

March 2020

Dream Big!

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



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Dear FSS participants,

Spring comes March 19th! A time to renew and grow. And speaking of growth....**two FSS participants gained their US citizenship papers and one participant received her CNA certificate!** Congrats! While you are waiting for spring, check out these cool events in the area:



FSS Connection Group Meeting is on March 9th at 9:00 am. All are welcome! Liz Last from Habitat for Humanity will talk about the homebuyer application period starting soon! See page 9 for more details.

Free Tax Preparation is available. Please check out page 4 in this newsletter for more details. What will you do with your income tax refund?

Oshkosh Back To School Fair is on August 13th. If you are interested in getting school supplies for your kids, please let me know. See page 6 for more information.

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy March! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1470 ext. 133 or emailing me at kayh@ohawcha.org.

Your success is my success.

Warm Regards,
Kay Hinton
FSS Coordinator



Rent Smart 2020

*FREE WORKSHOPS TO HELP YOU FIND AND KEEP
A SUITABLE PLACE TO LIVE.*

Rent Smart provides practical education to help people looking for rental housing find, get, and keep suitable housing. Rent Smart workshops are FREE. Each workshop consists of 2 sessions. Completion of the course provides you with a certificate to show your commitment to being a good tenant. **Registration is required.** Call (920) 232-1973 to register.

February 5 & 12 (Wednesdays) 9:00-11:30am

Menasha Public Library (Activity Room)

April 2 & 9 (Thursdays) 6:00-8:30pm

Neenah Public Library (Shattuck Room)

June 9 & 16 (Tuesdays) 5:30-8:00pm

Cumberland Court Apartments (Community Center)

August 11 & 18 (Tuesdays) 6:00-8:30pm

Menasha Public Library (Activity Room)

**October 15 & 22 (Thursdays) 9:30am-
12:00pm**

Neenah Public Library (Shattuck Room)

December 8 & 15 (Tuesdays) 9:00-11:30am

Oshkosh Location Pending (call for more details)



Free Tax Preparation

Free Tax Preparation

During January 2 through April of every year, anyone interested in help with their taxes can call the local Tax Assistance number to make an appointment for free tax preparation and filing through Volunteer Income Tax Assistance (VITA) or Tax Counseling for the Elderly (TCE) programs . Due to the high volume of calls, be sure to leave a message with your first and last name and telephone number so someone can return your call at the earliest convenience.

University of Wisconsin Oshkosh VITA
800 Algoma Boulevard
Oshkosh, WI 54901
920-235-8560
Volunteer Prepared Taxes

OSHKOSH SENIOR CENTER (TCE)
200 N CAMPBELL RD,
OSHKOSH, WI 54902-3430
920-385-6756

Goodwill Industries NCW TS
1800 Appleton Road
Menasha, WI 54952
920-968-6044
Volunteer Prepared Taxes

TAX HELP



Fox Valley Technical College Spring 2020 Job Fairs

Part Time Job Fair: February 6, 2020, 11 am—1pm

Information Technology Job Fair: February 12, 2020, 11 am—2 pm

Public Safety Job Fair: February 19, 2020, 11 am—2 pm

Business Job Fair: February 27, 2020, 12 pm—3 pm

Manufacturing Job Fair: March 3, 2020, 10 am—2 pm

Healthcare Job Fair: March 30 , 2020, 12—3 pm

Aviation Job Fair: April 24, 2020, 10 am—2 pm



CAP Services' Skills Enhancement Program



*Transforming People
and Communities*

Skills Enhancement Program provides funding and support for working adults who would like to pursue short term training or education to increase their self-sufficiency.

- We are currently accepting new enrollees in the program and are looking for your help to spread the word to potential candidates and make referrals.
- For more information about eligibility criteria, contact information or to access our online screening form: Go to capservices.org , or you call 968-6365, or email averhagen@capmail.org.

