

BODY · MIND · SPIRIT



Oshkosh Seniors Center

&

Valley VNA Senior Care



Presents 2nd Annual

Brain Fitness Fair 2018

FUN & EDUCATIONAL WORKSHOP

Learn ways to grow brain health and be your best in
Mind - Body - Spirit

**Free
Community
Workshop!**

Date: Wednesday, September 12, 2018
10 am to 1 pm

Oshkosh Seniors Center 200 North Campbell Road, Oshkosh

Brain Fitness Fair 2018 Features:

- Interactive Displays
- Free Samples and Tokens
- Expert Vendors
- Cooking Demo Healthy Brain Food
- Door Prizes
- Invite your Friends
- Free Lunch!-Limited number of FREE lunch tickets will be available for those attending Dr. Larson's presentation. Registration for lunch required by Friday, September 7th. Tickets will be given at time of registration on a first come, first served basis.
- **Tickets only required for lunch. All are welcome to attend presentation.

Dr. Larson has served as a neurologist at Neuroscience Group for over 20 years and in the Fox Valley for 34 years.

Gizelle Larson, M.D.

Key Note Speaker

*"Delaying The Onset of
Alzheimer's Disease"*



She takes the greatest satisfaction in helping improve the lives of her patients.

For Questions Call Jane at 920-232-5308 or Tara at 920-422-6240