours Emergency Service: 966-4235

Court Tower Office Hours

Hours or services may differ due to COVID-19.

All of Bob and Jane's phone calls are being forwarded to our work cellular phones which are on us all of the time.

Bob: 920-303-5400 bobb@ohawcha.org

Jane: 920-424-1483 janes@ohawcha.org

Nurse Open Hour at Court Tower - Room 405

Lori Tuesdays: 1:00 - 2:00 pm







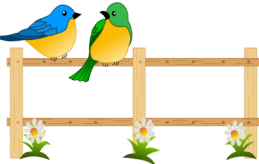

Court Tower Mealsite

920-420-1994

Court Tower Room Directory

Room 205 - Den
 Room 405 - Nurses' Office, Salon
 Room 805 - Community Room
 Room 1205 - Fitness Room

Court Tower May 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>May Day</i> 	2
3	4	5 <i>Cinco de Mayo</i> 	6	7	8	9
10 <i>Mother's Day</i> 	11  FIRE ALARM TESTING 2:00 PM	12	13	14 	15	16
17	18 OHA BOARD MEETING 3:30 PM	19	20 	21	22	23
24 31	25 <i>Memorial Day</i> HOUSING AUTHORITY STAFF ARE OFF	26 	27	28	29	30