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River Cities Chronicle

Foxview Manor (Omro) & Riverside Apartments (Winneconne)

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Dogs on Leashes

For those that have dog, it is VERY important that you have your dog on a leash when you exit your apartment. This is for your own dog's safety as well as the safety of others, both two legs and four! It is also important that you make sure that you keep your dog within close proximity of you. If you have a retractable leash, you can not let your dog walk through the common areas of the buildings with it fully extended. There are multiple reasons for this which includes:

- You may trip another resident with either your leash or your dog
- You can not safely protect your dog from an aggressive dog or aggressive person
- When fully extended, your dog may enter the elevator before you are ready with the door shutting and the car start moving before you are in the elevator (this has happened!)
- You are not able to control your own dog in case he/she becomes the aggressor

If you stop to talk to someone while you have the dog with you, it is imperative that you either have the dog right by your side or better yet, ask the other person to either go on a walk with you outside the building or go back to your apartment to continue your conversation. You should always be alert of things going around you in the common area when you have your pet and if you are talking with someone this is almost impossible.

The hard part of living in a communal living spaces like Foxview and Riverside is your neighbors may not like dogs or they may be afraid of dogs based on past experiences that are out of your control. Dogs can sense fear and may act on this or worse bite someone. Everyone is advised that if you are bit by a dog (either a another tenants or an outside dog) to call the police to report right away so appropriate actions can be taken. If it is a another tenants dog, please report this to the office after treatment is administered.

Pet Etiquette

So the dog owner has an expected way of controlling their dog in the common area, however everyone else has a responsibility on how to act around pets in the common area as well.

- Do not approach the dog and immediately start petting the dog—You do not know if the dog is friendly, likes to be pet by strangers or if the owner wants you touching their animal. You should always ask the owner before getting close the animal if it would be okay if you pet their animal. If they no, you need to respect their answer!
- Service Animals—Technically, they are not pets but they are working so it is never permissible to pet or distract the animal from their work. Service animals are typically wearing a vest letting your know they are working and please do not touch.
- Please make sure that you are leaving room of persons with dogs to get on and off the elevator.
- If you are afraid of dogs, it is advised that you try to avoid persons with dog in the common areas to the best of your ability. It is advised the you make the pet owner know that you are fearful so they can take appropriate action as well.



Spring is here! Thinking about doing some spring cleaning.

It is a great time to look in your medicine cabinet and get rid of medications that have expired or you are no longer taking. Medication strength changes over time and is not typically safe after one year.

How can I safely dispose of the medications I no longer need?

It is no longer acceptable to flush or throw away medications in your garbage

Proper disposal removes the medications from your home in a safe way so that others don't have access to it.

Find your local drug Drop locations or ask your Social Worker or Nurse to help you.



Medication Drop-off Guidelines

Empty all your pills you are disposing of into a sandwich-sized sealable bag

Keep all liquids, creams and powders in the original containers

Drop off all bags of pills, liquids, creams and powders at your local drop off locations

What medications do they accept?

All prescriptions and over the counter medications

Pills, creams, ointments, liquids, powders, inhalers and pet medications

What are the things they will not accept?

Sharps, Needles, syringes and lancet



Never put medical sharps in your garbage or recycling

Used and unused sharps must be placed in an acceptable sharps container and taken to a registered collection facility.

Acceptable containers are red sharps containers. If you are unable to get a red sharps container use a heavy-duty plastic container with a tight fitting lid like a detergent bottle

Do not use milk containers, soda cans, glass containers or water bottles

Safe Drug Drop-Off Locations in Winnebago County

Oshkosh Public Safety Building

Neenah Police Department

Menasha Police Department

Town of Menasha Police Department



Submitted by Lori Duclon, RN

REAC Inspection

****Make sure your pull cord string is not taped or tacked up to the wall on the day of the inspection! It needs to be free hanging!!!!****

The Department's Real Estate Assessment Center (REAC) will be conducting an inspection to ensure that you are residing in a sound and well-maintained apartment. **This inspection will be taking place at Riverside Apartments (Winneconne) on Friday, May 3, 2019.** They will be selecting a random sample of apartments to be entering for this inspection. You will not need to be home for the inspection. You will receive notice of entry to your apartment for this reason on the date of the inspection. Our building will receive a score from the inspection and our funding is based on how well we do on this inspection. Please make sure that you do a self-inspection of your apartment & check or do the following:

Wendy had given every tenant a "Residence Self-Inspection" checklist. Please do your self inspection and report any issues on this checklist. Please turn into the office as soon as possible with your apartment number listed on the form. If you lost your first form, please stop into the office to get another.

