

# Cinco de Mayo

## Word Search

V M A R A C A S O N C R O P B  
S I O N F R I M A Y U B C U U  
O B A V I C T O R Y L A R E R  
M T R Y E B M A Y E T T O B A  
B Y A O S V U E O T U L M L T  
R D A C T T O R X I R E I A C  
E A V P A R A D E F E T N T O  
R N T S A L A C O S R S C R S  
O C M O P I N A T A C A I D A  
M I C E L E B R A T I O N A T  
A N M O X A C O S A A T C C T  
R G C R A I N S A C C A O Y E  
A T M A Y O C A T O S A S A N  
O F R A I C S O H S A L S A G  
B A T T L E B U R R I T O S S



BATTLE	FIESTA	PINATA
BURRITOS	FRANCE	PUEBLA
CELEBRATION	MAYO	SALSA
CINCO	MARACAS	SOMBRERO
CULTURE	MEXICO	TACOS
DANCING	PARADE	VICTORY



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# Tower Times



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Court Tower Apartments 100 Court St., Oshkosh, WI 54901

## Don Traugott, Advocap Volunteer of the Year

Court Tower resident Don Traugott is a hard working volunteer for the Advocap Foods and Nutrition Program. Don is being awarded Volunteer of the Year and will be presented with the award at the Advocap Annual meeting on May 16th, 2019. Advocap picks one volunteer from each county to win. Don won out of dozens of nominations. Congratulations Don!

## 2019 United Way Day of Caring

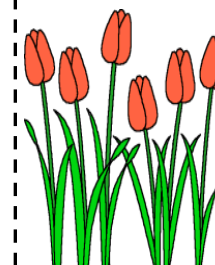
On Wednesday, May 8<sup>th</sup>, a team of eager and energetic volunteers will be giving of their time to help spruce up areas of Court Tower as part of the Oshkosh Area United Way's 24th Annual Day of Caring.

They will be here from 8:30 a.m. – Noon.



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## Newsletter Submissions

If you have any articles or ideas that you would like to share, please contact Jane Spietz at 920-424-1483 or [janes@ohawcha.org](mailto:janes@ohawcha.org).

Submissions to the newsletter should be received by the 20th of the month.



**Nurses Notes**

**Spring is here! Think about doing some spring cleaning.**

It is a great time to look in your medicine cabinet and get rid of medications that have expired or you are no longer taking. Medication strength changes over time and is not typically safe after one year.

**How can I safely dispose of the medications I no longer need?**

- It is no longer acceptable to flush or throw away medications in your garbage.
- Proper disposal removes the medications from your home in a safe way so that others don't have access to it.
- Find your local drug Drop locations or ask your social worker or nurse to help you.



**Medication Drop-off Guidelines**

- Empty all your pills you are disposing of into a sandwich-sized sealable bag.
- Keep all liquids, creams and powders in the original containers.
- Drop off all bags of pills, liquids, creams and powders at your local drop off locations.

**What medications do they accept?**

- All prescriptions and over the counter medications.
- Pills, creams, ointments, liquids, powders, inhalers and pet medications.

**What are the things they will not accept?**

- Sharps, Needles, syringes and lancets.
- Never put medical sharps in your garbage or recycling.
- Used and unused sharps must be placed in an acceptable sharps container and taken to a registered collection facility.
- Acceptable containers are red sharps containers. If you are unable to get a red sharps container use a heavy-duty plastic container with a tight fitting lid like a detergent bottle.
- **Do not use** milk containers, soda cans, glass containers or water bottles.



**Safe Drug Drop-Off Locations in Winnebago County**

- Oshkosh Public Safety Building
- Neenah Police Department



Come to Glacier Dental and receive

**FREE DENTISTRY**

May 10<sup>th</sup> 2019

8:00 AM -3:00PM

1720 Congress Ave Oshkosh

Only one procedure per person. Choose a cleaning, extraction or filling. First come, first serve.

**May 16th Lecture at 2:00 PM in the Theater**

John Scheelk and Court Tower resident Gary Ruedinger will discuss Gary's collection of photos showing Oshkosh during the 1880-1910 era and what is there now. This was rescheduled from April 10th.

Please plan to join us for this interesting talk!





## Manager's Corner

### Staff Schedule Changes

As many of you know the Housing Authority opened a new housing community in Oshkosh, Waite Rug Place, 300 E. Custer Avenue. I am the property manager and Jane is the social service coordinator for Waite Rug Place. Our hours will be shared between the two programs. Here is the new Court Tower schedule of when Jane and I will be on-site:

Bob	Jane
Monday 8am - 4pm	Monday - Thursday 8am - 12pm
Tuesday-Thursday 12:30 - 4 am	Friday 8a-12pm

The office hours have not changed. They are posted on the office door.

Bob Poeschl, Property Manager, Oshkosh Housing Authority  
920-303-5400 Office, 920-424-7649 Fax, [bobp@ohawcha.org](mailto:bobp@ohawcha.org)

To apply for housing, go to: <http://www.oshkosh.housingmanager.com/>  
or <http://www.ohawcha.org/apply-online/>

### Court Tower Resident Meeting

The May Court Tower Resident Meeting will be held on Tuesday, May 14, 2019 at 2:00 PM in the 1st floor Community Room. All residents are welcome and encouraged to attend.

### Holiday Office Hours

The Housing Authority offices will be closed on Monday, May 27, 2019 for the Memorial Day holiday and will reopen on Tuesday, May 28, 2019 at 8:00 a.m.



- Menasha Police Department
- Town of Menasha Police Department

Submitted by Lori Duclon, RN

## SATURDAY, MAY 11, 2019



PUT YOUR NON-PERISHABLE DONATION IN A BAG BY YOUR MAILBOX.  
WE'LL DELIVER IT TO A LOCAL FOOD BANK.

NATIONAL PARTNERS



Containers will be available for you to place your non-perishable food items in near the Court Tower mailbox area. Thank you!

