



October 2019

Dream Big!

A Publication of Oshkosh/
Winnebago County
Housing Authority's
Family Self Sufficiency Program



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www.ohawcha.org
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What's Inside:

- October Letter
- FVTC Job Fair
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- Power of Money Workshop
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- FVTC Hands-On, High-Tech
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Dear FSS participants,

Happy October to you all! Check out these events and many more in this October newsletter:

Salvation Army Holiday sign up is starting this month. Lots of dates but they go by too fast. Coats, Toy Store, and Adopt a family sign up are available for the October sign up days. Please see page 12 in this newsletter for more information.

FVTC Open House is October 8th. Apply at the Open House and save \$30. Check out page 9.

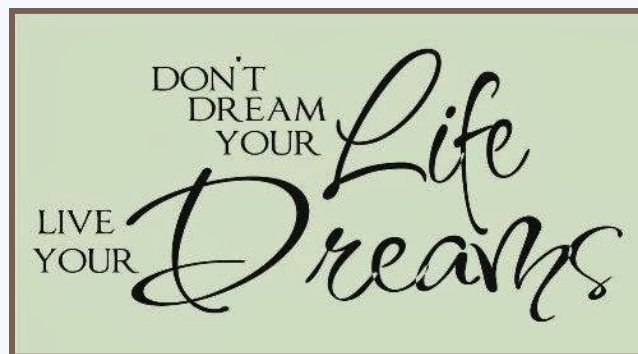
Oshkosh Senior Expo is on October 1st. Please see page 14 for more information. Franki will be singing !!

Please read the rest of this newsletter with educational, employment and community opportunities. I wish you and your family a very Happy October! Let's continue to strive to meet your goals and strengthen your self sufficiency. And as always, please let me know how I can help you by calling me at 920-424-1470 ext. 133.

Your success is my success.

Trick or Treat!

Kay Hinton
FSS Coordinator





Truck Driving Job Fair

Looking to get hired?

Truck Driving Job Fair

4:30 PM – 6:00 PM Thursday October 17, 2019

Fox Valley Technical College
J.J. Keller Transportation Building

North Truck Driving Safety Bay

1825 North Bluemound Drive
Appleton, WI 54912

Recruiting skilled FVTC students/graduates and other professionals within the community!

The **Truck Driving Job Fair** is open to Current and Past [FVTC Truck Driving Program](#) students and the general public. Please contact me if you have any questions.

Sam Eustice

Fox Valley Technical College
Faculty, Transportation Technologies
Commercial Driving | CDL Examiner
1825 North Bluemound Drive | P.O. Box 2277
Appleton, WI 54913-2277

E: eustice@fvtc.edu

P/F: (920) 735-4769

W: www.fvtc.edu/TruckDriving



**STARTING in OCTOBER, the OSHKOSH JOB CENTER
Resource Room will be CLOSED to the general public.**

Managing Meltdowns

For Parents of children 5 and younger



Of all the behavioral problems parents face with their children, meltdowns (a.k.a. tantrums) may be the most challenging. This one-night workshop will give parents tools to manage meltdowns!



We will discuss:

- The three main causes of tantrums,
- The two goals of tantruming children, and
- A four-step process for meltdown management.

Parents will walk away with help for their family situation!



Date: Monday, October 21, 2019
Time: 6:00 p.m. — 8:00 p.m.
Location: Hooper Community Building, 36 Broad Street, Oshkosh
Cost: \$5.00/person (*Scholarships available by calling (920) 739-4226 x127*)
Free child care offered. Limited spots available. Register early.
 Register by calling ThedaCare at (920) 830-6877 or by going to www.thedacare.org. Click on "Classes." E-mail Lori at lcasey@familyservicesnew.org with questions.



Workshop Cancellation Line
920-739-4226, ext. 154

Parent Connection, a program of Family Services
 1810 Appleton Road, Menasha, WI 54952
 (920) 739-4226 • www.familyservicesnew.org/parent-connection



Like us on Facebook for the most up-to-date workshop information.
www.facebook.com/ParentConnectionWI

1-2-3 MAGIC

A Two-Week Video-Based Behavior Management Program



For Parents/
Caregivers of
Children 3-12



Positive discipline techniques are practical and easy to learn!

- How to stop the behavior you don't want.
- How to start the behavior you do want.
- Avoid the talk-persuade-argue-yell-cycle.
- How to handle misbehavior in public.
- How to deal with testing and manipulation.

Dates: Wednesdays, October 2 and October 9, 2019

Please plan to attend both evenings.

Time: 6:00 p.m. — 8:00 p.m.

