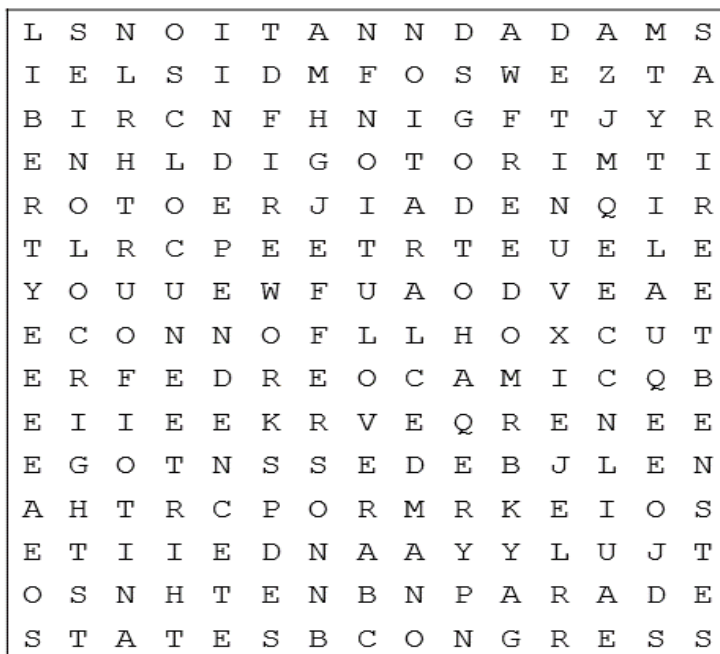




Independence Day

July 4th



ADAMS
AMERICA
BARBECUE
COLONIES
CONGRESS
DECLARATION
EQUALITY
FIREWORKS

FOURTH
FREEDOM
HOTDOGS
INDEPENDENCE
JEFFERSON
JULY
LIBERTY
NATION

PARADE
REVOLUTION
RIGHTS
STATES
THIRTEEN
UNITED



Court Tower Apartments July Lecture

Karla Szekeres from the Oshkosh Public Museum will talk about "Oshkosh as a City: 1850 to the Present" on Thursday, July 19th at 2:00 PM.



Tower Times



Volume 7, Issue 7
July 2018

Court Tower Apartments 100 Court St., Oshkosh, WI 54901



The Housing Authority Offices will be closed on Wednesday, July 4 in observance of Independence Day. Wishing everyone a fun, safe holiday!



Court Tower Resident Picnic

Tuesday, July 31, 2018 Noon – 3:00 PM



Come on out for some great food, music and fun!

Red's Catering will be serving lunch and entertainment will be provided by PK Productions DJ Service. The sign-up sheet is in the Café area. The deadline to sign up is Thursday, July 26, 2018. Red's needs a head count to make sure we have enough food for everyone.

Important: *Please* inform staff if you sign up but are then are unable to attend, because the recreation fund still gets charged for no-shows.

NOTE: This is an alcohol-free event. There is no charge to attend.

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- July Lecture



Newsletter Submissions

If you have any articles or ideas that you would like to share, please contact Jane Spietz at 920-424-1483 or janes@ohawcha.org.



Submissions to the newsletter should be received by the 20th of the month.



Nurse's Notes

Follow these tips to stay safe during extreme heat:



- When possible, stay in air conditioning on hot days. If you don't have air conditioning, head to libraries, malls, and other public spaces to keep cool.
- Be sure to check on older friends and neighbors who live alone.
- If you have to be outside, stick to the cooler morning and evening hours. Wear light, loose clothing and take frequent, air conditioned breaks.
- Beware of hot cars. Never leave a person or a pet in a parked car, even for a short time. On an 80 degree day, the temperature inside a car can reach 100 degrees in less than 10 minutes.
- Stay hydrated. Don't wait to feel thirsty. Drink plenty of water throughout the day. Avoid alcohol and hot, heavy meals.
- Taking a cool shower or bath will cool you down OR apply cold wet washcloths to the neck, head and arms or legs also cools the body quickly.
- Stay informed. Watch your local weather forecasts so you can plan outdoor activities safely. Pay attention to any extreme heat alerts.
- Keep your pets cool. Be sure to give your pets plenty of fresh, clean water. Make sure they have a shady place to get out of the sun, or keep them indoors.
- If you start feeling overheated, weak, dizzy, nauseated, or have muscle cramps, you could be experiencing heat illness. Move to air conditioning, drink water, get under a fan, and put cool washcloths on your neck or forehead.
- If your symptoms worsen or don't improve, go to the emergency room or call 911.

