# Spring Word Search



# BASEBALL **BLOOM** BUNNY BUTTERFLY CHICK EASTER

**EGGS** 

**FLOWERS PASSOVER** GREEN PUDDLE GROW RAINBOW HATCH RAINCOAT JUNE SEEDS MARCH SHOWERS MAY SPRING NEST **UMBRELLA** 



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# Tower Times



Volume 9, Issue 4 **April 2020** 

Court Tower Apartments 100 Court St., Oshkosh, WI 54901

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# **National Volunteer Week** April 19th - 25th, 2020

★ A huge thank you to all of our wonderful Court Tower volunteers! We appreciate 🖈 all that you do!

★ If you are interested in volunteer 🕹 opportunities at Court Tower, please 🖈 contact Jane.

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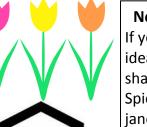
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**Housing Authority Spring Holiday** Housing Authority staff will be off on Friday, April 10, 2020 for the spring holiday.

### **April Verse**

- A April showers bring May flowers.
- P Practice safe distance of 6 feet or more.
- **R** Respect those in authority when they give us directions to stay home.
- I Involve your self in positive healthy projects in your own home.
- L- Listen to the birds singing.

Contributed by Patty Clark



OPPORTUNITY

### **Newsletter Submissions**

If you have any articles or ideas that you would like to share, please contact Jane Spietz at 920-424-1483 or janes@ohawcha.org.

Submissions to the newsletter should be received by the 20th of the month.



# COVID-19 SHOPPING TIPS

#### REPORT SYMPTOMS

#### Let staff know how you feel



Some symptoms include fever, cough, shortness of breath, pressure in the chest, and confusion.

#### **WASH YOUR HANDS**

#### Don't forget the soap



Wash your hands with soap for at least 20 seconds. After coming into contact with frequently touched surfaces, such as doorknobs and tables, make sure to wash your hands before touching your eyes, nose, or mouth.

#### STRESS AND COPING



#### Take care of your body

Continue taking your prescribed medication, eat healthy, and drink enough water. Get plenty of sleep. Avoid alcohol and drugs.

#### **PERSONAL HYGIENE**



#### Don't spread germs

Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Don't forget to wash your hands afterward.

#### **SOCIAL DISTANCING**



#### Keep a personal radius

Stay at least six feet away from other people, including in sleeping areas. When sleeping, make sure you are head-to-toe with those around you.

# LIMIT NONESSENTIAL OUTINGS



#### Consider others

When you are out and about, you could pick up germs that could be dangerous to those around you and could make them sick.



#### WATCH WHAT YOU TOUCH



# Disinfect cart and basket handles

Sanitize or use disinfectant wipes to clean cart and basket handles before use.

#### **WASH YOUR HANDS**



#### Don't forget the soap

Wash your hands with soap for at least 20 seconds.

#### SHARING IS CARING



#### Be fair, please share

Stockpiling can mean someone may not be able to buy what they desperately need.

#### PERSONAL HYGIENE



#### Don't spread germs

Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Don't forget to wash your hands afterward.

### **SOCIAL DISTANCING**



#### Keep a personal radius

Staying six feet away from others, even in the checkout line, does not make you unfriendly, it makes you considerate.

# LIMIT NONESSENTIAL OUTINGS

#### Consider others



If you or someone you know is more vulnerable, take precautions. Outings, even to a grocery store, could put them at risk. You may bring home more than just groceries.



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#### Manager's Corner

- 1: Food boxes to be delivered on Tuesday, April 7, 2020. Staff will be distributing boxes of food to all residents. We will drop them off in front of your door and knock so you know that it has been delivered. We have partnered with the Oshkosh Area Community Pantry to make this happen. If by chance, you do not want the food, please let me know by Monday, April 6. This will allow me to get the food to a different household. We hope that this encourages you to stay at home during this period of time.
- 2: Loss of income If you have been laid off from your job related to the pandemic, please report the change to me. You may be eligible for an interim rent change. This means that your rent might go down and be more affordable. Contact me at 920-303-5400 or email at bobp@ohawcha.org.
- 3: Loss of income If you have been laid off from your job related to the pandemic, you may be eligible for unemployment income. Please go to this, <a href="https://dwd.wisconsin.gov/uiben/apply/">https://dwd.wisconsin.gov/uiben/apply/</a>. I point you to the website because there are long waits using the phone. This is something that I or Jane can help you with. We have all the information you would need to file online. We would just need you on the phone when doing. No need to meet. Contact me at 920-303-5400 or email at <a href="mailto:bobp@ohawcha.org">bobp@ohawcha.org</a>.
- 4. **Call if you need someone to talk to.** This is serious. I would love to hear from any one of you. Jane and I will make an effort to reach out to each and every one of you just to touch base! We can be reached in the following ways. All of our phone calls are being forwarded to our work cellular phones which are on us all the time. Always available by phone! We are working weird hours right now.