Location: Hooper Community Building, 36 Broad Street, Oshkosh

Cost: \$5.00/person

(Scholarships available by calling (920) 739-4226 x-127)

Free child care available. Limited spots. Register early.

Register by calling ThedaCare at (920) 830-6877 or go to www.thedacare.org.

Click on "Classes."



Workshop Cancellation Line
920-739-4226, ext. 154

Parent Connection, a program of Family Services
36 Broad Street, Oshkosh WI 54901
920-233-6630
www.familyservicesnew.org/parent-connection



Like us on Facebook for the most up-to-date workshop information.

www.facebook.com/ParentConnectionWI



Get the MyACCESS App Today!

The MyACCESS mobile app provides a simple and convenient way to connect to your benefits anywhere, anytime.

Check your benefits.

Wondering what programs you're enrolled in or when you need to renew your benefits? Now you can see that information at a glance at any time.

*Food Share MAPP
Medicaid QMB SLMB*

Get reminders.

Can't find the letter saying what information you need to submit and when? Get reminders when you need to take an action or submit a document.

Submit documents.

Want a faster, easier way to submit and track documents? Take photos of your document and submit them at any time. Plus, easily check the status of all the documents you've submitted in the last 90 days.



Want to download the MyACCESS app?

Go to the App Store or Google Play Store today and download it for free! Just search "MyACCESS Wisconsin."



This institution is an equal opportunity provider.

dhs.wisconsin.gov/myaccess





The Power of Money

Discover proven ways to:

- Build a budget that works
- Spend less & save more
- Reduce debt
- Prepare for unexpected expenses
- Have financial peace of mind
- Reach your goals

Get in Touch

Signing up is easy. Just call **(920) 886-1000** or register online www.fisc-cccs.org/workshops

No Workshop Fee!

Thanks to a grant from The Guardian Life Insurance Company of America®, there is no cost to attend this workshop in 2019.

Class size is limited. Register in advance.

Special Grant Funding:
No Cost for 2019!
Repeat of a sellout!

"This was eye opening..."



"The Power of Money class was eye opening. With the knowledge I gained, in the last 18 months, I started an emergency savings account, maintained a put and take savings account, paid off my credit card, paid off one student loan and paid my bills on time without worry every month.

Having a handle on my finances allowed me to jump at some incredible opportunities guilt free, including traveling to Kentucky, San Francisco and Germany.

Thank you for the guidance you shared. It dramatically improved my life."

Your 2019 Dates

This is a three-week series. Each class begins on a Tuesday at 6 p.m. and ends by 8:15 p.m.

January 8, 15 & 22

February 5, 12 & 19

March 5, 12 & 19

April 2, 9 & 16

May 7, 14 & 21

June 4, 11 & 18

July 9, 16 & 23

August 6, 13 & 20

September 10, 17 & 24

October 8, 15 & 22

November 5, 12 & 19

December 3, 10 & 17

Where we Meet

Goodwill Community Campus, 1800 Appleton Road, Menasha Entrance #2

FISC is a United Way supported program





Unsure of Your Career Path? Attend a **FREE** Career Development Workshop and create a plan to achieve your career goals!

Assess your skills, values, and interests while learning how they relate to different career paths.
Explore occupations, job outlook information, and educational programs.
Each workshop is scheduled for a total of six hours.
Individual appointments with a career counselor are included as part of each workshop.

Upcoming workshops are listed below.

Day	Workshop Dates	Time	Class Number & Location
Monday	August 5, 12	1:00–4:00 PM	83840 Appleton Room HS204
Thursday	September 12, 19 October 3	4:00–6:00 PM	84707 Appleton Room B126
Monday	September 16, 23, 30	2:00–4:00 PM	84708 Appleton Room B126
Tuesday	September 24 October 1	10:00 AM–1:00 PM	84709 Appleton Room A142

To register for a workshop, call (920) 735-5645.



OPEN HOUSE

Tuesday, October 8 • 3-7 p.m.

1825 N. Bluemound Drive, Appleton (entrance 10)



Explore 200+ programs!

Event Highlights:

- Talk to Current Students & Faculty
- Technology Demonstrations
- Transfer to FVTC: Transcript Review While You Wait
- Tour Tech Village Student Housing Complex
- Free Food & Prizes

Admissions Info Sessions:

- How to Choose a Degree
4-4:30 p.m., 5-5:30 p.m., 6-6:30 p.m.
- How to Pay for College – 4:30-5 p.m., 5:30-6 p.m.

Community Info Session:

- How to Start Your Own Business – 5:30-8:30 p.m.
Located at the D.J. Bordini Center • Register at www.fvtc.edu/OpenHouse

Other campuses also open!