- Report burned out light bulbs (including refrigerator and oven lights)
- Make sure all your doors latch and close completely (nothing blocking them from closing)
- Check oven and range to make sure working properly
- No tin foil in the oven or stove top burners
- Clean refrigerator gasket of any food partials & do a work order if it is loose or detached from the refrigerator or freezer door
- Make sure nothing is in front of any windows
- Make sure smoke detectors are fully functional
- Nothing in front of the breaker box or electrical panel
- Nothing can be taped or stuck to the door to the breaker box
- Make sure all outlets and light switch panels are functioning and not broken
- Test and reset the GFI outlets in your bathroom and kitchen
- Make sure water drains easily in bathtub and both sinks and faucets don't drip once turned off
- Make sure your apartment is clean and sanitary on day of inspection.
- All pots and pans are out of the oven and off the stove top (it needs to be tested by the inspector and they will not remove items to inspect anything)
- No fruit flies or other pests
- Make sure nothing is blocking your closet doors from closing and opening completely
- Make sure your toilet seat is not broken or loose

If you do find something that is not working properly or that is broken, it is VERY IMPORTANT that you put a work order in IMMEDIATELY for it to get fixed. This also applies to the common areas of the building. If you see something that needs fixing outside or inside the building, please put a work order in right away so we can get it fixed. If we score as a high performer, we not only get more funding to keep your homes in good condition, but then they are not required to inspect our property as often and may only need to inspect our property every two or three years instead of yearly.

As in any inspection, you will be given adequate notice that we will be entering your unit for this purpose. We may also be conducting pre-inspections to make sure you have not missed something. If you have any questions or concerns, please talk to the office.



Winnebago County Nutrition Program

Senior Dining Meal Expectations and Guidelines

Welcome to Senior Dining!

We are committed to providing nutritious, sanitary, safe nutrition sites and fostering the well-being and health of participants, volunteers and employees. As a result of this commitment, there are expectations that promote everyone's rights. These guidelines are intended to make everyone feel welcome and safe.

PARTICIPANTS HAVE A RIGHT TO EXPECT:

- A dining site that is safe, comfortable, clean and has a cheerful, friendly atmosphere that promotes socialization and offers health promotion activities
- Wholesome meals and menus that meet nutrition requirements
- Food that passes inspection, meets standards and is safe for consumption
- Qualified, well-trained staff
- Provisions for accessibility for handicapped individuals

EXPECTATIONS OF PARTICIPANTS:

1. EVERYONE IS WELCOME

The dining sites shall be friendly, inviting places for senior citizens to congregate. Behaviors that prevent people from using and enjoying the dining sites are prohibited. The goal of the senior nutrition program is to serve all of the seniors that we can. However, if someone's behavior is found to be negative, dangerous or threatening, the Nutrition Program reserves the right to refuse services. We ask that conversations and behavior be respectful of others. **Inappropriate, harsh, harassing, discriminating or disrespectful acts will not be tolerated.** The use of appropriate language is expected and anything believed to be sexually inappropriate will not be tolerated. Any threatening, violent or otherwise undesirable behavior may be subject to progressive disciplinary action that could result in suspension or expulsion from the program, and/or notification of law enforcement authorities.

2. RESERVATIONS ARE NEEDED

To avoid food waste yet ensure we have an adequate number of meals for our participants, we must require reservations. You are responsible for making your own reservation and, if needed, canceling it by the program's agreed-upon time and day.

3. "DRESS" FOR MEALS

Appropriate "street" dress is required when attending meals. This means no nightwear, no bare or stocking feet, and no clothing that may be offensive to others. For everyone's dining enjoyment, please bath regularly and practice good personal hygiene.

4. PRAYER

You have the choice whether or not to pray; silently or audibly. The prayer may not be led, sponsored or organized by the persons administering the nutrition program or dining centers.

5. CARRYOUTS

Meals are served in the dining room. Meals may be taken out of the dining room only under special, temporary circumstances. If you need to take a meal with you, you must speak directly with the site manager. Please do not just leave a note or a message.

6. NO SAVING SEATS

Everyone is free to choose where he or she wants to sit-- first come, first served. Please do not sit at the Nutrition Program tables during lunchtime if you are not registered for lunch. To avoid a possible fall hazard, "tipping seats" is prohibited.

7. DONATIONS

The Nutrition Program relies on donations to provide meals. Federal and state moneys pay only a portion of meal costs. Please donate what you can. No one who is eligible will be denied a meal if they are unable to contribute toward the cost of the meal. People who are not eligible for the Nutrition Program must pay the full cost for their meal. Due to sanitation and safety concerns, food donations are not allowed.

8. NUTRITION SCREEN and REGISTRATION FORM

It is a federal funding requirement that all participants complete the annual nutrition screen checklist, as well as the registration form that includes some personal information. This information is needed to receive funding for the program. Also, if you are at nutrition risk, written educational material is available to you. You are encouraged to speak with your personal physician or dietitian regarding help in improving your nutritional health.

