



July 2018

River Cities Chronicle

Foxview Manor (Omro) & Riverside Apartments (Winneconne)

Vol 8 Issue 7

Riverside Summer Picnic

Thursday, July 26th

At

1:00pm

In the community room

Menu: BBQ ribs, brats, hamburgers,
beans, potato salad, coleslaw and ice
cream sundaes for dessert

Please sign up on the bulletin board
on the second floor by July 16th !



Heat Safety

Follow these tips to stay safe during extreme heat:

- When possible, stay in air conditioning on hot days. If you don't have air conditioning, head to libraries, malls, and other public spaces to keep cool.

- Be sure to check on older friends and neighbors who live alone
- If you have to be outside, stick to the cooler morning and evening hours. Wear light, loose clothing and take frequent, air conditioned breaks.
- Beware of hot cars. Never leave a person or a pet in a parked car, even for a short time. On an 80 degree day, the temperature inside a car can reach 100 degrees in less than 10 minutes.
- Stay hydrated. Don't wait to feel thirsty. Drink plenty of water throughout the day. Avoid alcohol and hot, heavy meals.

Taking a cool shower or bath will cool you down OR apply cold wet washcloths to the neck, head and arms or legs also cools the body quickly

- Stay informed. Watch your local weather forecasts so you can plan outdoor activities safely. Pay attention to any extreme heat alerts.
- Keep your pets cool. Be sure to give your pets plenty of fresh, clean water. Make sure they have a shady place to get out of the sun, or keep them indoors.

If you start feeling overheated, weak, dizzy, nauseated, or have muscle cramps, you could be experiencing heat illness. Move to air conditioning, drink water, get under a fan, and put cool washcloths on your neck or forehead. If your symptoms worsen or don't improve, go to the emergency room or call 911.



**Oshkosh / Winnebago County
Housing Authority**

Oshkosh/Winnebago County Housing
Authority
PO Box 397
Oshkosh, WI 54903
(T) (920) 424-1470
(F) (920) 424-1474
www.ohawcha.org

Foxview Manor

330 W. Main St.
Omro, WI 54963
(T) (920) 685-6322
(F) (920) 859-0223

Riverside Apartments

101 N. Second St.
Winneconne, WI 54986
(T) (920) 582-7656
(F) (920) 706-0066

Open Office Hours:

Foxview Manor

Monday	Tuesday	Wednesday	Thursday	Friday
Erin: by ap- pointment only	Erin: 9:00am — 11:30am	Wendy: Noon — 2:00pm	Erin: 9:00am — 11:30am	No office hours

Riverside Apartments

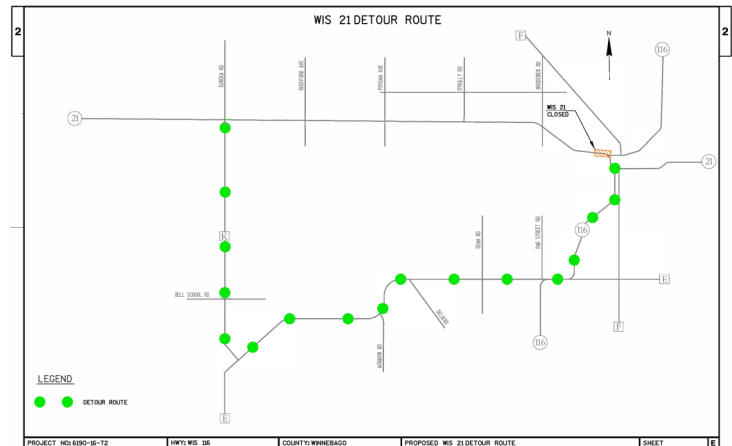
Monday	Tuesday	Wednesday	Thursday	Friday
Erin: by ap- pointment only	Erin: 1:30pm — 3:30pm	Wendy: 2:15pm — 4:30pm	Erin: 1:30pm — 3:30pm	No office hours

Foxview Garbage

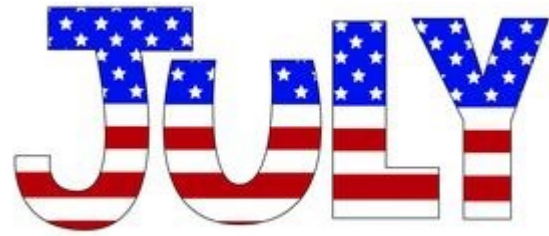
Please make sure that you are letting your caregivers know that the garbage dumpster is located outside the garbage room. Garbage should not be placed in the inside dumpster or down the chute at this time. The dumpster in the garbage room is for cardboard and paper only.

Omro Construction

Starting July 9th, the southbound lane of the bridge will be closed for construction for a 30-day time period. The picture here indicates what the detour which is to go to Eureka to cross the river. You can also go into Oshkosh to go around. Please be mindful of this for the next 30 days when planning trips to and from Winneconne!



Activity Calendar for Riverside Apartments



© Can Stock Photo

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 12:30pm Pokeno	4 Independence Day	5 12:30pm Polish Poker	6 8:00am Birthday Coffee Hour 3:00pm Bingo	7
8	9 1:00pm Fire Alarm Test- ing	10 12:30pm Pokeno	11 6:30pm Bible Study	12 12:30pm Polish Poker	13 8:00am Coffee Hour	14
15	16	17 12:30pm Pokeno	18 3:00pm Resident Meeting 6:30pm Bible Study	19 1:00pm Summer Picnic	20 8:00am Coffee Hour	21
22	23	24 12:30pm Pokeno 3:00pm WCHA board meeting @ Marian Manor	25 6:30pm Bible Study 3:00pm Bingo	26 12:30pm Polish Poker	27 OAFP Delivery Day 8:00am Coffee Hour	28
29	30	31 12:30pm Pokeno				

Activity Calendar for Foxview Manor



© Can Stock Photo

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Independence Day	5 Piggly Wiggly Delivery Day 6:00pm Game Night	6	7
8	9	10 1:00pm Fire Alarm Testing	11 3:00pm Bingo with birthday party to follow	12 6:00pm Game Night	13	14
15	16	17	18 1:15pm Resident Meeting	19 Piggly Wiggly Delivery Day 6:00pm Game Night	20	21
22	23	24 3:00pm WCHA board meeting @ Marian Manor	25	26 6:00pm Game Night	27	28
29	30	31				