Check out our Oshkosh Riverside campus or regional centers in Chilton, Clintonville, Waupaca or Wautoma to apply in person or for general college information.



Pay no application fee!

Apply for admission during the Open House and we'll waive the \$30 application fee.
High school seniors and older are eligible to apply. You must apply in person.



www.fvtc.edu/OpenHouse • 1-800-735-FVTC (3882)

Rent Smart 2019

*FREE WORKSHOPS TO HELP YOU FIND AND KEEP
A SUITABLE PLACE TO LIVE.*

Rent Smart provides practical education to help people looking for rental housing find, get, and keep suitable housing. Rent Smart workshops are FREE. Each workshop consists of 2 sessions. Completion of the course provides you with a certificate to show your commitment to being a good tenant. **Registration is required.** Call (920) 232-1973 to register.

March 19 & 26 (Tuesdays) 9:00—11:30am

Menasha Public Library (*Company E Room*)

June 18 & 25 (Tuesdays) 9:00—11:30am

J.P. Coughlin Center (*Volunteer Room*)

August 14 & 21 (Wednesdays) 6:00—8:30pm

Neenah Public Library (*Shattuck Room*)

September 19 & 26 (Thursdays) 9:00—11:30am

Menasha Public Library (*Company E Room*)

October 16 & 23 (Wednesdays) 5:00—7:30pm

Oshkosh Public Library (*Lower Level Room A*)

December 10 & 17 (Tuesdays) 9:00—11:30am

Oshkosh Public Library (*Lower Level Room A*)



Appleton
Public Library



FREE
JOB SEARCH
ASSISTANCE

JOB CONNECTION

At the Appleton Public Library, 2nd floor

- Job Searches
- Online applications
- Writing resumes
- Writing cover letters
- Finding education & training resources

Mondays 5-7 pm
Tuesdays 6-8 pm
Thursdays 6-8 pm
1st and 3rd Saturdays, 9-11 am

Reasonable accommodations for persons with disabilities will be made upon request and if feasible. If you need an interpreter, translator, materials in alternate formats or other accommodations to access this program, please call (920) 832-6346.

2019 Salvation Army Holiday Sign up

Holiday Assistance 2019

Tuesday, October 22nd, Wednesday, October 23rd 2nd from 9:00-4:00 pm, for Coats, Toy Store, and Adopt a Family ONLY



Wednesday, November 6th from 9:00-5:00 pm for Toy Store, Coats ONLY

Tuesday, December 10th from 9:00 -5:00 pm for Toy Store ONLY

At The Salvation Army of Oshkosh, 417 Algoma Blvd., 920-232-7660



In order to sign up you MUST have the following:

ALL SERVICES GREEN CARD current within the last six months and identification

Or

you must provide the following:

- Current photo ID for all adults
 - Social Security or Forward Cards for everyone living in household
 - Proof of address (bill or lease)
 - Proof of income for entire household (Income includes print out of Wages, Unemployment, Food Stamps, Social Security, Child Support and W2)
- Food Share Card accepted**

You must be an Oshkosh, Omro, or Winneconne resident with the following zip codes in order to sign up

- 54901
- 54902
- 54903
- 54904
- 54906
- 54927
- 54934
- 54947
- 54963
- 54964
- 54980
- 54985
- 54986

TEFAP Income Eligibility 2019

Total # in household	Weekly	Monthly Income (gross)	Annual Income (gross)
1	\$480.00	\$2,082.00	\$24,980.00
2	\$650.00	\$2,818.00	\$33,820.00
3	\$820.00	\$3,555.00	\$42,660.00
4	\$990.00	\$4,292.00	\$51,500.00
5	\$1,160.00	\$5,028.00	\$60,340.00
6	\$1,330.00	\$5,765.00	\$69,180.00
7	\$1,500.00	\$6,502.00	\$78,020.00
8	\$1,670.00	\$7,238.00	\$86,860.00
For each additional member add	\$170.00	\$736.00	\$170.00

9th Annual "Dinner's On Us" Event

Dinner's On Us is a FREE food distribution, with a focus on Healthy Foods and Community Resources, brought to your community by UnitedHealthcare Community Plan.

Dinner's On Us includes a full grocery bag of frozen chicken, pasta and beautiful fruit and vegetables.

- This event is open to the public
- Thursday October 24, 2019 3pm-6pm

Goodwill Campus: 1800 Appleton Road, Menasha

*Quantities are limited and will be given away on a first come, first served basis. One bag per household.

MAGNIFY

your
purpose.