9. FOOD SAFETY- TAKING FOOD HOME

You may take home any part of the meal served to you. Once the food leaves the dining site, it is your responsibility to assure it is handled safely. We encourage you to bring a cooler/lunch bag with a cold pack to keep the food/milk cold until you can refrigerate it. This should be done as soon as possible- the food should not be at room temperature longer than 2 hours. A handout on how to transport and reheat food safely is available- ask the site manager for a copy. **For your safety, you may not remove any food items from the garbage.**

We ask that everyone be respectful of one another when participating in the Nutrition Program. If you ever feel that you have been treated unfairly by staff or a volunteer, or another participant at the dining site, you may file a grievance/complaint.

We value your input! If you have any questions, comments or concerns please call 920-725-2791 or email lorif@advocap.org

Respectfully,

Lori Fernandez, Nutrition Program Director



**Oshkosh / Winnebago County
Housing Authority**

Oshkosh/Winnebago County Housing
Authority
PO Box 397
Oshkosh, WI 54903
(T) (920) 424-1470
(F) (920) 424-1474
www.ohawcha.org

Foxview Manor

330 W. Main St.
Omro, WI 54963
(T) (920) 685-6322
(F) (920) 859-0223

Riverside Apartments

101 N. Second St.
Winneconne, WI 54986
(T) (920) 582-7656
(F) (920) 706-0066

Open Office Hours:

Foxview Manor

Monday	Tuesday	Wednesday	Thursday	Friday
Erin: by ap- pointment only	Erin: 9:00am— 11:30am	Wendy: 8am—noon	Erin: 9:00am— 11:30am	No office hours

Riverside Apartments

Monday	Tuesday	Wednesday	Thursday	Friday
Erin: by ap- pointment only	Erin: 1:30pm— 3:30pm	Wendy: 12:30pm— 4:30pm	Erin: 1:30pm— 3:30pm	No office hours

Don't Let in Visitors You Don't Know

It is easy to get to know your neighbors and their families when you live in a smaller building like Foxview and Riverside so when you see them using the intercom attempting to get let into the building, you might just want to let them in to be nice. **However, please do not do this!** It is very important that you do not let people into the building that are not your direct visitors. If you let a visitor into the building and they do harm to the property or another person, technically you are responsible for their behavior and you could jeopardize your housing. Even if you know the family member, you may not know if something happened in that relationship with the resident that they may not want them in the building or in their apartment anymore. I would encourage you if you see someone trying to get into the building by the intercom, wait for them to gain entrance to the building by the person on the intercom or leave before you leave the building so they don't sneak in behind you as you leave. You can always use the other door in this case as well. If you notice that someone is walking around the building and testing doors, you should call 911 right away. This is to protect you as well as your fellow neighbors from possible danger.

Check on your Neighbors

All of a sudden you hear a loud noise from your neighbor above you, what should you do? Did my neighbor fall? We would encourage you to look out for your fellow neighbors. You might want to listen to see if you hear more movement in the apartment. You might want to go up to their apartment and knock on their door to check on them. If you are not hearing anything after knocking, this would be grounds enough to get the key keeper to do a welfare check. If there is not a key keeper around, we would encourage you to call 911. In these cases, we would rather have a person be safe than sorry.

Remember, we do not want ANYONE to pick someone else up if they have fallen. You can call 911 and let them know that you need a lift assist if the person does not appear to be in pain or bleeding. Even if your neighbor will be mad at you, at least they will be safe in case they broke something or were injured but unaware.

Also, please let Erin know if you had to call 911 on someone or you know that they were taken out by ambulance so further follow up can be taken.

Activity Calendar for Riverside Apartments



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:30pm Bible Study	2 Bug Day (#104, 204, 304) 12:30pm Polish Poker	3 8am Birthday Coffee Hour	4
5 Cinco de Mayo 	6 National Nurse Day	7 12:30pm Pokeno	8 6:30pm Bible Study	9 12:30pm Polish Poker	10 8am Coffee Hour	11
12 Mother's Day 	13 1pm Fire Alarm Testing	14 12:30pm Pokeno	15 1:15pm Resident Meeting 6:30pm Bible Study	16 12:30pm Polish Poker	17 8am Coffee Hour	18 Armed Forces Day 
19	20	21 12:30pm Pokeno 3pm WCHA Board Meeting @ Marian Manor	22 12:30pm Bingo 6:30pm Bible Study	23 12:30pm Polish Poker	24 8am Coffee Hour	25
26	27 Memorial Day OFFICE CLOSED	28 12:30pm Pokeno	29 6:30pm Bible Study	30 12:30pm Polish Poker	31 8am Coffee Hour	

Activity Calendar for Foxview Manor



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Bug Day (#104, 204, 304)	3 9am Nurse Open Hour	4
5 Cinco de Mayo 	6 National Nurse Day	7	8	9 Piggly Wiggly Delivery	10	11
12 Mother's Day 	13	14 1pm Fire Alarm Testing	15 3pm Resident Meeting	16	17	18 Armed Forces Day 
19	20	21 3pm Bingo with birthday party to follow	22	23 Piggly Wiggly Delivery	24	25
26	27 Memorial Day Office Closed	28 3pm WCHA Board Meeting @ Marian Manor	29	30	31	