Submitted by Teresa Paulus, R.N.

Tower Times Newsletter

Effective July 1st, the Tower Times newsletter will no longer be delivered to every door. We will begin to have copies available in the Café. You will also be able to view the newsletter on the Oshkosh/Winnebago County Housing Authority's website at <http://www.ohawcha.org/>



Free Live at Lunch Concert Series

The Live at Lunch Concert Series takes place at the Grand Opera House Square at the corner of Market St. and Algoma Blvd. on Wednesdays from 12:00 - 1:00 PM.

Each day there will be a downtown restaurant catering lunch items. Please bring lawn chairs and/or blankets for the show. Come down to the Opera House Square, relax and enjoy the show!

Performers/Food Vendors

July 11 – Erin Krebs/ Manila Resto

July 18 – Water City Jazz Orchestra/ Oshkosh Country Club

August 1 – Franki Moscato/ Zaroni's

August 8 – Michelle and Danny, Copperbox/ Manila Resto



Court Tower Resident Meeting

The July resident meeting will be held on Monday, July 9, 2018 at 3:00 PM.



Our special guest speaker Ellen Koski will be our speaker. Ellen is the Executive Director of Fox Valley Advance Care Planning Partnership.

Learn about how you and your loved ones can prepare and approach some of the difficult conversations surrounding health care decisions, especially in the event you could not communicate or speak for yourself.

Snacks will be provided.

All residents are welcome and encouraged to attend.

Manager's Corner

WHEDA Inspection

Wisconsin Housing and Economic Development Authority (WHEDA)--will be conducting their management review and inspection on July 16 and 18, 2018 between 8:00am-5:00pm on both days. The purpose of WHEDA's review is to make certain the Oshkosh/Winnebago County Housing Authority is in compliance with all HUD and WHEDA standards of operation.

On the above-referenced dates, random units at Court Tower Apartments, both occupied and unoccupied, will be entered by our WHEDA representative, along with your Property Manager, Bob Poeschl. Your cooperation with this inspection is required. If your unit is selected for inspection, and you are not at home, a Notice of Entry will be left.

Please report if there is maintenance work that may need to be done.

Shopping carts

Please return shopping carts promptly when you are finished with them. They are not meant to be kept in apartments. They are meant to assist residents with items like groceries from their vehicle to their apartments. Please return carts when you are finished with them.

Visitation Policy

I wanted to provide clarification on the Housing Authority's visitation policy. Every tenant's lease states the following clause, "Guests or visitors of the Resident may stay for only fourteen (14) consecutive days or a total of 30 days in a 12 month period." Simply put, you can have guests for a total 30 days in a 12 month period but once that guest stays for 14 consecutive days you only have 16 non consecutive days left that the guest can stay over. The 12 month period begins when the guest is reported or determined to be there by the HA. If you have any questions on this policy, feel to make an appointment with me.

Bob Poeschl, Property Manager, Oshkosh Housing Authority
Office: 100 Court Street Oshkosh, WI 54901
Phone 920-303-5400, Fax 920-424-7649, Email bobb@ohawcha.org

To apply for housing, go to: <http://www.oshkosh.housingmanager.com/> or <http://www.ohawcha.org/apply-online/>

MEDICATION DROP-OFF

NEW GUIDELINES

Pharmaceutical waste constitutes a significant environmental risk, especially to our drinking water. Residents in the Fox Valley and surrounding areas can safely dispose of leftover or expired medications free of charge at the designated locations below.

Accepted
Only Prescription and Over the Counter:
Pills
Creams
Ointments
Liquids
Powders
Inhalers
Pet Medications

Not Accepted
Sharps
Needles
Syringes
Lancets
Biological Waste
Mercury Devices

Take sharps, needles & lancets to a local emergency room.