2019
BELLA MEDICAL CLINIC
walk FOR life



SATURDAY
October 5, 2019

CHECK-IN: 8:30am
START TIME: 9:00am

1484 W. South Park Avenue
Oshkosh, WI • 920.231.6006

Specializing in Saving Lives!



4th Annual *It's the Time of Your Life*
OSHKOSH SENIOR EXPO



TUESDAY, OCTOBER 1ST · 9:00AM-1:30PM
OSHKOSH CONVENTION CENTER • 2 N. MAIN ST. • OSHKOSH, WI

FEATURED SPEAKER



10am Susan Bach,
 NE WI Reg.
 Dir-Better Business Bureau
 "How to Protect Yourself
 from Scams
 And Be a Smarter
 Consumer"

- 700+ Active Adults, Retirees & Caregivers, ages 55+
- 85+ Exhibitors with Senior Products & Services
- Diverse Retirement Living & Medical Options
- Financial Institutions and Advanced Directives
- Insurance and Wills & Estate Experts
- Home Improvement Experts
- Informative Workshops & Seminars
- Free Health Screenings
- Door Prizes & Special Giveaways

Flu Clinic by *Walgreens*
 AT THE CORNER OF HAPPY & HEALTHY™

FEATURED EVENT

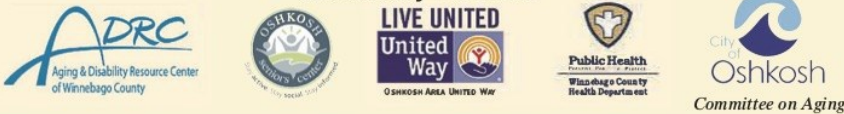


12-1:30pm Franki Moscato,
 Oshkosh's own, March 2019
American Idol Golden Ticket
 Winner

FREE ADMISSION & PARKING

GRAND PRIZE DRAWING FOR A 43" HIGH DEFINITION LED/TV

Community Partners:



Show Sponsors:



Meet our Senior Perfect Pups!

**For Seminars, Locate Exhibitors or Search Products,
 visit www.TimeOfYourLifeExpo.com**



Hands-On, High-Tech Event

Discover careers in Wood Manufacturing Technology
and Residential Building Construction!

**Tuesday or Wednesday
October 23 or 24, 2018**

Fox Valley Technical College
S.J. Spanbauer Center • 3601 S. Oregon St., Oshkosh

Programs Highlighted:

Residential Building Construction
Wood Manufacturing Technology

You're invited to tour our high-tech woodworking
and construction labs and experience a different
kind of learning environment.

Your students will work hands-on with machinery,
learn about career training and future
employment opportunities.

Fox Valley Technical College is the only technical
college in Northeast Wisconsin offering these
programs.

To Register:
Event registration opens Sept. 10
at www.fvtc.edu/Visit.
Register by Sept. 28.

For high school groups only (grades 9-12).
Registration must be completed
by high school faculty.
Questions: 920-236-6112



BBQ Beans recipe

Backyard Barbeque Beans

- 1/2 c barbeque sauce
- 1/2 c ketchup
- 1/2 c water
- 2 tablespoons spicy brown mustard
- 2 tablespoons cider vinegar
- 1 teaspoon liquid smoke
- 1 teaspoon granulated garlic
- 1/4 teaspoon cayenne pepper
- 1 1/4 pounds brats, casings removed
- 2 onions, chopped
- 2 (28-ounce) cans baked beans
- 2 (15-ounce) cans pinto beans, drained
- 2 (15-ounce) cans cannellini beans, drained
- 1 (10-ounce) can Ro-Tel Original Diced Tomatoes and Green Chilies, Drained
- 6 slices thick-cut bacon, cut into 1-inch pieces



Enjoy this Baked bean recipe!! I cut this recipe in half since it made too much for us. This would be a great recipe for the coming cold months ahead or the holidays. It has a little heat and BACON!



1. Preheat oven to 350 degrees.
2. Whisk bbq sauce, ketchup, water, mustard, vinegar, liquid smoke, garlic, and cayenne pepper in large bowl.
3. Cook Brats on medium high heat in skillet, breaking up into small pieces about 5 minutes.
4. Stir in Onions and cook until brats and onions are browned. About 15 minutes.
5. Mix brats into sauce bowl. Stir in all beans and tomatoes.
6. Put Bean mixture into 9 x 13 inch baking pan and place pan on rimmed baking sheet. Arrange bacon pieces over top of beans.
7. Bake until beans are bubbling and bacon is rendered, about 1 1/2 hours.
8. Let cool for 15 minutes. Serve.