

# Marian Messenger

Volume 7, Issue 12  
December 2018

Marian Manor

600 Merritt Ave. Oshkosh, WI 54901

Marian Manor Offices will be closed on the  
following days for the Winter Holidays.

Christmas Eve -Monday, December 24th

Christmas Day– Tuesday, December 25th

New Years Day– Tuesday, January 1st



*The Staff at Marian Manor would like to  
wish you all a Happy Holiday Season.*

Bob, Stacy B., MaryJo,  
Stacy G-V, Teresa & Lori

## It's the Thought that Counts

It's not unusual to want to give a gift during the holiday season to someone you like or someone who has helped you during the past year. Just remember, it is the policy of the Housing Authority that Housing Authority employees are NOT allowed to accept gifts from those we serve. Our staff asks that you not give gifts to them as they do not want to put anyone in an uncomfortable situation or hurt anyone's feelings by not accepting a gift. If you want to show your appreciation to staff during the holiday season, a simple, "Thank You. I'm glad you are here", or a note to our supervisor stating your appreciation goes a long way in spreading your warm holiday wishes.

## Father Carr's Christmas Meal

Father Carr's Place 2B will provide a free Noon meal on Christmas Day, December 25th. Delivery is between 10 am—12:30 pm.

If you would like a meal delivered to your apartment please sign up before 8:00 am on Monday, December 17th.

Sign up sheet is located on the bulletin board.



If you have information you would like to submit for the Marian Messenger contact Mary Jo at 920-424-1470 Ext. 136 or email at [maryjos@ohawcha.org](mailto:maryjos@ohawcha.org). Please submit any material by the 20th of the month if you would like your information posted in next month's newsletter.



**Medicare Open Enrollment**

The Medicare annual election period this year will be from Monday, October 15th through Friday, December 7th. This is the time of the year to compare plans to make sure you have the right health and prescription drug coverage. Plan costs and covered benefits can change from year to year.

During the open enrollment period you can do any of the following:

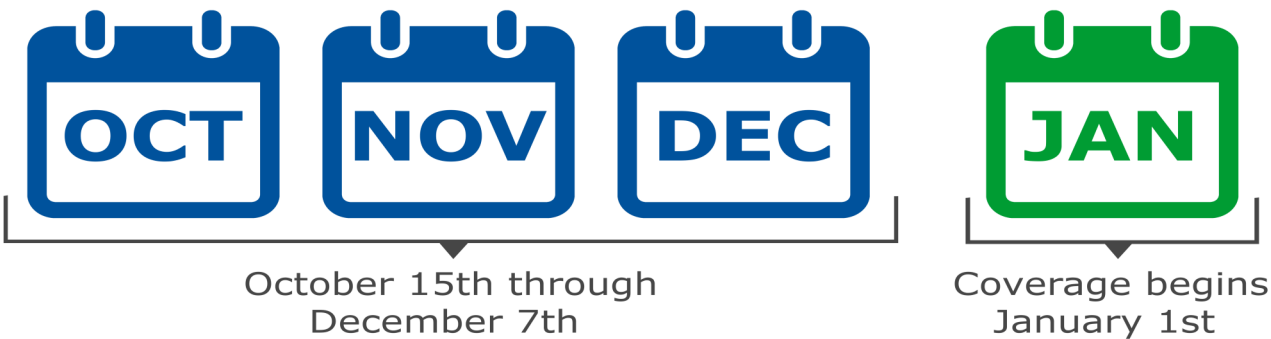
- Switch from Medicare Part A & B to an Medicare Advantage Plan (Part C)
- Switch from a Medicare Advantage Plan (Plan C) to Medicare Part A & B
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Make changes in your Medicare Prescription Drug Plan (Part D)

Effective date for these changes will be Tuesday, January 1, 2019.

This can be a very confusing time of the year for many. Luckily there are a number of resources willing to help.

- You can go online to Medicare.gov or call 1-800-MEDICARE (1-800- 633-4227) 24 hours a day seven days a week.
- Contact Joan Jaworski, Winnebago County Benefit Specialist at 236-4685.
- Set up an appointment to see Mary Jo, Social Services Coordinator at 424-1470 Ext. 136.

This is also a good time to check and see if you qualify for the Extra Help Subsidy. Even if you did not qualify in the past, program guidelines change each year or your own situation may have changed. I strongly encourage you to look at your options before the end of November.