Bob Poeschl 920-303-5400 or <a href="mailto:bobb@ohawcha.org">bobb@ohawcha.org</a>. I have been answering calls 7 days a week! Jane Spietz 920-424-1483 or <a href="mailto:janes@ohawcha.org">janes@ohawcha.org</a>

#### **Rules of Social Distancing:**

- 1: Do no hang out at the mail boxes. Please get your mail and go back to your unit.
- 2: Do not hang in people's cars.
- 3: Please remain 6 feet apart if you must interact with a neighbor.
- 4: Please don't wait in the lobby for the mail to be delivered. It gets really challenging to maintain 6 feet from everyone. Please come down at a later time to get your mail.
- 5: Please do not invite people into the building that are not essential to your well-being.

#### Here are some examples of people not to have in your unit at this time:

- 1. Grandchildren that are not part of your household.
- 2. Neighbors Use the telephone to communicate.

#### Here are examples of people that are considered essential and would have a reason to be in your unit:

1. Maintenance for emergency reasons, caregivers, nurses and other medical professionals.

#### **Smoking**

Please continue to follow the no smoking rules. You need to leave your unit and be 50 feet from the building to smoke.

#### **Evictions**

A moratorium on non payment of rent related evictions has been put in place for 60 days per Governor Evers. Residents are still expected to pay rent between the 1<sup>st</sup> and 5<sup>th</sup> of the month. If you are having challenges with your rent payment, you contact me immediately.

Bob Poeschl, Property Manager, Oshkosh Housing Authority.

Ph.:920-303-5400 Email: bobp@ohawcha.org

# "Safer at Home" 101

## ✓ Do

- Stay home as much as possible
- Stay at least 6 feet from others
- Wash your hands frequently and disinfect surfaces
- Go out only for essentials
- Exercise outside as long as you can be 6 feet apart from others
- Have video and phone chats with friends and family

### X Do not

- Gather in groups
- Get together with friends (no dinner parties)
- Have playdates for kids
- Engage in team or contact sports (basketball, soccer, football, Frisbee)
- Have kids play at playgrounds
- Hoard food and supplies
- Make unnecessary trips

# **i** Open

- Grocery stores and pet stores
- Food pantries
- Pharmacies
- Hardware stores
- Banks & credit unions
- Bars/restaurants (take out/ delivery only)
- Parks (except playgrounds)
- Gas stations and auto supply
- Childcare centers
- Laundry services
- Utility services

# Closed

- Malls and retail stores
- Fitness and other recreation centers
- Salons and spas (hair and nail salons, barber shops, tattoo parlors, tanning)
- Places of public amusement & activity (amusement parks, waterparks, zoos, pools, museums, arcades, golf)
- Schools and public libraries
- Playgrounds

Stay home. Save lives.



lpdated 3/25/20



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**Court Tower Staff** 

**Bob Poeschl: Property Manager** 

920-303-5400 <u>bobp@ohawcha.org</u>

**Jane Spietz: Social Service Coordinator** 

920-424-1483 janes@ohawcha.org

**Josh Wendt: Maintenance** 

Linda Breitzman: Housekeeping

Nurses: 920-424-1470 Ext. 124 Room 405

Lori Duclon: Mondays & Tuesdays

Teresa Paulus: Wednesdays & Thursdays Lori & Teresa work alternate Fridays

**After Hours Emergency Service:** 966-4235

#### **Court Tower Office Hours**

**OPEN:** Monday–Thursday 8:00 am - 12:00 pm

1:00 pm - 4:30 pm

Friday 8:00 am - 12 pm

#### **Staff hours at Court Tower:**

Bob: Tuesday - Thursday 12:30 - 4:00 pm

Friday 8:00 am - 12:00 pm

Jane: Monday - Thursday 8 am - 12 pm

Friday 8:00 am - 12:00 pm

### Nurse Open Hour at Court Tower - Room 405

**Lori** Tuesdays: 1:00 - 2:00 pm

## **Court Tower Mealsite**

920-420-1994

### **Court Tower Room Directory**

Room 205 - Den

Room 405 - Nurses' Office, Salon

Room 805 - Community Room

Room 1205 - Fitness Room

# Court Tower April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	brit		1 April Fool's Day FOL'S	2	3	4
5	FIRE ALARM TESTING 2:00 PM	7 BUG DAY 4TH FLOOR Spring Election and Presidential Preference Primary	8	9 HOUSING AUTHORITY STAFF ARE OFF ON GOOD FRIDAY	10 Good Friday  GOOD FRIDAY	11
12 Easte	r 13	14	15	16	17	18
19 Nation Volunteer April 19th	Week Thank you	21	22 Earth Day	23	24 Arbor Day	25
26	OHA BOARD MEETING 3:30 PM	28	29	30		eAGC, Inc.