UWO 5th Annual Free School

March 7, 2020 at 1:00 pm

Sage Hall



UWO Free School, taking place March 7th, 2020, is a day of FREE learning for all people of all ages! Classes begin at 1 pm—5pm. Classes last an hour. Don't miss this opportunity to gain knowledge and experience, drum up business, meet people -- or just have fun. Topics include food, exercise, public safety, science, nature, cultural topics and much more - all taught by volunteers like yourself. And free coffee and snacks.

LEARN ENGLISH

**EVERY THURSDAY AT 6PM
AND SATURDAY AT 11AM**

CALVARY SON RISE
222 CHURCH AVE.
OSHKOSH, WI

FOR MORE INFORMATION PLEASE CONTACT 920.312.7411

Save the date!

The next
Mission Of Mercy
will be
June 12 and 13, 2020
at the
**KI Center in
Green Bay.**

Stay tuned for more
info regarding this
free dental clinic!



Back to School Fair Referrals Available

As the school year is winding down, community partners are organizing resources for the 2020-2021 Back to School Fair. The BTSF is August 13, 2020. To determine the quantity of school supplies, hygiene products, and clothing needed, the Oshkosh Community and Neenah/Menasha Back to School Fairs are looking for referrals to be completed and returned as soon as possible.

Please submit a request in writing for assistance with school supplies and include the following questions answered:

Parent Name
Address
Phone number
Cell phone number
Email Address
Children's Names
Genders
Grade 2020-2021 school year
Name of school attending
Clothing and shoe sizes



Upon receipt of this information, the Housing Authority will complete a referral sheet and contact you with follow up questions that you may need to answer about your household.

Please submit your written requests with information about each child you are requesting assistance for by:

Friday, July 3rd, 2020

Referrals are limited by first come, first serve so please submit your request as early as you're able.

If you have any other questions regarding the Back to School Fair,
please contact Kay at (920) 424-1450, ext. 133.

Spring Career Fair on the Fox

Kolf Sports Center
Wednesday, March 4, 2020
12:00 p.m. – 4:00 p.m.

CAREER FAIR
ON THE FOX

The Career Fair on the Fox is a bi-annual career fair sponsored by UW Oshkosh Career & Professional Development.

- Connect with employers to learn about the following opportunities: full- and part-time positions, internships, co-ops, practicums, volunteering and networking opportunities.
- Explore educational opportunities available through technical, undergraduate, graduate, and professional programs.
- Distribute resumes to employers. (Copy service is NOT available at the job fair, so bring plenty of copies.)
- Interview with an employer during the job fair.

Professional Dress is Expected.

More info at : <https://uwosh.edu/career/events/career-fairs-students/>.

Thousands of census workers needed in Wisconsin

The federal government distributes more than \$6 billion to states and communities each year based on census data. The start of the 2020 census is just around the corner, and thousands of census workers are still needed in Wisconsin to complete the count. "You need to have really good organizational skills, most people would probably need to have a car, and just the ability to work with people," said Davis.

Davis says "census takers" are trained to meet with people who don't answer the census on their own - to try to ensure the whole community is counted.

The job schedule is flexible and can be part time or full time, in Wisconsin it can pay anywhere from \$17 to \$24 an hour, and it'll start sometime in April and could last a few months.

Applicants must be 18 by the time the census begins. For more details, or to apply, visit the census bureau job site at <https://2020census.gov/en/jobs.html>.



Caring for the Caregiver



APRIL 7TH 2020

SAVE THE DATE CARING FOR THE CAREGIVER CONFERENCE

Caring for someone with a Chronic Condition?

Then you should join the ADRC for the Caring for the Caregiver conference. This conference will help you find resources in your community that can help you better serve your loved one. There will be vendor booths and different workshops that will be focused on support for the caregiver.



Workshop Topics

Health & Wellness

Evidence Based
Classes

Advanced Planning

Registration Required

By March 27th

Respite options
available upon request!

OSHKOSH CONVENTION CENTER

2nd N Main St
Oshkosh WI 54901

Tuesday April 7th
10-2pm

Save the Date!

*Family
Self-Sufficiency (FSS)*



FSS CONNECTION GROUP

A program coordinating committee for
Winnebago County Housing Authority's
Family Self-Sufficiency Program.