**Marian Manor Snowplowing Policy**

Before the snow starts to fly let’s review the snowplowing policy at Marian Manor. The parking lot will be plowed when three inches or more of snow has finished falling. Clearing of the parking lot will not be done during the snowfall, unless the snowfall is expected to be several inches or last over a couple of days. Signs will be posted at both main entrances. **When in doubt check for the signs.** You will be able to view the signs on your television, tune into channels 955 & 956 and look for the “happy plower” (as shown below) Cars will need to be removed from the lot by 11:00 am, so plowing can begin promptly at 11:30 am. If you fail to move your car a warning will be issued for the first offense. If you fail to move your car a second time you will get a \$30 fine and your car will be towed. A third offense will get another \$30 fine, your car towed and you will lose your parking privileges. When moving your car do not move it to one of the front circle parking spots as this area will be plowed as well. Do not return your car to the lot until the **entire** lot has been plowed and salted. Thank you for your cooperation in this matter, if everyone follows these guidelines the snowplowing of the parking lot goes smoothly for all.





## Marian Manor Resident Holiday Party

Marian Manor Holiday Party will be held on Wednesday, December 5th in the Activity Room. Dinner will be served at 4:00 pm with entertainment & door prizes to follow.

Dinner will be catered by The Roxy

Menu: Baked Ham, Tenderloin Tips, Mashed Potatoes, Stuffing, California Blend Vegetables, Salad, Bread, Dessert & Beverages

Oshkosh West Madrigals will be providing the entertainment.

We hope to see everyone there.

**REMINDER: Please keep the following items updated in the Marian Manor Office:**

**Your Phone Number**

**Your Emergency Contact Name & Telephone Numbers**

**For those that own a Pet your Pet Sponsor Name & Contact Information**



### **Caroling, Cookies & Cider**

Join us in the Activity Room and sing along on Tuesday, December 18th 6:30 pm when the choir from Most Blessed Sacrament will sing many familiar Christmas Songs.

### **New Key Keeper**

Stephanie Tomko, Apartment # 114 has volunteered to be a Key Keeper. Stephanie is also a Floor Leader for Marian Manor.

Anna Owens in Apartment # 515 continues to be a key keeper. Thank you to Ruth Ann who served as a key keeper for several years.

Here are some reminders about the Key Keepers duties. Key Keepers are for lockouts & welfare checks only. No maintenance call issues. Key Keepers are to be contacted when the Marian Manor Office is closed. If the office is open please see office staff for assistance.





Session Dates and Times

Session Name	Date	Time
Session 1: Thinking About Quitting	Wednesday, November 14	9:30am - 11:00am
Session 2: On the Road to Freedom	Wednesday, November 21	9:30am - 11:00am
Session 3: Wanting to Quit	Wednesday, November 28	9:30am - 11:00am
Session 4: Quit Day	Wednesday, December 5	9:30am - 11:00am
Session 5: Winning Strategies	*Friday, December 7	9:30am - 11:00am
Session 6: The New You	Wednesday, December 12	9:30am - 11:00am
Session 7: Staying Off	Wednesday, December 19	9:30am - 11:00am
Session 8: Celebration	*Friday, December 21	9:30am - 11:00am

Updated Dates & Times

**Freedom From Smoking®** is the Lung Association’s proven quit smoking program, and has helped over a million people:

- Set a date and create a quit plan,
- Identify and overcome cravings,
- Find the support of others who understand, and
- Achieve freedom from smoking

Freedom From Smoking can be accessed several ways, including:

- **Online:** Quit smoking on your own time through your computer, tablet or smartphone. With videos, quizzes and activities, this step-by-step guide will track your quit attempt and give you helpful advice along the way.
- **Group Clinics:** Over eight sessions, quit with the support of others under the guidance of an expert facilitator.
- **Lung HelpLine:** Receive one-on-one support from the American Lung Association’s tobacco cessation counselors who will help you plan for a quit day and set you up for smokefree success.

# December 2018

## Marian Manor Staff

**Stacy, Senior Property  
Manager**

**424-1470 Ext. 126**

Monday 8:00 am - 4:30 pm

Tuesday 8:00 am—4:30 pm

Wednesday 8:00 am - 4:30 pm

Thursday 8:00 am- 4:30 pm

Friday By Appointment Only

**Mary Jo, Social Services  
Coordinator**

**424-1470 Ext. 136**

Monday-Thursday \

8:30 am—4:30 pm

Friday 8:00 am– Noon

**Bob, Maintenance**

Monday -Thursday

7:00 am-4:30 pm

Friday 7:00 am- 11:00 am

**Stacy, Custodial**

Monday, Tuesday, Thursday

6:00 am - 2:30 pm

Friday 6:00 am—Noon

**After Hours Maintenance  
920-966-4235**

**Nurses- 4th Floor Office  
424-1470 Ext 124**

**Lori, Monday, Tuesday, &  
alternate Fridays**

**Teresa, Wednesday, Thursday  
& alternate Fridays**

**Su van Houwelingen,  
Executive Director**

424-1450 Ext. 112

**Office Closed for Lunch  
Noon—1:00 pm**