For Residents Only.
No clinic, hospital or business disposal.



EMPTY ALL PILLS
into sandwich-sized sealable bags



KEEP ALL LIQUIDS, CREAMS & POWDERS
in original containers

RECYCLE
empty pill bottles & paper boxes

DISCARD
all plastic caps in the garbage



DROP OFF
all bags of pills, liquids, creams and powders at designated locations throughout Outagamie, Winnebago and Calumet Counties

SAFE DRUG DROP-OFF LOCATIONS

For more information in your county, please click below.

Calumet County Calumet County Sheriff's Dept. Appleton Police Dept. Brillion Police Dept. New Holstein Police Dept.	Outagamie County Appleton Police Dept. New London Police Dept. Seymour Police Dept.	Winnebago County Oshkosh Public Safety Building Neenah Police Dept. Menasha Police Dept. Town of Menasha Police Dept.
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Sponsored with funding from Wisconsin Department of Agriculture, Trade and Consumer Protection (DATCP).

Beer 'N' Brat Biscuits

Ingredients:

- 2 fully cooked brats (casings removed)
- 2 – 3 teaspoons caraway seeds
- 1 12 oz. can or bottle of beer

Directions:

Cut brats into bite-sized pieces. In a large bowl, combine biscuit mix, caraway seeds and brats. Stir in beer just until dry ingredients are moistened. Fill greased muffin cups 2/3 full. Bake at 400 degrees for 18 – 20 minutes until golden.

Cool for 5 minutes before removing from pans. Serve warm. Makes 16 biscuits.

Submitted by Moireen Burgess. Source: *Taste of Home*



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Court Tower Staff
Bob Poeschl: Property Manager
 920-303-5400 bobbp@ohawcha.org
Jane Spietz: Social Service Coordinator
 920-424-1483 janesp@ohawcha.org
Darryl Miller: Maintenance
Linda Breitzman: Housekeeping

Nurses: 920-424-1470 Ext. 124 Room 405
Lori Duclon: Mondays & Tuesdays
Teresa Paulus: Wednesdays & Thursdays
Lori & Teresa work alternate Fridays
After Hours Emergency Service: 966-4235

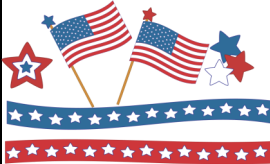



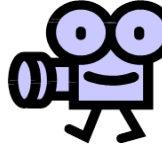






Court Tower Office Hours
 OPEN: Monday–Thursday 8:00am - 10:00am,
 2:00pm - 4:30pm
 Friday 8:00am - 12:00pm
 Please build your needs around these
 times. Note: These times are not bound to
 emergencies. Always report emergencies.
 Staff is willing to schedule appointments
 anytime during the business day.

Nurse Hours at Court Tower in Room 405
 Tuesdays: 1:00 - 2:00 PM Lori

Court Tower Mealsite
 920-420-1994

Court Tower Room Directory
 Room 205 - Den
 Room 405 - Nurses’ Office, Salon
 Room 805 - Community Room
 Room 1205 - Fitness Room

Court Tower July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3	4 Fourth of July Happy July 4th MOVIE NIGHT 6:00 PM	5	6	7 
8	9 FIRE ALARM TESTING 1:00-2:00 PM RESIDENT MEETING 3 PM	10 BUG DAY 7TH FLOOR 9:00 AM-NOON	11 MOVIE NIGHT 6:00 PM 	12	13 	14
15	16 10TH FLOOR INSPECTION 10:00 AM-12:00 PM	17	18 MOVIE NIGHT 6:00 PM 	19 Lecture 2:00 PM “Oshkosh as a City: 1850 to the Present”	20	21
22	23 OHA BOARD MEETING 3:30 PM	24 BINGO 2:00 PM 	25 MOVIE NIGHT 6:00 PM 	26  RESIDENT BIRTHDAY PARTY 3:00 PM	27	28
29 	30	31  RESIDENT PICNIC NOON - 3:00 PM			Court Tower Walk for Health Group: The group meets in the 1st Floor Lobby on Mondays, Wednesdays, and Fridays at noon. Everyone is welcome to join in the fun!	