*Family
Self-Sufficiency (FSS)*

Join us to:

- Learn about Habitat for Humanity from Liz Last .
- Discuss educational opportunities to offer in the FSS program
- Collaborate and communicate your opinion!

Date: Monday, March 9, 2020

Time: 9:00 a.m.—10:30 a.m.

Location: Marian Manor TV Lounge

Address: 600 Merritt Ave, Oshkosh, WI 54901

The public is welcome!

**Please call FSS Program Coordinator,
Kay Hinton, to RSVP at (920) 424-1450, ext. 133.**

Press Brake Boot Camp



Press Brake Operator Boot Camp

This intensive 8-week; 64-hour Press Brake Operator Boot Camp will allow participants to develop a basic understanding of press brake operations with focus on safe and efficient work practices. Participants will be able to apply print reading fundamentals, math and measurement conversion, understand press brake operations and related terminology, understand and practice safe operating procedures, understand types of bends, and consistently produce simple one bend parts to quality specifications using safe operating procedures.

Achieve the Fundamentals

- Understand press brake operation and related terminology
- Understand and practice safe operating procedures
- Understand types of bends

Start to produce simple one bend parts to quality specifications

Dates and Registration

Thursdays, April 2 - May 28, 2020

7:30 a.m. - 4:00 p.m.

MPTC Jackson Regional Center

\$2,600 per person. Price includes materials.

To register, call Julie at 920-924-3332 or email bootcamps@morainepark.edu.



THE MOST IMPORTANT JOB YOU MAY EVER HAVE.

Pierce WORK THAT MATTERS

NOW HIRING
piercemfg.com/careers

Pierce GED to Work Program Information Sessions

WHEN

Wednesday, March 11, 2020
12:30 pm – 2:00 pm

OR

Thursday, March 12, 2020
3:30 pm – 5:00 pm

WHERE

Pierce Training University
2602 American Drive
Appleton, WI 54912

*** Please wear closed toe shoes for facility tour ***

With the **GED to Work Program**, you can expect to:

- Attend class 15 hours per week from May 4, 2020 until July 31, 2020 at Fox Valley Technical College – **at no cost to you!**
- Work a minimum of 20 hours (up to 40 hours your choice) per week while participating in on-the-job training
- Earn \$15.00/hour to start
- Receive a generous benefit package to include medical insurance

Upon completion of the GED/HSED:

- Gain full-time employment
- Earn **\$17.34** per hour (plus shift differential of \$.75 for 2nd and \$1.00 for 3rd)
- Receive a **\$1,000 sign-on bonus**
- Receive full-time benefit package

Call Pierce Representatives at 920-832-3000 for any additional questions!*

Or Apply online at: www.piercemfg.com/careers

Job Title: **GED to Work Program**


fvtc.edu

Unsure of Your Career Path?

Attend a **FREE** Career Development Workshop
and create a plan to achieve your career goals!

Assess your skills, values, and interests while learning
how they relate to different career paths.
Explore occupations, job outlook information, and educational programs.
Each workshop is scheduled for a total of six hours.
Individual appointments with a career counselor
are included as part of each workshop.

Upcoming workshops:

Day	Workshop Dates	Time	Class #	Location
Thursday	February 6, 13, 20	12:00–2:00 PM	94871	Appleton Room B124
Tuesday	February 11, 18	9:00 AM–12:00 PM	94740	Appleton Room B140
Monday	March 2, 9, 16	1:00–3:00 PM	92855	Waupaca Room 131
Thursday	March 5, 12	3:00–6:00 PM	94746	Appleton Room B126
Wednesday	March 4, 11, 18	1:00–3:00 PM	92854	Wautoma Room 105B

To register for a workshop, call (920) 735-5645.

SUPPORTING ALL PEOPLE THROUGH LIFE'S CHALLENGES AND TRANSITIONS.

Building Buddies



BOUNCE & SLIDE + BUILDING & CONSTRUCTION ACTIVITIES

Activities are geared for children ages 0-6 and their Dads or another adult Building Buddy.

Thursday, March 5th

6:00-6:30 pm Dinner

6:30-7:30 pm Activities

at Boys and Girls Club of Oshkosh

501 E Parkway Ave, Oshkosh, WI

Event is FREE, but Registration is Required!

Register by Mon, March 2nd:

- With a Parent Connection Home Visitor or UW-Oshkosh Head Start Teacher,
- Online at <http://bit.ly/BuildingBuddiesOshkosh>, or
- Call 920-233-6630



This event is being offered in collaboration with -



Young Parent Conference

32nd Annual Young Parent Conference

Rise ABOVE & BEYOND

Friday, May 8, 2020

8:30 am - 2:30 pm

Arrive by 8:00 am to Register

No Childcare Provided

Come spend a day focused on yourself and your growth.
Gain valuable information about parenting and more!
Conference open to any parent age 24 and under.



Free Conference
with breakfast and
lunch provided

Free legal advice
on paternity,
child support and
placement

Get to know your
resources

**No Childcare
Provided**

Please make
other childcare
arrangements

**Win Big
Prizes!**

Fox Valley Tech.
1825 N. Bluemound Drive
Appleton, WI

Use North parking lot
and Entrance I6

RSVP online by May 7th at 4:00 pm

www.surveymonkey.com/r/YPC2020



Jen DiMatteo

Family Services of Northeast Wisconsin | Parent Connection

jdimatteo@FamilyServicesNEW.org

(920) 739-4226 ext. 109 | www.familyservicesnew.org

Thank You to our Sponsors!



Can YOU win at BINGO?

Family Self Sufficiency

SELF-CARE BINGO

 TOOK A SHOWER	GOT DRESSED TODAY	 talked TO A friend	SAT WITH MY FEELINGS	 gave myself a compliment
MOVED MY BODY JOYFULLY	 ate food	LISTENED TO MY BODY	 CHALLENGED NEGATIVE THOUGHTS	HAD FUN
 WENT OUTSIDE	TRIED SOMETHING NEW	STAYED ALIVE	practiced being mindful	   DID A HOBBY
used a coping skill	   LET MYSELF CRY	took a break	 ASKED FOR HELP	GOT SHIT DONE
 BRUSHED MY TEETH	practiced self compassion	 DRANK WATER	TREATED MYSELF	 got 7-9 hours of sleep

@ALYSERURIANIDESIGN

Chicken Broccoli Alfredo Bake

Ingredients

For the casserole

- 16 ounces riced cauliflower
- 12 ounces broccoli florets
- 2 cups cooked, shredded chicken
- 2 cloves garlic, minced
- ½ teaspoon onion powder
- ½ teaspoon salt
- ½ cup shredded mozzarella



For the Alfredo sauce

- 1 cup heavy whipping cream
- 1/2 cup butter
- 2 cloves garlic, minced
- 2 cups shredded Parmesan

Jen says, "Here's the recipe I followed except I did Not use the Riced Cauliflower. And I did Not bake. I diced chicken into 1 inch pieces about 3 breasts. Sauted in pan. Set chicken aside after it was cooked, rinsed out the pan, then made the sauce in same pan!!! Then add chicken and let it all simmer together!!! It was so good, we didn't miss the noodles!!! I hope you like it!!!"

Instructions

1. Preheat oven to 350 degrees.
2. Steam the cauliflower and broccoli until cooked tender-crisp. Drain any excess liquid from the vegetables.
3. Add the steamed cauliflower rice and broccoli to a large bowl with the chicken, garlic, onion powder, salt. Stir well to combine.
4. To prepare the Alfredo sauce, add the cream, butter, and garlic to a small saucepan and cook over medium heat, stirring occasionally, until melted.
5. Remove from the heat and whisk in the cheese until the sauce is smooth.
6. Pour Alfredo sauce over the vegetables and chicken and stir well to combine.
7. Spread mixture into a 9x13 baking dish and sprinkle with mozzarella cheese.
8. Bake uncovered for 30 minutes.
9. Let set 5 minutes before serving.

